



## Post Adoption Resource Guide Regions 5 & 6

We hope you find our Resource Guide helpful. Please let us know if you find any resources that are no longer available or applicable. Likewise, if you know of resources that would be of assistance to other adoptive/guardian families, please let us know so that we may add them to help other families as well.

Please note: This list does not represent an association, endorsement, recommendation, or preference by the Judson Center or the Michigan Department of Health and Human Services of any company, organization, individual or group listed; or their services, ideology, treatment, or support practices. You are encouraged to fully investigate to determine what is most appropriate for you and your family’s needs.

This entire guide is available on our website ([www.parc-judson.org](http://www.parc-judson.org)) and includes information for the counties listed below.

**To “jump” to a section, hold the “CTRL” button while clicking on the selected county.**

Region 5	Region 6	Surrounding Counties
<b><u>Click on your County</u></b>	<b><u>Click on your County</u></b>	<b><u>Click on your County</u></b>
<a href="#"><u>Barry</u></a>	<a href="#"><u>Genesee</u></a>	<a href="#"><u>Allegan</u></a>
<a href="#"><u>Branch</u></a>	<a href="#"><u>Huron</u></a>	<a href="#"><u>Bay</u></a>
<a href="#"><u>Calhoun</u></a>	<a href="#"><u>Lapeer</u></a>	<a href="#"><u>Berrien</u></a>
<a href="#"><u>Eaton</u></a>	<a href="#"><u>Sanilac</u></a>	<a href="#"><u>Cass</u></a>
<a href="#"><u>Hillsdale</u></a>	<a href="#"><u>St. Clair</u></a>	<a href="#"><u>Clinton</u></a>
<a href="#"><u>Ingham</u></a>	<a href="#"><u>Tuscola</u></a>	<a href="#"><u>Ionia</u></a>
<a href="#"><u>Jackson</u></a>		<a href="#"><u>Kent</u></a>
<a href="#"><u>Kalamazoo</u></a>		<a href="#"><u>Macomb</u></a>
<a href="#"><u>Lenawee</u></a>		<a href="#"><u>Oakland</u></a>
<a href="#"><u>Livingston</u></a>		<a href="#"><u>Saginaw</u></a>
<a href="#"><u>Monroe</u></a>		<a href="#"><u>Shiawassee</u></a>
<a href="#"><u>St. Joseph</u></a>		<a href="#"><u>Van Buren</u></a>
<a href="#"><u>Washtenaw</u></a>		<a href="#"><u>Wayne</u></a>

Other sections: [Summer Camps](#), [Statewide Resources](#), [Nationwide Resources](#),  
[Books](#), and [Online Resources](#)

## Barry County

### Crisis Helpline

Berry County Mental Health Authority.....269-948-8041  
500 Barfield Drive  
Hastings, MI 49058

### Counseling

Family and Children Services.....(269) 948-4096  
Pine Rest..... (800)678-5500

- 450 Meadow Run  
Suite 300  
Hastings, MI 49058
- <http://www.pinerest.org/home>

Berry County CMH Authority.....269-948-8041  
500 Barfield Drive  
Hastings, MI 49058

### Support Groups

Kinship Care Group.....(269) 948-4856

- Meeting led by Therese Maupin-Moore
- Meetings held at the Commission of Aging office in Hastings
- 320 W. Woodlawn Avenue  
Hastings, MI 49058

National Alliance on Mental Illness of Kalamazoo, MI..... (269)349-8444

- NAMI members provide support, education, and advocacy for consumers, their friends, and their families during all phases of their mental illness journey.
- Serving the following counties: Barry, Calhoun, Cass, Kalamazoo, Van Buren
- NAMI Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
- All programs are not available with all NAMI chapters. Please contact your local chapter to see what is available.
- P.O. Box 51693  
Kalamazoo, MI, 49005-1693
- <http://www.namikalamazoo.org/>

### Child Care

Wrap Around..... (269) 945-1386

- Services provided through the court
- 206 West Court Street  
Suite 302  
Hastings, MI 49058

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- Contact person: Sheryl Overmire

**Community Resources**

Barry Eaton County DHS..... (269) 948-3242

- Information and Referral. Able to provide families information on where to seek services. Able to assist with applying for medical subsidies.
- Barry Eaton County DHS is able to be a resource to children and families who were not placed through their program.
- Contact person: Katie S. Mika ([Mikak@Michigan.gov](mailto:Mikak@Michigan.gov))
- Location: 430 Barfield Drive, Hastings, MI 49058

**Summer Camps**

Gull Lake Ministries.....(800) 350-2442

- Christian Camp including 7 day family camps
- Pricing includes camp, activities, and meals
- Extra staff or counselor may be available for special needs children
- 1800 Burlington Drive  
Hickory Corners, MI 49060  
<http://www.gulllake.org/family-camp/what-is-family-camp>

## Branch County

### Crisis Helpline

Branch County Mental Health Authority..... (888)725-7534

- Aka Pines Behavioral Helath

### Counseling Services

Community Mental Health Center of Branch..... (517)279-5347

- [www.chcbc.com](http://www.chcbc.com)
- Offers a variety of outpatient counseling services.
- Call for insurance and payment information
- 274 E. Chicago St.  
Coldwater, MI 49036

Pines Behavioral Health..... (517) 279-8404

- Individual and family therapy.
- Accepts children and adult clients
- Sliding scale based on insurance and income.
- 200 Orleans Blvd.  
Coldwater, MI 49036

Mrs. Jackie A Teunessen.....(269) 804-6193

- Individual and family/couple therapy.
- Experience with 11-13 year old children.
- Accepts children and adults.
- Sliding scale payments, also accepts Medicaid.
- Theodore Carl Dream Center  
5 Enwood Battle Creek, Michigan 49014

### Support Groups

Branch County Commission on Aging.....(517) 279-6565

- Kinship support group
- Meeting Location: Burnside Senior Center, 65 Grahl Dr. Coldwater, MI 49036
- Time: 2nd Tuesday of each month from 5:30-7:00 p.m (RSVP Required)
- Contact: Amy Duff 517-279-6565 or dircoa@cbpu.com

Community Health Center of Branch County..... (517) 279-5420

- Passages Grief Support Group
- Meets every other Monday from 10:00am- 11:30am
- Free and open to the public
- Contact Karen or Barbara
- 274 E. Chicago St.  
Coldwater, MI 49036

Pines Behavioral Health..... (517) 279-8404

- Support groups for active clients only.
- Anger management and parenting groups.

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- 200 Orleans Blvd.  
Coldwater, MI 49036

**Psychiatrists**

Fernando Castro-urrutia.....(517) 279-0248

- Lugo & Castro MDs  
259 E Chicago St.  
Coldwater, MI 49036
- Accepts Guardian and Medicaid insurance
- Specializes psychiatry

James Hudson Briggs.....(517) 278-6942

- Lake Land Correctional Facility  
141 1<sup>st</sup> St.  
Coldwater, MI 49036

Suzette Lugo-medina..... (517) 279-0248

- Lugo & Castro MDs  
259 E Chicago St  
Coldwater, MI 49036
- Accepts Guardian, Blue Cross/Blue Shield, Wellpoint, Aetna, and Medicaid insurance.
- Specializes in psychiatry

**Children with Special Needs**

Children’s Special Health Care Services.....(800) 482-9561  
Or..... (517) 279-9561

- 570 N. Marshall Rd.  
Coldwater, MI 49036
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

**Respite**

Michigan Department of Human Services, Branch County..... (517) 279-4200

- 388 Keith Wilhelm Dr  
Coldwater, MI 49036

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## Calhoun County

### Crisis Helpline

Summit Pointe (Serving Calhoun County).....(269) 441-5945

### Mental Health Counseling/Treatment

Battle Creek Mission (The Haven).....(269) 965-1148

- 11 Green St  
Battle Creek, MI

\*Foster Adoptive Family Resource and Support Center.....(269)660-0448

Starr Commonwealth..... (269) 832-6011

### Support Groups

Family and Children Services, Inc.-Battle Creek.....(269) 965-3247

- 778 Columbia, Battle Creek, MI 49015

Family Enrichment Center..... (269) 660-0448

- <http://www.fecfamily.com/index.html>
- 415 28th St S  
Battle Creek, MI 49015
- The Family Enrichment Center is a non-profit organization serving Calhoun County of Michigan. They provide training, support, mentoring and services to all families, with an emphasis on adoptive, foster and kinship families.
- Parent and Professionally run parent, special needs, Kinship support groups, FAK adoption/Kinship Informational support groups (1<sup>st</sup> Tuesday of each month, 12:30-2:00pm), Monthly 3 hr. trainings also available
- Free

National Alliance of Mental Illness of Kalamazoo,  
MI..... (269)349-8444

- NAMI members provide support, education, and advocacy for consumers, their friends, and their families during all phases of their mental illness journey.
- Serving the following counties: Barry, Calhoun, Cass, Kalamazoo, Van Buren
- NAMI Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
- All programs are not available with all NAMI chapters. Please contact your local chapter to see what is available.
- P.O. Box 51693  
Kalamazoo, MI, 49005-1693
- <http://www.namikalamazoo.org/>

North American Council on Adoptable Children.....(616) 660-0448

- 23891 Bedford Rd.

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- Battle Creek, MI 49017
- WillowsEdge, LLC: Counseling and Art Center..... (248) 707-1894
- Social skills group.
  - 6 week series of peer group programs, for early childhood through adolescent aged children, who demonstrate difficulties with social skill awareness, social interactions and social behaviors
- Youth Guidance Foster Care & Adoption Center.....(269)969-9438
- 70 Calhoun St.
  - Battle Creek, MI 49017
- [http://www.citylinc.org/foster\\_care.html](http://www.citylinc.org/foster_care.html)

### **Parent and Family Support Services**

- Family Enrichment Center.....(269) 660-0448
- [www.fecfamily.com](http://www.fecfamily.com)
  - Family advocacy for families in crisis including families in the midst of special inquiries regarding abuse and neglect
  - One-on-one parent support for struggling and stressed out parents
  - Support groups for foster parents, kinship care providers, caregivers for children with Reactive Attachment Disorder
  - Parent training addressing a range of subjects such as child-rearing, bullying, finding educational services for special needs children, relationships between foster and birth families, suicide prevention and healthy family meals.

### **Psychiatrists**

- Bangalore Krishna Ramesh.....(269) 657-5574
- Van Buren Community Mental Health Authority  
801 Hazen St  
Ste C  
Paw Paw, MI 49079
  - Accepts Guardian, Wellcare Blue Cross/Blue Shield, and United Healthcare insurance
- James W Gandy.....(269) 979-8333
- Behavioral Health Resources  
3630 Capital Ave  
Suite 1  
Battle Creek, MI 49015
  - Accepts Aetna, Blue Cross Blue Shield, Cigna, Humana and United Healthcare.
  - Specializes in psychiatry and geriatric psychiatry
- Joseph Matthew Gluski.....(269) 781-4271
- Oaklawn Hospital  
200 N Madison St  
Marshall, MI 49068

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- Specializes in neuropsychiatry
  - Accepts Aetna, Blue Cross Blue Shield, Confinity, Medicare and United Healthcare.
- Marjaneh Rouhani.....(269) 969-6108
- Behavioral Health Care Pc  
363 Fremont St  
Ste 300  
Battle Creek, MI 49017
  - Accepts Blue Cross/ Blue Shield insurance, Humana, Medicare, Aetna and United Healthcare.
  - Specializes in geriatric psychiatry and psychosomatic medicine.
- Michael Cupp.....(269) 979-8333
- Behavioral Health Resources  
3630 Capital Ave, Suite 1, Battle Creek, MI 49015
  - Specializes in psychology.
- Ravinder K Sharma..... (269) 964-1300
- 601 S Shore Dr, Unit 330, Battle Creek, MI 49014
  - Specializes in psychiatry
  - Accepts Blue Cross/Blue Shield, Medicare, Humana, Cigna, United Healthcare and Aetna.
- Sidney Heisler.....(269) 781-9119
- Oaklawn Psychological Services  
15209 W Michigan Ave  
Marshall, MI 49068
  - Accepts Blue Cross/ Blue Shield Insurance
  - Specializes in forensic psychiatry, psychosomatic medicine, geriatrics and addictions.

### **Children with Special Needs**

- Children's Special Health Care Services.....(269) 969-6390
- 190 East Michigan Ave.  
Battle Creek, MI 49014
  - Coverage and referral for specialty services based on the person's health problems.
  - Family centered services to support you in your role as primary caretaker of your child.
  - Community based services to help you care for your child at home and maintain normal routines.
  - Culturally competent services which demonstrate awareness of cultural differences.
  - Coordinated services to pull together the services of many different providers who work within different agencies.

### **Mental Health Resources**

\* These resources are adoption sensitive  
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Behavioral Mental Health Resources..... (269)979-8333

[www.bcbhr.org/](http://www.bcbhr.org/)

- Provides services for children, adolescents, young adults and adults.
- Offers a variety of treatments for the diagnosis of ADD, ADHD, ODD, bipolar disorder, depression and post-traumatic stress disorder. In the treatment of mood and anxiety disorders they offer individual and group therapy options.

Summit Pointe Community Mental Health.....(800)632-5449

140 West Michigan Ave

Battle Creek, MI 49017

[www.summitpointe.org/](http://www.summitpointe.org/)

### Child Care

Family Enrichment Center..... (269)660-0448

- [www.fecfamily.com](http://www.fecfamily.com)
- Drop-in childcare at Take-A-Break Childcare Center (no monthly or weekly commitment of hours for preschool and school age care, availability of childcare on short notice, etc.)
- Preschool program through Take-A-Break Childcare Center each weekday from 9am to 3pm
- Free or discounted respite care for families in crisis
- Childcare for children suspended from school
- Childcare for children with special needs whether they be physical, behavioral or emotional
- Childcare for newly placed foster children who are transitioning from their biological family and home into a foster family

### Respite

Take a Break Child Care..... (269) 660-0448

- Provides respite services to Kinship Care, Adoptive and Foster Care families as well as children with special needs.
- Part of Family Enrichment Center
- 415 South 28<sup>th</sup> Street  
Battle Creek, MI 49015
- <http://takeabreak.fecfamily.com/>

### Summer Camps

Family Enrichment Center.....(269)660-0448

- Specialized summer camps designed for teens and children, including self-esteem building programs and job skills training for teens

### Nutrition

Calhoun County Health Department..... (269)966-1230

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## Eaton County

### Crisis Helpline

CMH Authority of Clinton, Eaton and Ingham.....(517) 346-8008  
or (517) 346-8460

### Counseling

Community Mental Health.....(517) 543-5100

- Early intervention for at-risk children
- Individual, group, and family therapy
- Crisis intervention
- Inpatient treatment
- 551 Courthouse Dr.  
Charlotte, MI 48813

Delta Waverly Psychology and Counseling Associates..... (517) 323-4099

- Most insurances accepted
- Couple, family, and individual therapy available.
- <http://www.deltawaverly.com/>
- 5123 W. St. Joseph, Suite 103
- Lansing, MI 48917

\*Elizabeth Sawyer Danowski.....(517) 618-9187

- Adoption sensitive
- Play. Build. Grow  
913 West Holmes Road  
Suite 179  
Lansing, MI 48910
- Accepts Blue Care Network, Blue Cross/Blue Shield, Aetna, Alliance, and United.
- [http://www.playbuildgrow.com/PlayBuildGrow/Play.\\_Build.\\_Grow\\_PLC.html](http://www.playbuildgrow.com/PlayBuildGrow/Play._Build._Grow_PLC.html)

Highfields..... (517)783-4250

- Mental Health Counseling, Family Violence Interventions, Multi-Systemic Therapy, Residential Programs, Parenting Wisely, and Summer Camp.
- Highfields provides services in Clinton, Eaton, Hillsdale, Ingham, Jackson, and Livingston Counties. Programs vary in each county so check the website for detailed county information.
- Insurance coverage: Blue Care Network, Great Lakes Health Plan, Health Plan of Michigan, LifeWays (Medicaid), Physician's Health Plan/PHP, PHP Medicaid, McClaren, McClaren Medicaid, Other insurances managed by United Behavioral Health.
- A traditional counseling approach is used in providing this service. Counseling services are home & office based and are available to individuals and families of all ages.
- Services consist of an assessment completed during the first appointment, a diagnosis and ongoing counseling sessions developed to address the reason for referral.

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- <http://highfields.org/>

\* Nurtured Heart Path.....(517) 719-1523

- Annie Lange provides counseling, consultation, parent coaching and training to individuals, families, agencies and school systems throughout Michigan. She specializes in working with both adults and children, many of whom are challenged with ADD, ADHD, ODD, substance abuse, depression, anxiety, relationship and **adoption issues**
- Call for upcoming classes and workshops
- 2487 S. Michigan Road  
Eaton Rapids, MI 48827
- [annie@nurturedheartpath.com](mailto:annie@nurturedheartpath.com)

Prevention & Training Services (PATS)..... (517) 323-8149

- Provides numerous prevention services such as: Marijuana & Alcohol Intervention Program, Domestic Abuse Intervention Program, Assaultive Behavior Change, Alcohol Insight, Relapse Prevention, Outpatient Substance Abuse Treatment, Women's Specific Outpatient Treatment, Intensive Outpatient Treatment
- No insurance is accepted, clients must pay for services
- Serves clients in Eaton, Clinton, Shiawassee, and Ingham Counties
- 4601 W. Saginaw Hwy., Suite C  
Lansing, MI 48917
- <http://www.patslansing.com/>

\*Ruth E Charles Edwards.....(517) 292-4133

- Adoption sensitive
- 2535 E Mount Hope Ave  
Lansing, MI 48910
- Accepts Blue Care Network, Blue Cross/Blue Shield, Aetna, Humana, McLaren, PHP Plus, Cofinity, Magellan Behavioral Health, Medicare and ValueOptions.

\*Shana Bombrys..... (517) 618-0579

- Extensive training surrounding childhood trauma
- 913 W. Holmes Rd.  
Suite 179  
Lansing, MI 48910
- Aetna, BlueCross and/or BlueShield, Humana, Magellan Behavioral Health, Medicare, Michigan Health Plan, TRICARE, Behavioral Health Systems, Cofinity, MHN, McLaren, Meridian Health Plan, PHP

## Support Groups

Child and Family Charities..... (517) 882-4000

- 4287 Five Oaks Dr.

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- Lansing, MI 48911
- Children’s Charter of the Courts of Michigan.....(517) 482-7533
- 324 N. Pine St. #1
  - Lansing, MI 48933
- National Alliance of Mental Illness Lansing.....(517) 484-3404
- NAMI Lansing offers: support groups, educational opportunities, and a healthy living program.
  - NAMI provides these programs for the following counties: Clinton Eaton, Ingham, and Ionia.
  - Family Support Group meets every Tuesday from 7 -8:30pm at Sparrow Behavioral Health, First Floor, 1210 W. Saginaw, Lansing. Call for more information.
  - Support Group for Spouses of Persons with Mental Illness meets the First Monday of the month from 7:00 to 8:30 p.m. at Sparrow Behavioral Health – First Floor, St. Lawrence Campus of Sparrow Health System, 1210 W. Saginaw, Lansing. Go to Behavioral Health first floor, partial hospitalization room.
  - P.O. Box 26101  
Lansing, MI, 48909
  - <http://www.namilansing.org/>
- St. Vincent Catholic Charities..... (517) 323-4734
- 2800 W. Willow St.
  - Lansing, MI 48917
  - <http://www.stvcc.org/STVCC/>

### **Runaway and Homeless Youth Services**

- Gateway Community Services.....(517) 351-4000
- Crisis based services available to youth between the ages of 12 and 17, their siblings and families.
  - [www.gatewayservices.org](http://www.gatewayservices.org)
  - 2875 Northwind Dr, Ste 105  
E Lansing, MI 48823

### **Psychiatrists**

- David Samuel Sprague.....(517) 628-2737
- 5305 Ferris Rd  
Eaton Rapids, MI 48827
  - Accepts Blue Cross/Blue Shield and Medicaid.

### **Children with Special Needs**

- Center for Educational Networking..... (517)541-1318
- Offers products and services that respond to the information needs of families, educators, community services providers of individuals with disabilities.
  - 224 S. Cochran Ave.

- Charlotte, MI 48813
- Children's Special Health Care Services..... (269) 945-9516 ext. 115
- 330 W. Woodlawn  
Hastings, MI 49058
  - Coverage and referral for specialty services based on the person's health problems.
  - Family centered services to support you in your role as primary caretaker of your child.
  - Community based services to help you care for your child at home and maintain normal routines.
  - Culturally competent services which demonstrate awareness of cultural differences.
  - Coordinated services to pull together the services of many different providers who work within different agencies.

### **Child Care Financial Assistance & Resources**

DHS (FIA) Child Day Care Services..... (517) 543-0860

### **Respite**

LAP Respite Center.....(517) 372-6671

- **In-Home Program:** Services are provided in the family home. The family does not have to be at home during this time or depending on the service agreement, the LAP care provided may take the child out of the home for an activity. These hours are prescheduled to the families wishes / needs. The hours can be as little at 3 hours per week to as many as 24 hours per day.
- **Respite House Program?:** Services are provided at the LAP Respite House located near the LAP administrative office. Care can be provided for up to 6 children during non-school days, or 4 children on the weekends. LAP provides two trained care providers to be on staff for every hour a child is scheduled. This is a very popular program and fills up very quickly. LAP provides supervisors for on-call duties while children are on site. The Respite House carries a State of Michigan license as a daycare facility and is inspected regularly.
- **After School Program?:** Services are provided at the Beekman Center, which is part of the Lansing School District. The program is open whenever Beekman Center is open, including summer school. The hours during the regular school year are 3:00 p.m. until 6:00 p.m. The summer hours are 12:45 p.m. until 6:00 p.m. This program holds a State of Michigan daycare license for up to 16 children ages 5 years to 26 years for any child in special education classes. The program director ensures there is a 3 to 1, Student - to - care provider ratio.
- Payment for services can be made in several different ways; the Department of Community Mental Health, the Department of Human Services, Insurance, or Private Pay.

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- 840 E Mt. Hope, Suite 101, Lansing, MI 48910

### **Food and Nutrition**

Barry-Eaton District Health Department..... (517)541-2630  
Or..... (517) 485-7110

WIC Program..... (517) 541-2630

- The special supplemental nutrition program for Women, Infants, and Children (WIC) is a federally funded program that serves low and moderate income pregnant, breastfeeding, and postpartum women, infants, and children up to age 5.

### **General Health Services**

Public Health Nursing..... (517) 541-2654

### **Multi-Service Agencies**

Capital Area Community Services..... (517) 393-7077

- 1301 Rensen St.
- Lansing, MI 48910

Lansing Human Relations & Community Services..... (517) 483-4477

- 4<sup>th</sup> Floor, City Hall
- 124 W. Michigan Ave.
- Lansing, MI 48933

### **Parenting Resources**

Building Strong Families.....(517) 543-2310

### **Service Information and Assistance**

Barry Eaton County DHS..... (269) 948-3242

- Information and Referral. Able to provide families information on where to seek services. Able to assist with applying for medical subsidies.
- Barry Eaton County DHS is able to be a resource to children and families who were not placed through their program.
- Contact person: Katie S. Mika ([Mikak@Michigan.gov](mailto:Mikak@Michigan.gov))
- Location: 430 Barfield Drive, Hastings, MI 49058

### **Transportation**

EATRAN (Charlotte).....(517) 543-4087

## Hillsdale County

### Crisis Helpline

\* LifeWays..... (800) 284-5538

### Counseling

\* Barbara Corbett..... (517)437-5538

- 55 Barry St  
Hillsdale, MI 49242
- Able to work on adoption issues
- Sliding Scale
- AETNA Health, Alliance Network, CIGNA HealthCare, Health Plan, and Medicare insurance are accepted

Family Counseling Center.....(805) 495-4226

- 11 E Carleton Rd,  
Hillsdale, MI 49242

Highfields..... (517)783-4250

- Mental Health Counseling, Family Violence Interventions, Multi-Systemic Therapy, Residential Programs, Parenting Wisely, and Summer Camp.
- Highfields provides services in Clinton, Eaton, Hillsdale, Ingham, Jackson, and Livingston Counties. Programs vary in each county so check the website for detailed county information.
- Insurance coverage: Blue Care Network, Great Lakes Health Plan, Health Plan of Michigan, LifeWays (Medicaid), Physician's Health Plan/PHP, PHP Medicaid, McClaren, McClaren Medicaid, Other insurances managed by United Behavioral Health.
- A traditional counseling approach is used in providing this service. Counseling services are office & home based and are available to individuals and families of all ages.
- Services consist of an assessment completed during the first appointment, a diagnosis and ongoing counseling sessions developed to address the reason for referral.
- <http://highfields.org/>

\* Integro.....(517) 439-2609

- Several adoption sensitive therapists on staff.
- Accept a wide variety of insurance.

Lifeways Community Mental Health.....(517) 439-2641

- Hours: M-F 8am-6pm  
25 Care Drive  
Hillsdale, MI 49242

\* Hillsdale Psychological Institute..... (517) 439-4596

- Dr. Marianne Osentoski, PhD.
- Accepts Blue Cross/Blue Shield.

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- Adoption sensitive
- Richard Ennis, PhD..... (517) 439-5537
- 79 N. Howell St. Suite B
  - Hillsdale, MI 49242
  - Accepts Aetna, BCBS Illinois, Blue Cross/Blue Shield, CIGNA, Confinity, Coventry Health Care and MultiPlan.
  - Specializes in Clinical Psychology.

### Support Groups

Healthy Beginnings..... (517) 437-7395

- Programs offered include: Parents as Teachers, Love and Logic, Parent Groups, STEP
- For information on parenting schedules, please contact Andrea Bricker, Coordinator (517-437-7395, ext. 116.)
- Community Health Agency  
20 Care Dr.  
Hillsdale, MI 49242

Hillsdale County Down Syndrome Support Group..... (517) 439-8351

- A support group for parents of children who have Down Syndrome
- Meet on a monthly or bi-monthly basis.
- Family events throughout the year in order to get to know each other and celebrate special events
- For more information, contact Paula Hayne ([phayne@hillsdale-isd.org](mailto:phayne@hillsdale-isd.org)).

National Alliance of Mental Illness of Jackson & Hillsdale,..... (517) 782-1164

- NAMI members provide support, education, and advocacy for consumers, their friends, and their families during all phases of their mental illness journey.
- Serving the following counties: Hillsdale & Jackson
- NAMI Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
- All programs are not available with all NAMI chapters. Please contact your local chapter to see what is available.
- 5032 Harriett Dr  
Jackson, MI, 49203-5241
- <http://namimi.org/nami-jackson-hillsdale???>

### Psychiatrists

Anjali J. Mehta..... (517) 796-4540

- [Lifeways Community Mental Health](#)  
25 Care Dr  
Hillsdale, MI 49242
- Accepts Aetna insurance

Satish K. Cham.....(517) 796-4540

\* These resources are adoption sensitive  
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PARC Resource Guide

- [Lifeways Community Mental Health](#)  
25 Care Dr  
Hillsdale, MI 49242
- Accepts most insurances

**Children with Special Needs**

Children’s Special Health Care Services.....(800) 482-9561  
Or..... (517) 279-9561

- 570 N. Marshall Rd  
Coldwater, MI 49036
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

**Camps**

St. Francis Camp.....(517) 688-9212  
10120 Murrey  
Jerome, MI 49249

- Repite weekend retreats
- Weeklong camp
- Daycamp
- Ages 8 and up

**Nutrition**

Branch-Hillsdale-St. Joseph District Health Department..... (517) 437-7395  
Or..... (888)544-7395



## Ingham County

### Crisis Helpline

CMH Authority of Clinton, Eaton and Ingham.....(517) 346-8008  
or (517) 346-8460

### Counseling

\*Amy M Miller.....(517) 325-9932

- Trauma informed therapist
- 780 W Lake Lansing Rd  
Suite 700  
East Lansing, MI 48823
- Accepts Aetna, Magellan Behavioral Health, Medicare, United, Blue Cross/Blue Shield, McLaren, and Tricare.

Behavioral Health Services (Sparrow-St. Lawrence)..... (517) 364-7650

- [www.sparrow.org/behavioralhealth](http://www.sparrow.org/behavioralhealth)
- Outpatient clinic (517) 364-7700

Christina Johnson..... (517) 882-6159

- Individual therapy, Family therapy, Children, teens, adults, trauma, Play therapy, anxiety, EMDR, depression, behavior issues
- Insurance (PHP, Aetna, McLaren, Magellan, EAP) and Medicaid accepted. Medical Subsidy accepted and willing to bill directly

Community Mental Health ..... (517) 346-8200

- [www.ceicmh.org](http://www.ceicmh.org)
- Children's Services direct line: (517) 346-8000

Karen Goldner.....(517) 268-8057

- Medicaid accepted.
- Specializes in adoption and anxiety and self esteem.
- 20+ years experience.
- Psychological and Behavioral Consultants  
Lansing, Michigan 48910

\* Elizabeth Waiss..... (517) 292-4177

- Executive Office Park and Conference Center  
4790 Northwind Drive  
Suite 210  
East Lansing, Michigan 48823
- Specializes in trauma/PTSD, school concerns, and anxiety
- Accepts Blue Cross/Blue Shield, Magellan Behavioral Health, McLaren, and Medicare insurance.

\* Jennifer K Ogle..... (517) 376-3732

- 4123 Okemos Road  
Eastbrook Plaza  
Okemos, Michigan 48864
- Accepts insurance
- Specializes in child and adolescent behavioral issues and trauma/PTSD

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Kay Janet Pratt..... (517) 376-4926

- 3640 E Arbutus Drive  
Okemos, Michigan 48864
- Specializes in depression, relationship issues, and anxiety
- Accepts many types of insurance and uses a sliding scale

Highfields..... (517) 887-2762

- Mental Health Counseling, Family Violence Interventions, Multi-Systemic Therapy, Residential Programs, Parenting Wisely, and Summer Camp.
- Highfields provides services in Clinton, Eaton, Hillsdale, Ingham, Jackson, and Livingston Counties. Programs vary in each county so check the website for detailed county information.
- Insurance coverage: Blue Care Network, Great Lakes Health Plan, Health Plan of Michigan, LifeWays (Medicaid), Physician’s Health Plan/PHP, PHP Medicaid, McClaren, McClaren Medicaid, Other insurances managed by United Behavioral Health.
- A traditional counseling approach is used in providing this service. Counseling services are home & office based and are available to individuals and families of all ages.
- Services consist of an assessment completed during the first appointment, a diagnosis and ongoing counseling sessions developed to address the reason for referral.
- <http://highfields.org/>

\*Lois Dean..... (517) 349-4360

- Trauma informed therapist
- 2198 Commons Parkway  
Okemos, MI 48864

MSU Psychological Clinic..... (517) 355-9564

- [Psychology.msu.edu/clinic](http://Psychology.msu.edu/clinic)

PAR Rehab Services.....517-887-9801

- [www.parrehab.org](http://www.parrehab.org)
- 3960 Patient Care Drive  
Suite 104  
Lansing, MI 48911
- Provides a variety of psychological and rehabilitation services for the purpose of accurate diagnosis and successful treatment. These services are offered to individuals with medical, neurologic, and psychological conditions including traumatic brain injuries, cerebrovascular accidents, learning disabilities, attention deficit disorders, psychological adjustment disorders, dementia, industrial injuries, and automobile injuries.
- PAR Rehab Services offers a Substance Abuse Disorder Program for adults and adolescents. This new program includes substance abuse assessment, diagnosis, and outpatient treatment services in individual and group modalities

Prevention & Training Services (PATS)..... (517) 323-8149

## PARC Resource Guide

- Provides numerous prevention services such as: Marijuana & Alcohol Intervention Program, Domestic Abuse Intervention Program, Assaultive Behavior Change, Alcohol Insight, Relapse Prevention, Outpatient Substance Abuse Treatment, Women’s Specific Outpatient Treatment, Intensive Outpatient Treatment
  - No insurance is accepted
  - Serves clients in Eaton, Clinton, Shiawassee, and Ingham Counties
  - 4601 W. Saginaw Hwy., Suite C  
Lansing, MI 48917
  - <http://www.patslansing.com/>
- Psychological Services of East Lansing..... (517) 599-4934
- 1650 Kendale Blvd.  
Suite 95  
East Lansing, MI 48823
- Shana Bombrys..... (517) 882-6159
- Individual therapy, Family therapy, Substance abuse
  - Accepts private insurance, Medicare, Medicaid, and accepts and willing to bill medical subsidy
  - **Contact:** Shana Bombrys, LMSW, CADC, ADS ([shanabombrys@gmail.com](mailto:shanabombrys@gmail.com))
- Auburn Hills Psychological Services .....(517) 750- 3869
- Performs assessments for psychological evaluations for parents
  - Accepts Aetna and Cofinity insurance
  - Adoption and Foster care sensitive
  - 6692 Spring Arbor Rd, Jackson, MI 49201
- \* Dr. Shannon Lowder, PsyD, LLP..... (517) 998-4673
- \*Karen Dunham, LMSW.....(517) 321-4775
- 836 Centennial Way, Suite 140, Lansing, MI. 48917
- Perspectives Therapy Services .....(517) 993-5474
- 908 East Mount Hope, Lansing, MI, 48910

### Support Groups

- Adoption Associates, Inc.....(517) 327-1388
- Offers support groups for parents, children, and children with special needs. Also offers parenting skills classes.
  - Visit their website at [www.adoptionassociates.net](http://www.adoptionassociates.net).
  - 800 Thomas L. Parkway, Suite 1  
Lansing, MI 48917
- CACS Head Start Adoptive, Foster, and Kinship Support Group
- Meets once per month times TBD
  - Location: 101 E. Willow St Lansing, MI 48906
  - Childcare provided
  - Contact: Brenda at (517)896-2034 or [brenda.martinez@cacsheadstart.org](mailto:brenda.martinez@cacsheadstart.org)
- Child and Family Services of Michigan Support Group
- Location: 2157 University Park Drive, Okemos, MI 48805

\* These resources are adoption sensitive  
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PARC Resource Guide

- Contact: (517)349-6226 or toll free (800)878-6587

Foster and Adoptive Parent Support Group-open to adoptive parents as well

- 3rd Thursday of each month, from 6:00 to 8:00pm. 6:00 to 6:30 parents only, 6:30 to 7:30 training, 7:30 to 8:00 time to mingle.
- Location: 5303 S. Cedar Street, Lansing, MI 48911
- Free childcare provided. One hour of training is earned towards licensure requirements for each meeting.
- Contact: Christina Redmond, 517-775-2693 or redmondc2@michigan.gov

Dr. Larisa K. Hutchins..... (517) 628-6573

- Parenting from a Life Coaching Perspective: An alternative to traditional parenting classes where the presenter is the "expert" this group views the parents as the experts and the coach as a guide to help achieve the goals desired. Covers ages from infancy through adolescence. Breakout groups for various ages are available.

Michigan Foster and Adoptive Parent Association.....(517) 694-1056

- 2450 Delhi Commerce Dr., #10, Holt, MI 48842

National Alliance of Mental Illness Lansing.....(517) 484-3404

- NAMI Lansing offers: support groups, educational opportunities, and a healthy living program.
- NAMI provides these programs for the following counties: Clinton Eaton, Ingham, and Ionia.
- Family Support Group meets every Tuesday from 7 -8:30pm at Sparrow Behavioral Health, First Floor, 1210 W. Saginaw, Lansing. Call for more information.
- Support Group for Spouses of Persons with Mental Illness meets the First Monday of the month from 7:00 to 8:30 p.m. at Sparrow Behavioral Health – First Floor, St. Lawrence Campus of Sparrow Health System, 1210 W. Saginaw, Lansing. Go to Behavioral Health first floor, partial hospitalization room.
- P.O. Box 26101  
Lansing, MI, 48909
- <http://www.nami-lansing.org/>

Open Arms Monthly Community Support Group for Foster and Adoptive Parents

- Every 3rd Sunday of the month @ 9:15 in Room 163
- Location: Trinity Church 3355 Dunckel Rd, Lansing MI 48911
- Contact: Ryan and Carla Kelley (517)699-2877 or trinityopenarms@gmail.com

RAD Support Group.....(517) 882-4000 Ext. 133

- Contact person: Korey Wheeler
- Free childcare provided for those who register in advance
- Meets every 4<sup>th</sup> Monday of the month
- 6:30-8:30 pm
- Child and Family Services  
4287 Five Oaks Dr.  
Lansing, MI 48911

## PARC Resource Guide

### **\*Child and Family Services of Michigan**

Location: 2157 University Park Drive, Okemos, MI 48805

Contact: (517)349-6226 or toll free (800)878-6587

### **\*Foster Parent Support Group – open to adoptive parents as well.**

3<sup>rd</sup> Thursday of each month, from 6:00 to 8:00pm. 6:00 to 6:30 parents only, 6:30 to 7:30 training, 7:30 to 8:00 time to mingle. Free childcare.

Location: 5303 S. Cedar Street, Lansing, MI 48911

Contact: Christina Redmond, 517-775-2693 or [redmondc2@michigan.gov](mailto:redmondc2@michigan.gov)

### **\*Michigan Foster and Adoptive Parent Association**

Location: 2450 Delhi Commerce Dr., #10, Holt, MI 48842

Contact: (517)694-1056

## **Community Education Programs & Community Centers**

Foster Community Center..... (517) 483-4233

- [www.lansingmi.gov/foster\\_community\\_center???](http://www.lansingmi.gov/foster_community_center???)
- 200 N. Foster
- Lansing, MI 48912

Kinship Care Resource Center.....(517) 355-9600

- School of Social Work at MSU supports Michigan kinship families by utilizing research to provide education and outreach for communities, agencies, and individuals involved in supporting kinship families.

## **Mentoring**

Big Brothers/ Big Sisters of Greater Lansing..... (517) 372-0160

- 330 Marshall St., Suite 103
- Lansing, MI 48912

## **Psychiatrist**

Zulfiqar Ahmed.....(517) 618-0934

- Healthy Minds  
240 S Bridge St  
Suite 220  
Dewitt, Michigan 48820
- Accepts several types of insurance

## **Children with Special Needs**

Association for Children’s Mental Health..... (517) 381-5125

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- [www.acmh-mi.org](http://www.acmh-mi.org)
- 6017 W. St. Joseph Hwy. Suite 200
- Lansing, MI 48917

Children's Special Health Care Services..... (517) 887-4309

- [www.michigan.gov/chscs](http://www.michigan.gov/chscs)
- 5303 S. Cedar  
P.O. Box 30161  
Lansing, MI 48909
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

Ingham Intermediate S.D. (Project Find) Early On..... (517) 244-4514

- [www.inghamisd.org/academic\\_services/earlychildhoodeducation/earlyon](http://www.inghamisd.org/academic_services/earlychildhoodeducation/earlyon)

### **Child Care Financial Assistance & Resources**

DHS (FIA) Child Day Care Services..... (517) 887-9400

- [www.michigan.gov/michildcare](http://www.michigan.gov/michildcare)

### **Respite**

LAP Respite Center.....(517) 372-6671

- **In-Home Program:** Services are provided in the family home. The family does not have to be at home during this time or depending on the service agreement, the LAP care provided may take the child out of the home for an activity. These hours are prescheduled to the family's wishes / needs. The hours can be as little at 3 hours per week to as many as 24 hours per day.
- **Respite House Program:** Services are provided at the LAP Respite House located near the LAP administrative office. Care can be provided for up to 6 children during non-school days, or 4 children on the weekends. LAP provides two trained care providers to be on staff for every hour a child is scheduled. This is a very popular program and fills up very quickly. LAP provides supervisors for on-call duties while children are on site. The Respite House carries a State of Michigan license as a daycare facility and is inspected regularly.
- **After School Program:** Services are provided at the Beekman Center, which is part of the Lansing School District. The program is open whenever Beekman Center is open, including summer school. The hours during the regular school year are 3:00 p.m. until 6:00 p.m. The summer hours are 12:45



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p.m. until 6:00 p.m. This program holds a State of Michigan daycare license for up to 16 children ages 5 years to 26 years for any child in special education classes. The program director ensures there is a 3 to 1, Student - to - care provider ratio.

- Payment for services can be made in several different ways; the Department of Community Mental Health, the Department of Human Services, Insurance, or Private Pay.
- 201 Hillside Court  
East Lansing, MI 48823

### **General Health Services**

Public Health Nursing.....(517) 887-4322  
Or (989) 224-2195

### **Emergency Shelters**

Gateway Community Services..... (877) 833-3689

- 2875 Northwind Drive, Suite 105  
East Lansing, MI 48823
- Emergency shelter, counseling and support services for runaway, homeless and at-risk youth.

(EVE) End Violent Encounters..... (517) 372-5572

- [www.eveinc.org](http://www.eveinc.org)
- Emergency shelter and counseling services for survivors of domestic violence.

### **Living Support**

Giving Tree Farm, Inc. (Services) .....517 485-4395, or 517 490-1396  
[givingtreeserv5644@att.net](mailto:givingtreeserv5644@att.net).

- Living support/respite care services with a target population being adoptive care (Medicaid approved provider).
- Employment opportunities for persons with disabilities
- Long term residential care for the neurologically impaired.
- Family shared information and blog.
- [www.givingtreeservices.org](http://www.givingtreeservices.org)

### **Faith Based Resources**

Trinity Church/Open Arms.....(517) 969-3292

- Offers support groups and other resources for adoptive families.
- Contact Carrie Feitl: [openarms@trinitywired.com](mailto:openarms@trinitywired.com)
- 3355 Dunckel Rd.  
Lansing, MI 48911

### **Parent Resources**

Michael R. Whitehead..... (517) 325-3638

- Parenting skills classes, couple communication classes, therapeutic assessments

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- Insurance not accepted
- **Contact:** Michael Whitehead, MS in MFT, LMFT  
(ourfamilytherapist@gmail.com)

**Preschool Related Professional Organizations**

Office for Young Children (Regional 4C)..... (517) 887-4319

**Youth and Teen**

Christian Services.....(517) 394-5411

Pregnancy Services.....(517) 580-8185

- [www.pregnancylansing.com](http://www.pregnancylansing.com)

Shared Pregnancy Women’s Center.....(517) 484-1882

- <http://www.sharedpregnancy.org/>

Cristo Rey Community Center..... (517) 372-4700

- Variety of programs for the community and youth including an after-school drop off clinic, 4-6pm
- Counseling, substance abuse treatment, parenting classes, Women/Living Free, and domestic violence prevention/counseling.
- 1717 North High Street
- Lansing, MI 48906

## Jackson County

### Crisis Helpline

- LifeWays..... (800) 284-5538

### Counseling

Allegiance Health.....(517) 782-4001

- [Substance Abuse Services????](#) offers a variety of counseling, education and support services for individuals and their families who have a chemical or alcohol addiction.
- Using a combination of individual and group treatment approaches, the [Addiction Recovery Center????](#) offers residential, intensive day and evening programs for adults who are still struggling to abstain from alcohol and drugs during treatment
- 2424 W Washington Ave  
Jackson, MI 49203

Highfields..... (517)783-4250

- Mental Health Counseling, Family Violence Interventions, Multi-Systemic Therapy, Residential Programs, Parenting Wisely, and Summer Camp.
- Highfields provides services in Clinton, Eaton, Hillsdale, Ingham, Jackson, and Livingston Counties. Programs vary in each county so check the website for detailed county information.
- Insurance coverage: Blue Care Network, Great Lakes Health Plan, Health Plan of Michigan, LifeWays (Medicaid), Physician's Health Plan/PHP, PHP Medicaid, McClaren, McClaren Medicaid, Other insurances managed by United Behavioral Health.
- A traditional counseling approach is used in providing this service. Counseling services are home & office based and are available to individuals and families of all ages.
- Services consist of an assessment completed during the first appointment, a diagnosis and ongoing counseling sessions developed to address the reason for referral.
- <http://highfields.org/>
- 1206 Clinton Rd  
Jackson MI 49202

Integro, LLC.....(517) 789-1234

- Out Patient counseling and case management services for both adults and children including: Individual, family and play therapy, integrated treatment for adults with co-occurring mental health and substance use issues.
- Home-based services including: Multisystemic Therapy, 0 to 3 infant mental health and Trauma Focused Cognitive Behavioral Therapy.
- Most private insurances are accepted as well as Medicaid.
- 1200 N West Ave  
Suite 300

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- Jackson, MI 49202-2174
- Jackson County Department on Aging..... (517) 788-4364
- Individual therapy for caregivers age 55 years of age and older, Kinship support group for Kinship Caregivers age 55 years of age and older
  - Professionally run parent support groups
  - No charge for services
- Larry Zolman.....(517) 936-7580
- Individual and family therapy
  - Specializes in behavioral therapy for children and adolescents.
  - Provides applied behavior analysis for children on the autism spectrum or who are lower functioning.
  - 2301 E. Michigan Ave. #215c
  - Jackson, MI 49202
  - Accepts Confinity and Humana
- LifeWays Community Mental Health.....(517)780-3332
- LifeWays contracts with a wide variety of behavioral health providers throughout Hillsdale and Jackson Counties to deliver services and supports to those with developmental disabilities, serious mental illness, serious emotional disturbance, and substance use disorders.
  - 1200 N. West Avenue  
Jackson MI 49202
- LG Gallagher PSYD and Associates..... (517) 414-0697
- 451 Marshall St. Brooklyn, Michigan 49230
  - Has multiple workers to fit an individual's preference.
  - Works in a broad range of specialties ranging from individual to blended families
  - Accepts many types of insurance
- Sharon Cipriano-Galbreath..... (269) 382-5343
- Adoption, foster care, anxiety, compulsive behaviors, depression, dissociation, grief in children and young adults, Attachment issues and testing; Spiritual Mentoring; and energy medicine to include Auriculotherapy and EFT Procedure.
  - 148 N. Riverview Dr. Parchment, MI 49004
- Solutions 2 Wellbeing (517) 787-9474
- Offers a variety of services-individual counseling, family counseling, marriage counseling, parenting classes, and trainings
  - Staff are trained in the Nurtured Heart Approach which is integrated into it services
  - 200 N. West Ave., Suite 400, Jackson, MI 49202

### **Support Groups**

- Family Service & Children's Aid..... (517) 787-7920
- Jackson County Department on Aging.....(517) 768-8652

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## PARC Resource Guide

- Kinship support group
- Time: 12 - 1:30 PM
- Contact: Jennifer Guthrie

National Alliance of Mental Illness of Jackson & Hillsdale, MI..... (517) 782-1164

- NAMI members provide support, education, and advocacy for consumers, their friends, and their families during all phases of their mental illness journey.
- Serving the following counties: Hillsdale & Jackson
- NAMI Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
- All programs are not available with all NAMI chapters. Please contact your local chapter to see what is available.
- 5032 Harriett Dr  
Jackson, MI, 49203-5241
- <http://namimi.org/nami-jackson-hillsdale>

### **Runaway and Homeless Youth Services**

DO'CHAS II.....(517)788-4605

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families.
- 304 Alpine Lane  
Jackson, MI 49203

### **Psychiatrists**

Aleksandra Wilanowski..... (517) 879-1952

- 3333 Spring Arbor Rd Suite 300  
Jackson, MI 49203
- Accepts Aetna, Blue Cross/Blue Shield, and CIGNA insurance

Christina I. Zachar..... (517) 782-7133

- 2301 E Michigan Ave Suite 100  
Jackson, MI 49202
- Accepts most insurances

John S. Mogerman..... (517) 788-4730

- [Allegiance Outpatient Bhvr Health](#)  
205 N East Ave  
Jackson, MI 49201
- Accepts most insurances.

### **Children with Special Needs**

Children's Special Health Care Services.....(517) 788-4422

- 1715 Lansing Ave  
Suite 221  
Jackson, MI 49202

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- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

### **Nutrition**

Jackson County Health Department..... (517)788-4484  
Or.....(888)781-4420

### **Parent Resources**

Solutions 2 Wellbeing (517) 787-9474

- Offers a variety of services-individual counseling, family counseling, marriage counseling, parenting classes, and trainings
- Staff are trained in the Nurtured Heart Approach which is integrated into it services
- 200 N. West Ave., Suite 400, Jackson, MI 49202

## **Kalamazoo County**

### **Crisis Helpline**

\* Kalamazoo Community Mental Health ..... (269) 373-6000  
• Substance Abuse Services or (888) 373-6200

### **Mental Health Counseling/Treatment**

\*Bethany Christian Services..... (269) 372-8800

- Individual therapy, ADOPTS support group.
- Insurance not accepted. Medical subsidy accepted and can be billed directly
- Contact person: Karen Benzema, LMSW
- Visit their website at [www.bethany.org](http://www.bethany.org)
- Location: 6687 Seeco Drive  
Kalamazoo, MI 49009

Bill LaValley.....(269) 382-0064

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- Works well with teenage boys
  - 914 S. Westnedge Ave.
  - Kalamazoo, MI 49008
- Bridgeways.....(269) 552-3440
- 1606 S Burdick  
Kalamazoo, MI
- Catholic Family Services.....(269) 381-9800
- Sliding scale offered
  - 1819 Gull Rd  
Kalamazoo, MI
- \* Children’s Trauma Assessment Center.....(269)387-7073
- Unified Clinics  
Western Michigan University  
1000 Oakland Drive  
Kalamazoo, MI 49008
  - Email: [chhs-ctac@wmich.edu](mailto:chhs-ctac@wmich.edu)
  - The goal of the Center is to assess the impact to children following exposure to traumatic events and/or suspected fetal alcohol exposure. The target population is children, ages three months to 17 years, entering foster care due to experiences of child abuse and/or neglect. Children with other traumatic experiences are also considered for assessment
  - They do not bill private insurance companies.
  - <http://www.wmich.edu/traumacenter>
- Ms. Stephanie Cole.....(269) 742-4706
- Specializes in adoption, family conflict and anxiety.
  - Medicaid accepted.
  - Kanous and Associates Counseling  
3030 S 9th St Suite 3E Kalamazoo, Michigan 49009
- \* Family Attachment Center and Therapeutic Respite (FACTR).....(269)343-0646
- Geared specifically towards adoptive families
  - [myfactr@gmail.com](mailto:myfactr@gmail.com)
  - 605 Howard St.  
Kalamazoo, MI 49008
- GFM: The Synergy Center.....(269) 323-1954
- 625 Harrison St, Kalamazoo, MI 49007
  - <http://www.gfmnc.org/>
  - Our mission is to change lives through culturally sensitive counseling, recovery and wellness services. GFM The Synergy Center has been intentional about responding to the growing and changing needs of the times, providing services ranging from infants to mature adulthood.
  - Accepts Blue Cross Blue Sheild PPOs, most Medicaid Plans, Sliding scale fee for families who do not have insurance.
- Dr. Robert R Gurl.....(269) 503-8916
- Experience with children as young as 3 years old.

## PARC Resource Guide

- Experience with behavioral issues, ADHD, Asperger's, trauma.
  - Works with local schools, both public and parochial.
  - 2019 Rambling Rd Kalamazoo, Michigan 49008
- \*Interpretive Arts Counseling, LLC (Schau House).....(269) 382-5343
- Parenting skills classes, individual therapy, family therapy, art and sand tray therapy
  - Professional-led attachment focused support groups
  - Private insurance, adoption subsidy and medical subsidy accepted.
  - 148 N. Riverview Dr.
  - Parchment, MI 49004
- Jennifer Lennen.....(269) 501-8235
- Parenting skills classes, Individual therapy, Family therapy
  - **Support Groups:** Professionally run parent, children, teen, ADD, Autism groups
  - Insurance, Medicaid and Medical Subsidy accepted
  - 605 Howard St.
  - Kalamazoo, MI 49008
- Jomie George.....(269) 343-3511
- Works with children and adolescents using primarily play therapy.
  - Has experience evaluating and treating children with autism spectrum disorders.
  - In network with Blue Cross Blue Shield, Meridian Health Plan, Magellan, Priority Health, and Humana
  - 605 Howard St.  
Kalamazoo, MI 49008
- Kalamazoo Community Mental Health.....(269) 373-6000
- Walk in hours Monday-Friday from 8:00am-5:00pm
  - 2330 Portage Street  
Kalamazoo, MI 49001
- KCMHSAS Youth and Family Services..... (269) 553-8060
- 432 W Crosstown Pky  
Kalamazoo, MI
  - Fees are based upon your ability to pay or your health insurance coverage. While no one is denied services based on their financial situation, there may be a waiting list in place to receive non-Medicaid covered services.
- Kalamazoo Child and Family Counseling, PLLC.....(269) 615-7637
- Jeff J. LaPonsie, LMSW
  - 605 Howard St.  
Kalamazoo, MI 49008
  - Email: [jlaponsie@kzoofamilycounseling.com](mailto:jlaponsie@kzoofamilycounseling.com)
  - [www.kzoofamilycounseling.com](http://www.kzoofamilycounseling.com)
  - Kalamazoo Child and Family Counseling provides child and family counseling. We specialize in providing therapy to children with anxiety, post-traumatic stress



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disorder (PTSD), grief and loss and behavioral disorders like oppositional defiant disorder.

- Insurances accepted include Meridian Medicaid, Blue Cross Blue Sheild, Optums (formerly United Health)

\*Lutheran Social Services of Michigan.....(855) 444-3911

- Outpatient or Outreach counseling services in an individual, family or group capacity
- Therapeutic Parent Coaching to enhance parenting skills
- Gain Understanding of Life Experiences within the Child Welfare System
- Assist with Emotion Regulation
- Decrease Negative Behaviors
- Meet Mental Health Needs of Children and Adults involved with CPS, Protect Mi Families, Foster Care, SIL, Voluntary Young Adult Foster Care, and Post Adoption or Guardianship
- Accepts Medicaid and Medical Subsidy
- Behavioral Health services are offered through the LSSM office in Benton Harbor, Kalamazoo, Jackson, Ann Arbor, Troy. The Behavioral Health Program provided therapy and assessments.
- 1803 Whites Road, Suite 5  
Kalamazoo, MI 49008
- Email: CFtherapy@lssm.org

\* Mark Scheffers..... (269)350-6324

- Specializes in children/teens and their families who have experienced relational trauma, adoption, and/or multiple placements.
- Addresses traumatic stress in children that may cause aggression/violence, defiance, stealing, lying, running away, etc.
- Enhances parent responsiveness to children in distress
- Skilled in several intervention techniques.
- Offers individual, parent-child, couple, and group therapy in addition to parent coaching and assessment.
- [markscheffers1@gmail.com](mailto:markscheffers1@gmail.com)
- 605 Howard St.  
Kalamazoo, MI 49008

Neuropsychology Associates.....(269) 375-2222

- 4328 West Michigan Ave.  
Kalamazoo, MI

\* Pediatric Counseling Center, LLC..... (269) 372-6500

- Shelly Woertink is a certified loss and trauma specialist.
- Specializes in services to children 2-17
- 950 N. 10<sup>th</sup> St  
Suite 200  
Kalamazoo, MI 49009

\*Renee Sanderson.....(269) 377-1045

- Trauma informed therapist

\* These resources are adoption sensitive  
Rev Date 6.10.2019

## PARC Resource Guide

- 5985 W. Main St., Suite 206
  - Kalamazoo, MI 49009
- Strong Families Safe Children.....(269) 372-8800
- For families who adopted through foster care and live in Kalamazoo County
  - Assessment, referrals, therapy, home management, parent education
  - Provided through Bethany Christian Services in collaboration with the Kalamazoo Department of Human Services
  - Contact: Sarah Richards, LMSW, srichards@bethany.org
- \*Trauma Recovery Associates.....(269) 381-8917  
or 873-8829
- Trauma Recovery Associates (TRA) is comprised of mental health professionals with experience in treating adult survivors of childhood abuse and neglect.
  - 1333 W. Lovell St.
  - Kalamazoo, MI 49006
  - <http://www.traumarecoveryassociates.com/index.html>

### Support Groups

- Bethany Christian Services.....(269) 372-8800
- Kalamazoo Adoption Support group, ADOPTS support group.
  - Insurance not accepted. Medical subsidy accepted and can be billed directly
  - Visit their website at [www.bethany.org](http://www.bethany.org)
  - Location: 6687 Seeco Drive  
Kalamazoo, MI 49009
- CHADD.....(269)626-5651
- Presentations and support group meetings for both Parents/Caregivers of Children with ADHD and Adults with ADHD living in the Washtenaw County area
  - **Date:** 2nd Tuesday of every month  
**Time:** 7:00 pm - 8:30 pm  
**Location:** Kalamazoo Regional Educational Service Agency (KRESA)  
**Address:** 1819 E. Milham Ave., Portage, MI 49002  
Meetings are FREE
- Child & Family Psychological Services.....(269) 372-4140
- Professionally led group for adults with anxiety and/or depression. Meets Mondays from 6-7:30pm.
  - Professionally led trauma recovery group for adults. Meets Wednesdays 1:15-3:30pm.
  - Professionally led group for middle school aged boys and girls with social anxiety. Meets Wednesday evenings.
  - Professionally led self-esteem building group for girls ages 8-12. Meets Thursdays at 4pm.
  - Groups are \$65 per session, billed to insurance.
  - Accept a wide variety of insurance types and a sliding scale may be used depending on the family's income.

## PARC Resource Guide

- Foster/Adoptive Parent Support Group.....(269) 373-5053
- Interpretive Arts Counseling, LLC (Schau House).....(269) 382-5343
- Professional-led attachment focused support groups
  - Private insurance, adoption subsidy and medical subsidy accepted.
- Jennifer Lennen.....(269) 501-8235
- **Support Groups:** Professionally run parent, children, teen, ADD, Autism groups
  - Insurance, Medicaid and Medical Subsidy accepted
- National Alliance of Mental Illness of Kalamazoo, MI..... (269)349-8444
- NAMI members provide support, education, and advocacy for consumers, their friends, and their families during all phases of their mental illness journey.
  - Serving the following counties: Barry, Calhoun, Cass, Kalamazoo, Van Buren
  - NAMI Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
  - All programs are not available with all NAMI chapters. Please contact your local chapter to see what is available.
  - P.O. Box 51693  
Kalamazoo, MI, 49005-1693
  - <http://www.namikalamazoo.org/>
- Singles for Adoption.....(616) 381-2581

### **Runaway and Homeless Youth Services**

- Catholic Family Services.....(800) 873-TEEN
- Crisis based services available to youth between the ages of 12 and 17, their siblings and families.
  - [www.catholicfamilyservices.org](http://www.catholicfamilyservices.org)
  - 990 West Kilgore Rd  
Kalamazoo, MI 49008
  - Coverage Area: Allegan, Barry, Berrien, Branch, Calhoun, Cass, Kalamazoo, St. Joseph, and Van Buren

### **Crisis Intervention**

- Mobile Crisis Response.....<http://mobilecrisisresponse.com/index.htm>
- Crisis service for families at no cost.
  - Available 24/7

### **Psychiatrists**

- Arles R. Stern.....(269) 375-2222
- Neuropsychology Associates  
4328 W Michigan Ave  
Kalamazoo, MI 49006
- DeLano Clinic.....<http://www.borgess.com/default.aspx?pld=553>

## PARC Resource Guide

- Accepts Medicaid
- Marilyn Mittenthal.....(269) 544-1590
- Pediatric and adolescent psychiatrist
  - 5380 Holiday Terrace #36  
Kalamazoo, MI 49009
  - Accepts CIGNA, Medicaid, and United Health Care insurance
- Roger Apple.....([269-612-4322](tel:269-612-4322))
- Recommended for psychological testing
  - No sliding scale
  - Accepts Blue Cross/Blue Shield, Cofinity, Medicare, Priority Health, Aetna, Cigna, Mesa, Meridian and ValueOptions.
  - 5955 W. Main St.
  - Kalamazoo, MI 49009
  - <http://www.appleandassociatesllc.com/>
- Velre L. Bell.....(269) 343-6700
- [Pine Rest Christian Mental Health](#)  
1530 Nichols Rd  
Kalamazoo, MI 49006
  - Accepts Aetna, Blue Cross/Blue Shield, and MultiPlan insurance

## Children with Special Needs

- Children's Special Health Care Services..... (269) 373-5200
- 3299 Gull Rd.  
P.O. Box 42  
Nazareth, MI 49074-0042
  - Coverage and referral for specialty services based on the person's health problems.
  - Family centered services to support you in your role as primary caretaker of your child.
  - Community based services to help you care for your child at home and maintain normal routines.
  - Culturally competent services which demonstrate awareness of cultural differences.
  - Coordinated services to pull together the services of many different providers who work within different agencies.

Great Lakes Center for Autism Treatment and Research ..... (269) 250-8200  
[www.autismtreatmentresearch.org](http://www.autismtreatmentresearch.org)???

At our autism treatment center, caring professionals will help your child achieve his or her personal best ... NOW OPEN: the Lawrence Autism Center (LAC) at 1800 South 35th Street, Galesburg, MI 49053. ... Kalamazoo Autism Society  
9616 Portage Rd, Portage, MI 49002

PARC Resource Guide

Kristin Totten.....(269) 270-1278

- [www.kristintotten.com](http://www.kristintotten.com)
- Education attorney that works with children with special needs

MCR Industries

<http://www.mrcindustries.org/index.php>

MRC's mission is to encourage and support individuals living with a disability to achieve their fullest potential through employment, skill building, and active community involvement.

MRC McKercher 2538 S. 26th St. Kalamazoo, MI 49048 269-343-0747	MRC BridgeWays Case Management 1606 S. Burdick Street Kalamazoo, MI 49001 269-552-3440	MRC Pathways Clubhouse 119 W. Vine Kalamazoo, MI 49001 269-342-0173
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Reach For Kids.....(269)384-2270  
Or (269) 207-2527

- Contact: Linda Casper ([lscasper@ameritech.net](mailto:lscasper@ameritech.net))
- Provides Special Education Advocacy, Consultant and Tutorial Services for Southwestern Michigan.
- 4341 S. Westnedge Ave  
Suite 2101  
Kalamazoo, MI 49008

**Respite**

Alliance for Community Support.....[aheldart@resopp.org](mailto:aheldart@resopp.org)  
• 1100 S. Rose  
Kalamazoo, MI

ARC.....(269)342-9801  
• Help with alternatives to guardianship and provide educational advocacy  
• 814 S Westnedge Ave  
Kalamazoo, MI 49008

Ark.....(800) 873-8336  
• 990 W Kilgore Rd  
Kalamazoo, MI 49008

Family & Children Services..... (877) 296-2062  
• Day and overnight respite care for children/adolescents  
• 1608 Lake Street  
Kalamazoo, MI 49001

Family Attachment Center and Therapeutic Respite (FACTR).....(269)343-0646  
• Geared specifically towards adoptive families  
• Assessments for current foster children  
• [myfactr@gmail.com](mailto:myfactr@gmail.com)  
• 605 Howard St., Kalamazoo, MI 49008

\* These resources are adoption sensitive  
Rev Date 6.10.2019

### **Clothing and Other Basic Needs**

- American Red Cross.....(269) 353-6180
- 5640 Venture Ct  
Kalamazoo, MI
- Deacons Conference.....(269) 344-7333
- 1010 North Westnedge  
Kalamazoo, MI
- Portage Community Outreach Center.....(269) 323-1942
- 325 East Center  
Portage, MI
- Salvation Army.....(269) 344-6119
- 1700 South Burdick  
Kalamazoo, MI
- St. Vincent De Pauls.....(269) 388-4544
- 513 Eleanor St  
Kalamazoo, MI

### **Food and Nutrition**

- Department of Human Services.....(269) 337-4900
- 322 East Stockbridge  
Kalamazoo, MI
- Family Health Center.....(269) 349-2647
- 117 West Paterson St.  
Kalamazoo, MI 49007
- Goodwill.....(269) 382-0490
- 420 Alcot  
Kalamazoo, MI
- Gospel Mission.....(269) 345-2974
- Breakfast served at 7am
  - Dinner served at 7pm
- Kalamazoo County Human Services Department..... (269)373-5002
- Loaves and Fishes.....(269) 343-3663
- 420 Alcot  
Kalamazoo MI
- WIC.....(269) 373-5002

### **Housing Resources**

- Alpha and Omega.....(269) 345-5100
- Housing services for men.
  - 829 Rose Ct.  
Kalamazoo, MI
- ARK.....(269) 343-8765
- Serves youth ages 12-17

\* These resources are adoption sensitive  
Rev Date 6.10.2019

## PARC Resource Guide

- 990 West Kilgore  
Kalamazoo, MI
- Bethany House.....(269) 366-4468
  - 722 S. Rose
  - Kalamazoo, MI 49007
- Department of Human Services.....(269) 337-4900
  - 322 East Stockbridge  
Kalamazoo, MI
- Emergency Overnight Shelter.....(269) 532-1210
  - 440 ½ North Church  
Kalamazoo, MI

### **Parent Resources**

- Parent to Parent.....<http://www.p2pswmi.org/index.html?>  
Amy Embury, MA (269) 673-6617  
Supervisor, Children’s Services/Certified AT NHA Consultant

### **County Resources**

- Kalamazoo Resource Search Engine.....<http://www.referweb.net/Gryphon/??>

## Lenawee County

### Crisis Helpline

\*Lenawee CMH Authority.....(517) 261-8905  
Or (800) 615-1245

### Counseling

Anne Costello, LMSW.....(517) 879-5838

Creative Counseling Center  
805 S. Maumee St.  
Tecumseh, MI 49286

#### Lenawee County

[anne@thecreativecounselingcenter.com](mailto:anne@thecreativecounselingcenter.com)

**Insurance:** Medicaid, Private Insurance, Cash/Check

**Specializations:** Trauma Informed Therapy, Cognitive Behavior Therapy, Play Therapy, Attachment disorders, PTSD, Sexual abuse

**Website:** [www.thecreativecounselingcenter.com](http://www.thecreativecounselingcenter.com)

Catholic Charities of Jackson, Lenawee, Hillsdale.....(517) 263-2191

- Individual therapy and family therapy
- Insurance accepted. Sliding scale
- Location: 199 N. Broad St.  
Adrian, MI 49221

\* Cheryl Foster..... (734)276-7906

- Cheryl and many therapists on her staff have experience working in foster care and adoption.
- Adoption sensitive therapy
- Accept Blue Cross/Blue Shield and Magellan insurance
- Medical subsidy is the preferred method of payment

Family Counseling & Children's Services..... (517) 265-5352

- Individual and family therapy, parenting skills classes
- Professional-run support group focused on women and trauma
- Accept private insurance, Medicaid and medical subsidy. Payment can also be billed directly to subsidy. A sliding based fee is offered.
- 220 N. Main St.  
Adrian, MI 49221

\*Julie A Artinian.....(517) 442-2777

- Trauma informed therapist
- 123 E Maumee St  
Adrian, MI 49221
- Accepts a variety of insurances including employee assistance programs.
- <http://www.artiniancounselingmichigan.com/index.asp>

Lenawee Community Mental Health.....(517) 263-8905

- 1040 S. Winter St.



## PARC Resource Guide

Suite 1022  
Adrian, MI 49221

- \* Still Waters Counseling..... (517)266-8500
- Several therapists who are comfortable working with adoptive families. To look at staff profiles, visit [www.still-waters-counseling.com](http://www.still-waters-counseling.com)
  - Accept medical subsidy, but if there is other insurance then that will be billed first.
  - Accept most insurance. Check with office manager when scheduling appointment.
  - 403 N. Broad Street  
Adrian, MI, 49221

### Support Groups

- Autism Support Group..... 263-8905
- Grandparents Raising Grandchildren.....(517) 264-5280
- Meeting Location: Piotter Center located at 327 Erie Street in Adrian
  - Time: Thursday 5:30pm- 8pm
  - Contact: (517) 264-5280, [sguild@lenaweeseniors.org](mailto:sguild@lenaweeseniors.org)
  - Therapist present and meals provided
- Families on the Move and North American Council on Adoptable Children.....  
.....(810) 468-9827
- Grief Recovery..... (517) 263-2323
- Parents Support Group.....263-8905
- Self Esteem and Domestic Violence Awareness.....(517) 264-5733
- Teen Support Group..... (517) 263-2191

### Psychiatrists

- Adrian Counseling & Psychiatric Clinic..... (517) 263-5810
- 142 E. Maumee St  
Suite 3  
Adrian, MI 49221
- Bixby Medical Center..... (517) 423-3887
- 415 E Killbuck St  
Tecumseh, MI 49286
  - Accepts a variety of insurance plans.
- Ittiara T L MD..... (517) 263-5810
- 142 E Maumee St  
Adrian, MI 49221

### Children with Special Needs

- Children's Special Health Care Services.....(517) 264-5228
- 1040 S. Winter St.  
Suite 2328  
Adrian, MI 49221

PARC Resource Guide

- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

**Respite**

Michigan Department of Human Services, Lenawee County.....(517) 264-6300

- 1040 S Winter St  
Suite 3013  
Adrian, MI 49221

**Nutrition**

Community Action Agency.....(800) 438-1845

Or.....(517) 263-7861

## Livingston County

### Crisis Helpline

\*Livingston CMH Authority.....(517) 546-4126  
or (800) 664-5005

### Counseling and Therapy

\* Ann Arbor Consultation Services..... (734) 996-9111

- Three locations in Ann Arbor and one in Brighton.
- Over 30 therapists and 4 psychiatrists, ranging in specialties.
- Adoption sensitive therapists on staff.
- Insurance acceptance varies depending on therapist. Ask when scheduling appointment.

Brighton Counseling..... (810) 227-5659

Child and Adolescent Services (CMH)..... (517) 548-0081

\*Fran Peters..... (517) 292-0950

- Adoption sensitive
- Advanced Behavioral Medicine  
2901 E Grand River  
Howell, MI 48843
- Accepts Blue Care Network, Blue Cross/Blue Shield, Priority Health PPO/HMO

HELPLine (Mental Health)..... (800) 877-7675

Highfields..... (517)783-4250

- Mental Health Counseling, Family Violence Interventions, Multi-Systemic Therapy, Residential Programs, Parenting Wisely, and Summer Camp.
- Highfields provides services in Clinton, Eaton, Hillsdale, Ingham, Jackson, and Livingston Counties. Programs vary in each county so check the website for detailed county information.
- Insurance coverage: Blue Care Network, Great Lakes Health Plan, Health Plan of Michigan, LifeWays (Medicaid), Physician's Health Plan/PHP, PHP Medicaid, McClaren, McClaren Medicaid, Other insurances managed by United Behavioral Health.
- A traditional counseling approach is used in providing this service. Counseling services are home & office based and are available to individuals and families of all ages.
- Services consist of an assessment completed during the first appointment, a diagnosis and ongoing counseling sessions developed to address the reason for referral.
- <http://highfields.org/>

\*Jewel McGowan.....(517) 618-0933

- Adoption sensitive
- Advanced Behavioral Medicine

## PARC Resource Guide

2901 E Grand River  
Howell, MI 48843

- No sliding scale
- Accepts Blue Care Network, Blue Cross/Blue Shield, Medicare, and Priority Health.

- LACASA/SARA..... (517) 548-1350
- Counseling center, legal services, court advocates, support groups, prevention and education
  - 24-hour help line: (866) 522-2725
- Livingston County Catholic Social Services..... (517) 545- 5944
- 2020 E. Grand River Ave. #104, Howell, MI 48843
- Livingston Community Mental Health..... (517) 546-4126
- 2280 E. Grand River Ave., Howell, MI 48843
- Livingston Family Center..... (810) 231-9591
- 4736 East M-36, Pinckney, MI 48169
  - Accepts most insurance plans and has a sliding-fee scale based on family income. We are unable to accept Medicaid and Medicare at this time.
- Oakbrook Counseling Inc..... (810) 227-0891
- Planned Parenthood..... (800) 638-0540
- Women’s Resource Center..... (810)-227-9960
- 2895 W. Grand River Ave., Howell, MI 48843

## Support Groups

- National Alliance of Mental Illness of Livingston..... (517) 546-7449
- NAMI members provide support, education, and advocacy for consumers, their friends, and their families during all phases of their mental illness journey.
  - NAMI Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
  - All programs are not available with all NAMI chapters. Please contact your local chapter to see what is available.
  - Support Group meets every second and fourth Thursday of the month, 7 – 9 p.m. at the First Methodist Church, 400 East Grand River, Brighton. Family members and consumers are welcome. Call Barb at 810-231-6011 for more information.
  - P.O. Box 161, Hartland, MI, 48353
- Celebrate Recovery at the NAZ.....(810) 227-6600 Ext. 30
- A court accepted 12 step program for anyone struggling with a hurt, habit or hang-up for children ages 5-18 and adults.
  - Email: [celebraterecovery@thenaz.org](mailto:celebraterecovery@thenaz.org)
  - Website: <http://www.thenaz.org/celebrate-recovery>
  - 7669 Brighton Rd, Brighton, MI 48116

\* These resources are adoption sensitive  
Rev Date 6.10.2019

### **Runaway and Homeless Youth Services**

Livingston Family Center.....(810) 231-9591

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families
- [www.livingstonfamilycenter.org](http://www.livingstonfamilycenter.org)
- 4736 E. M-36, Pinckney, MI 48169

The Connection Youth Services.....866-440-7233(SAFE)

- <http://theconnectionyouthservices.org/>
- 616 W. Grand River, Howell, MI 48843
- 24 hour emergency assistance and referral service
- Safe housing for teens 12-17 years old needing shelter or a break from family problems
- Host home and apartment program for homeless young people 16-21 years old
- Help with education & employment
- Individual and family counseling
- Support groups for teens and parents

### **Youth Volunteer Programs**

Livingston Co. Humane Society..... (517)552-8050

- Youth volunteer program for 14 to 17 year olds. There is a cost \$10 cost for the orientation. <http://www.humane-livingston.org/Volunteers.htm>.

Howell Nature Center .....517-546-0249

- <http://howellnaturecenter.org/about-us-2/volunteers/volunteer-descriptions/>
- Summer volunteer program for ages 14 – 17 years old, 4 hours per week. They are responsible for the care of baby ducklings, and also assist the Clinic staff with food preparation, light cleaning, and special projects. Contact us early in the calendar year for participation.

### **Psychiatry**

Livingston Community Mental Health..... (517) 546-4126

- 2280 E. Grand River Ave., Howell, MI 48843
- Adult service resource

Viken Matossian.....(517) 759-1766

- Advanced Behavioral Medicine  
2901 E Grand River Ave, Howell, Michigan 48843
- Specializes in child or adolescent depression and ADD/ADHD
- Accepts Aetna, Blue Cross/Blue Shield, Cofinity, and Medicare

### **Children with Special Needs**

## PARC Resource Guide

- Children's Special Health Care Services..... (517) 552-6823
- 2300 E. Grand River, Suite 102, Howell, MI 48843
  - Coverage and referral for specialty services based on the person's health problems.
  - Family centered services to support you in your role as primary caretaker of your child.
  - Community based services to help you care for your child at home and maintain normal routines.
  - Culturally competent services which demonstrate awareness of cultural differences.
  - Coordinated services to pull together the services of many different providers who work within different agencies.
- Arc of Livingston.....(517) 546-1228
- Special Education and CMH advocacy
  - [www.arclivingston.org](http://www.arclivingston.org)

### **Physical and Mental Disabilities Services**

- ADA Information Hotline..... (800)514-0301
- Arc of Livingston.....(517) 546-1228
- Michigan Rehabilitation Services (MRS)..... (734) 677-1125
- Michigan Relay Center (Replaces TDD)..... (800) 649-3777
- Michigan Special Olympics Area XXVII..... (517) 546-2930
- Special Ministries of Livingston County..... (810) 229-6661
- [www.special-ministries.org](http://www.special-ministries.org)
- Therapeutic Recreation, Brighton Community Education..... (810) 229- 1419
- United Way..... (810) 494- 3000
- Work Skills Corporation..... (810) 227-4868

### **Foster Care Resources**

- Foster Care Navigator Program.....1-855-MICKIDS
- The Foster Care Navigator Program is a support service program dedicated to prospective and current foster parents as well as agencies with the goal of recruiting, retaining and empowering great people to become super foster parents.
  - [www.fcnp.org](http://www.fcnp.org)
  - 24901 Northwestern Hwy., Suite 500 Southfield, MI 48075

### **Child Care**

- Child Connect for Family Success.....(517)548-9112
- [www.childconnectmi.org](http://www.childconnectmi.org)
- Livingston County Department of Health and Human Services- Child Day Care Services.....(517)548-0200

### **Respite**

\* These resources are adoption sensitive  
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PARC Resource Guide

Community Mental Health Services of Livingston County..... (517) 548-0081  
622 East Grand River, Howell, MI 48843

**Clothing- Free or Minimally Priced**

Business Clothing (Women’s Resource Center).....(517) 548-2200  
Church of Christ  
    Brighton.....(810) 229-7051  
    Howell.....(517) 546-1931  
Salvation Army, Brighton.....(517) 534-5060

**Employment Services**

Michigan Rehabilitation Services (MRS)..... (734) 677-1125  
Livingston County Michigan Works ..... (517) 546-7450  
Work Skills Corporation..... (810) 227-4868  
    • [www.wskills.com](http://www.wskills.com)  
    • 100 Summit, Brighton, MI 48116

**Food Assistance**

Commodity Distribution (OLHSA)..... (517) 546-8500  
    • [www.olhsa.org](http://www.olhsa.org)  
Livingston County Department of Human Services..... (517) 548-0200  
Livingston County Personal and Preventative Health Services WIC (Health  
Department)..... (517) 546-5459  
Livingston Community Food Bank..... (517) 548-3710  
Salvation Army.....(517) 546-4750

**Health Needs**

American Red Cross.....(517)546-0326  
Ask A Nurse.....(800) 231-2211  
Family Home Care.....(248) 229-5683  
Livingston County Community Mental Health.....(517) 546-4126  
Livingston County Personal and Preventative Health Services (Health  
Department)..... (517) 546-9850  
McPherson Home Care.....(517) 545-6161  
McPherson Hospital..... (517) 545-6000  
Mental Health Association of Michigan.....(800) 484-9534  
OLSHA-Healthy Start..... (517) 546-8500  
Trauma Burn Center- U of M..... (313) 936-9631  
Pregnancy HELPLine.....(810) 632-5656  
U of M TeleCare..... (800) 742-2300  
United Health Organization..... (248) 616-9105  
Whitmore Lake Health Clinic..... (734) 449-2033  
Willowbrook Rehabilitation Services.....(810) 227-0119

\* These resources are adoption sensitive  
Rev Date 6.10.2019

### **Housing Assistance**

Landlord/Tenant Resource Center.....	(517) 337-9795
Livingston County Department of Human Services.....	(517) 548-0200
Rural Development (formerly FHA).....	(517) 548-1550
Michigan State Housing Development Authority (MSHDA).....	(517) 373-8370
Section 8 Housing Agent	
Howell.....	(517) 548-9611
Lansing.....	(517) 373-9344
OLHSA.....	(517) 546-8500

### **Legal Services**

Legal Services of South Central Michigan.....	(800) 968-0044
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### **Transportation**

Livingston County Essential Transportation (LETS).....	(517) 546-6600
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## Monroe County

### Crisis Helpline

\*Monroe CMH Authority.....(800) 886-7340  
Or (734) 243-7340

### Counseling

- \* Sheryl Foster..... (734)276-7906
- Cheryl and many therapists on her staff have experience working in foster care and adoption.
  - Adoption sensitive therapy
  - Accept Blue Cross/Blue Shield, Blue Cross Complete, Magellan insurance, Molina, Hap, Meridian, Health Plus, and United Healthcare
  - Medical subsidy is the preferred method of payment
- Jeanne M Holup..... (734)856-5400
- Specializes in depression, anxiety, mood disorders, and stress management
  - Christian counseling
  - 6530 Secor Rd  
Lambertville, MI 48144
  - Email: [christiancare@frontier.com](mailto:christiancare@frontier.com)
- \* Paul Amadi..... (734) 494-2642
- Neighborhood Counseling Servs Corp  
1112 E. East Sixth Street  
Monroe, Michigan 48161
  - Accepts most insurance
  - Specializes in anger management, anxiety, ADD/ADHD, depression, parenting, and trauma/PTSD.
- Michael Boudrie..... (734) 606-0134
- CoVentures  
986 S. Telegraph Rd  
Monroe, Michigan 48161
  - Accepts a wide range of insurances
  - Specializes in addiction, relationship issues, and depression.
- Monroe Community Mental Health..... (734) 243-7340
- 1001 South Raisinville Rd  
Monroe Charter Township, MI 48161  
Accepts Medicaid.
- Randy H Grodi..... (734)273-9546
- 22 West Second Street  
Monroe, Michigan 48161
  - Accepts insurance
  - Specializes in personal growth and human potential, life coaching, and depression.

## Support Groups

- Autism Support Group..... 847-4408
- For family members, friends, teachers and caregivers of autistic children
  - When: 7-9 p.m. the first Wednesday of each month
  - Where: Bedford Branch Library, 8575 Jackman Rd., Temperance

## Psychiatrists

- John J. Ghesquiere..... (734) 240-1760
- 740 N Macomb St  
Monroe, MI 48162
  - Accepts Aetna insurance

## Children with Special Needs

- Children's Special Health Care Services..... (734) 240-7800
- 2353 S. Custer Road  
Monroe, MI 48161
  - Coverage and referral for specialty services based on the person's health problems.
  - Family centered services to support you in your role as primary caretaker of your child.
  - Community based services to help you care for your child at home and maintain normal routines.
  - Culturally competent services which demonstrate awareness of cultural differences.
  - Coordinated services to pull together the services of many different providers who work within different agencies.

## Respite

- Mastrofrancesco AFC Inc..... (734) 243-6140
- Contact: Kim Emery ([Kemery481@aol.com](mailto:Kemery481@aol.com))
  - Mastrofrancesco is a non-profit organization specializing in residential respite care and community living support for individuals with mental impairments and/or developmental disabilities. The organization offers services in the consumer's home or in group home settings in contract with the Monroe Community Mental Health Authority.
  - 13795 Alton Road  
Monroe, MI 48161

## Nutrition

- Monroe County Health Department.....(734) 240-7905  
Or..... (888)354-5500

## St. Joseph County

### Counseling

Community Mental Health.....(269) 467-1000

- 677 E. Main  
Suite A  
Centreville, MI 49032

Ms. Angela Landrum.....(517) 798-3878

- Experienced in child behavior, family communication, anxiety and mood disorders. Offers in-home therapy
- Blue Cross, McLaren, and Medicaid accepted, sliding scale.\
- A Brighter Tomorrow Counseling  
Sturgis, Michigan 49091  
(517) 798-3878

### Support Groups

Domestic and Sexual Abuse Services..... (269) 273-6154

- Support Groups: Groups meet weekly for survivors or family members to help with the healing process and receive support from DASAS staff and other survivors—childcare is available.
- 125 W. Main Street  
P.O. Box 189  
Centreville, MI 49032

National Alliance of Mental Illness of Kalamazoo, MI..... (269)349-8444

- NAMI members provide support, education, and advocacy for consumers, their friends, and their families during all phases of their mental illness journey.
- Serving the following counties: Barry, Calhoun, Cass, Kalamazoo, Van Buren
- NAMI Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
- All programs are not available with all NAMI chapters. Please contact your local chapter to see what is available.
- P.O. Box 51693  
Kalamazoo, MI, 49005-1693
- <http://www.namikalamazoo.org/>

### Psychiatrists

Katherine Jawor..... (231) 728-4950

- 1700 Clinton St  
Muskegon, MI 49442-5502

### **Children with Special Needs**

Children’s Special Health Care Services..... (269) 273-2161

- 1110 Hill Street  
Three Rivers, MI 49093
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

### **Respite**

Michigan Department of Human Services.....(269) 467-1200

- 692 E Main St  
Centreville, MI 49032

Parents Again.....(269) 506-8195

- A resource for grandparents raising grandchildren and other kinship care providers
- email: [parentsagain@hotmail.com](mailto:parentsagain@hotmail.com)
- web site: [www.parentsagain.org](http://www.parentsagain.org)???
- mailing address: PO Box 116 - Centreville, MI 49032
- By attending the monthly support meeting (third Thursday of each month), each grandparent raising grandchildren and other respite care givers will be entitled to free respite time. Contact organization for details

### **Nutrition**

Branch-Hillsdale-St. Joseph District Health Department..... (517) 279-9561

- Or..... (800)258-1093
- Or..... (800)258-1092

## Washtenaw County

### Crisis Helpline

\*Washtenaw County CMH.....(734) 544-3050  
Or (800) 440-7548

### Counselors/Therapists

ACCESS.....(734)544-3050

- [www.ewashtenaw.org](http://www.ewashtenaw.org)
- Health Services Access is the central entry point for all Medicaid eligible and indigent (uninsured) adults and children requesting Mental Health, Public Health and or Substance Abuse information and services in Washtenaw County.

Active Resilience Training at Georgia Rose Farm.....(734)604-2651

- Individual therapy for all ages
- Building resilience skills to handle life's challenges through a calm, natural setting (wooded area, walking trails, farm house and barn)
- 2565 W. Ellsworth Rd.
- Ann Arbor, MI 48108
- Greta Furlong, LMSW, [gretafurlong@gmail.com](mailto:gretafurlong@gmail.com)

Ann Arbor Center for Developmental and Behavioral Pediatrics.....(734) 997-9088

- 1601 Briarwood Circle, Suite 500  
Ann Arbor, MI 48108
- Specialize in diagnosing and treating behavioral and developmental concerns, including autism, ADHD, aggressive behavior, sleep disorders, and developmental delays.
- Do not bill insurance companies. Families receive coded receipts to submit for reimbursement
- Licensed child psychiatrist on staff

Ann Arbor Center for the Family.....(734) 995 5181

- Psychological Testing, Individual therapy, Family therapy, Support groups for ADD
- Accepts private insurance, Medicare, and Medical Subsidy
- Contact Person: Douglas Ensor, Ph.D
- Visit their website at [www.annarborcenter.com](http://www.annarborcenter.com)
- Location: 2395 Oak Valley Drive  
Ann Arbor, MI 48103

\* Ann Arbor Consultation Services..... (734) 996-9111

- Three locations in Ann Arbor and one in Brighton.
- Over 30 therapists and 4 psychiatrists, ranging in specialties.
- Adoption sensitive therapists on staff.
- Insurance acceptance varies depending on therapist. Ask when scheduling appointment.

\*Anne Solomon.....(734) 629-4234

- Adoption sensitive

PARC Resource Guide

- 1785 West Stadium  
Suite 203  
Ann Arbor, MI 48103
  - Sliding Scale
  - Accepts Aetna, Blue Cross/Blue Shield, Medicare, Alliance, CIGNA,  
University of Michigan Premier Care, BCN
  - Accepts Mastercard and Visa
- \*Dr. Barbara J. LaHood.....(734) 506-6704
- Adoption sensitive
  - 400 Maynard St.  
Suite 806  
Ann Arbor, MI 48104
  - No sliding scale
  - Accepts Aetna, Blue Cross/Blue Shield, Integrated Health Plan
- \*Catholic Social Services.....(734) 971-9781
- [www.csswashtenaw.org](http://www.csswashtenaw.org)
- \* Carla Hines, Inc.....(734) 788-0344
- Parenting skills classes, Individual therapy, Family therapy, and Home-based services
  - Insurance not accepted. Medical subsidy accepted. Reduced Fee based on financial aid
  - Location: 2048 Washtenaw Upper Level  
Ypsilanti, MI 48197
- \* Cheryl Foster..... (734)276-7906
- Cheryl and many therapists on her staff have experience working in foster care and adoption.
  - Adoption sensitive therapy
  - Accepts some Medicaid plans
  - Medical subsidy is the preferred method of payment
- \*Coryanna Ku, LPC..... (734)-984-3518
- Coryanna offers “In the Field” counseling. / Saline
  - offer sliding scale fees
  - Specializes in counseling and marriage and family therapy.
  - 521 Forestbrooke Ct
  - Saline, MI 48176
- Community Mental Health..... (734)544-3000  
555 Towner Street  
Ypsilanti, MI 49079
- \*Dr. Deborah Kraus.....(734) 335-1589
- Trauma informed therapist
  - 333 Maynard  
Suite 402  
Ann Arbor, MI 48104  
Accepts Blue Cross/Blue Shield PPO

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PARC Resource Guide

- Elizabeth Mitchell, MS, LLP .....(734)741-1331
- Behavioral Psychologist / Certified AT NHA Consultant
- \*Emily Jornburg.....(734) 995-5181
- 2300 Washington Ave, Suite 203  
Ann Arbor, MI 48104
- Fostering Futures..... (734) 481 8999
- Specific individual and family therapy
  - Professionally run parent, attachment focused, and jewelry making, self-esteem-enhancing group for girls ages 8-18 on weekends.
  - No charge for services
- \*Glen Kagan.....(734)494-2655
- Adoption sensitive
  - 117 N 1<sup>st</sup> St  
Suite 106  
Ann Arbor, Michigan 48104
  - Sliding Scale
  - Accepts APS Healthcare, Health Net, MHN, Blue Cross/Blue Shield, MESSA and United.
  - Also accepts Mastercard and Visa
  - <http://www.glennkagan.com/>
- \* Hands Across the Water.....734-477-0135
- 781 Avis Drive, Suite 200  
Ann Arbor, MI 48108
- \*Howard Lerner.....(734) 403-3848
- Trauma informed therapist.
  - 555 E William St.  
Suite 20L  
Ann Arbor, MI 48104
  - Sliding Scale
  - Accepts Blue Cross/Blue Shield, Medicaid and Medicare.
- \* Janet Okagbue-Reaves..... (734) 606-0435
- Trauma informed therapist
  - Ypsilanti Center for the Family  
32 N. Washington  
Suite #2  
Ypsilanti, Michigan 48197
  - Accepts Aetna, Blue Cross/Blue Shield, Blue Care Network, and Magellan Behavioral Health.
- \* Jane York Bornstein.....(734)799-0452
- Specializes in adoption related adjustment issues including transracial families.
  - 360 Consultations  
101 West Liberty St.  
Suite 360

PARC Resource Guide

Ann Arbor, MI 48104  
Accepts Blue Cross/Blue Shield  
Also accepts Mastercard and Visa  
Sliding Scale

\* Jennifer DeVivo..... (734) 417-4287

- Individual therapy, Family therapy. Specializes in trauma recovery for children, teens, and adults and children adopted through foster care and internationally
- Private Insurance and medical subsidy accepted

\*Julie Frick.....(734)273-9366

- Trauma informed therapist
- Office located in Ann Arbor
- <http://www.juliefrick.com/>

\*Kimberly McCrea.....(734)681-3374 x80

- Adoption sensitive
- Heron Ridge Associates  
1785 West Stadium Blvd.  
Suite 203  
Ann Arbor, MI 48103
- Accepts Aetna, Blue Cross/Blue Shield, HAP, Medicare, Priority Health, Out of Network, BCN, Cofinity, Magellan Behavioral Health, Premiere Care and TRICARE.
- Also accepts Mastercard and Visa
- Sliding Scale

\*Kristine Freeark.....[kfreeark@umich.edu](mailto:kfreeark@umich.edu)

- Kristine Freeark is a clinical psychologist with both intervention and research interests in adoptive family relationships and their impact on children's well-being
- Dr. Freeark developed the Inquisitive Minds Workshop for adoptive parents of young children to translate developmental knowledge and an understanding of normative adoptive family dynamics into information and activities for parents. The workshop prepares parents to assist their children in communicating constructively about adoption to enhance family belonging and a positive adoptive identity. The workshop is offered in both 8 week and intensive weekend formats
- 1029 NW  
Ann Arbor, MI 48109
- Accepts BCBL Illinois and Blue Cross/Blue Shield

Leah Marcus, MA, LPC (Ohio) .....(734) 926-8506

- Counselor / Certified AT NHA Consultant

Jennifer Simoneau, LMSW, Family Therapist..... (734) 956-0051

- 2385 S. Huron Parkway  
Ann Arbor, MI 48104
- Accepts Aetna, Blue Care Network HMO Plans, Blue Cross Blue Shield PPO (BCBS), Blue Cross Complete, Cofinity, Health Spending Accounts, McLaren, Meridian

\* These resources are adoption sensitive



## PARC Resource Guide

- \*Lisa Inoue..... (734) 996-9111
- lisa@attachmentcoalition.org
  - Specializes in treating adults and children with trauma and attachment disorders. She utilizes a variety of approaches including *Dyadic Developmental Psychotherapy*, *EMDR* and *Mindfulness*. Lisa also trains parents in *Mindful Parenting* ([www.a2mindfulparenting.com](http://www.a2mindfulparenting.com))?????. Works in Ann Arbor.
- \*Samaritas..... (734) 971-1944
- Outpatient or Outreach counseling services in an individual, family or group capacity
  - Therapeutic Parent Coaching to enhance parenting skills
  - Gain Understanding of Life Experiences within the Child Welfare System
  - Assist with Emotion Regulation
  - Decrease Negative Behaviors
  - Meet Mental Health Needs of Children and Adults involved with CPS, Protect
  - Mi Families, Foster Care, SIL, Voluntary Young Adult Foster Care, and Post Adoption or Guardianship
  - Accepts Medicaid and Medical Subsidy
  - 2770 Carpenter Rd. #200 Ann Arbor, MI 48108
- \*Matruka Sherman.....(734) 681-3352
- Trauma informed therapist
  - 2345 S. Huron Pkwy  
Suite 2  
Ann Arbor, MI 48104
  - Accepts Aetna, Cigna, Medicare, Blue Cross/Blue Shield, Magellan Behavior Health and ValueOptions
- \* Paula Meyer.....(734) 769-7299
- 321 S. Main St. Suite 203
  - Ann Arbor, MI 48104
  - Accepts Blue Cross/Blue Shield
  - Offers sliding scale fees
- \*Patricia Fero .....(734)-956-0908
- Clinical Social Worker in Ann Arbor  
Offer sliding scale fees  
Accepts Mastercard and Visa  
Accepts Aetna, Blue Cross/Blue Shield, Horizon Healthcare, Medicare, United, Behavioral Health Systems, Cigna, Magellan Behavior Health and Priority
- \* Still Waters Counseling.....(734)944-3446
- Several therapists who are comfortable working with adoptive families. To look at staff profiles, visit [www.still-waters-counseling.com](http://www.still-waters-counseling.com)
  - Accept medical subsidy, but if there is other insurance then that will be billed first.
  - Accept most insurance. Check with office manager when scheduling appointment.

## PARC Resource Guide

- 2376 Wildwood Trail  
Saline, MI 48176
- The Corner Health Center..... (734)484-3600
  - Counseling services geared towards adolescents and young adults ages 12-21
  - Services are free
  - 47 N. Huron Street  
Ypsilanti, MI 48197
- Thrive Counseling.....(734)436-4249
  - Counseling for individuals, families and couples
  - 2245 S. State Street, Suite 1100
  - Ann Arbor, MI 48104
  - [hello@thrivecounseling2.com](mailto:hello@thrivecounseling2.com)
- University Center for Children & Family .....(734) 764-9466
  - Counseling, therapy, and mental health services to children and families in the following areas: Parenting, Emotional and Behavioral Concerns, Social Skills Grief and Loss, Learning Disabilities, Relationship Issues for Marriage and Couples.
  - Accepted insurance include: Aetna, Blue Care Network, BlueCross, BlueShield Medicaid.
  - <http://iha.umich.edu/university-center-child-family>

### Equine Therapy

- Amber Burkhardt-Sidebottom.....(734)276-2765
  - 8139 Ernst Road, Manchester, MI
  - [amber@bridgewatersupportiveservices.com](mailto:amber@bridgewatersupportiveservices.com)

### Support Groups

- Catholic Social Services of Washtenaw County.....(734) 971-9781
  - Professionally run groups for birth parents, adult adoptees, and adoptive parents.
  - Free of charge
  - Contact people: Elly Falit, MSW, LMSW, ACSW; Julie Payne, MSW, LMSW; Holly Nicewander, MSW, LLMSW
  - Visit their website at [www.csswashtenaw.org](http://www.csswashtenaw.org)
  - Location: 4925 Packard, Ann Arbor, MI, 48108
- CHADD..... [washtenaw-county@chadd.net](mailto:washtenaw-county@chadd.net)
  - Presentations and support group meetings for both Parents/Caregivers of Children with ADHD and Adults with ADHD living in the Washtenaw County area
  - Location: WISD Building (Washtenaw Intermediate School District)  
Address: 1819 S. Wagner Rd., Ann Arbor, MI 48106  
Dates: 4th Tuesday of each month (beginning September 2012)  
Time: 7:00 pm - 9:00 pm
- Hands Across the Water..... (734) 477-0135

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## PARC Resource Guide

- Professionally and parent run parent, children, LGBTQ support groups.
  - No private insurance or medical subsidy accepted
- Fabulous Foster & Adoptive Parent Support Group.....(734)757-5086
- Contact person: Lynne Havlik [lynne\\_havlik@judsoncenter.org](mailto:lynne_havlik@judsoncenter.org)
  - Open to all foster and adoptive parents
  - First Monday of the month
  - 6:00-8:00pm  
242 Church  
648 S. Wagner Rd  
Ann Arbor, MI 48103
- Grandparents as Parents Support Group.....(734) 712-3774
- Contact person: Christine Rockwood
  - Four locations: St. Joseph Hospital in Ann Arbor, Chelsea First United Methodist Church, Ypsilanti at the Senior Center, and Whitmore Lake at the elementary school.
  - Call for more information.
  - 5361 McAuley Dr.  
Ypsilanti, Michigan
- Mindful Parenting..... [a2mindfulparenting@gmail.com](mailto:a2mindfulparenting@gmail.com)
- Mindful Parenting groups are held on Saturdays from 1:00-2:30 pm throughout the year at Ann Arbor Consultation Services ([www.a2consultation.com](http://www.a2consultation.com)). Groups are six weeks in length and take place at our office at 3055 Plymouth Rd. in the basement conference room.
  - <http://a2mindfulparenting.com/???>
- National Alliance of Mental Illness Washtenaw..... (734) 994-6611
- NAMI members provide support, education, and advocacy for consumers, their friends, and their families during all phases of their mental illness journey.
  - NAMI Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
  - All programs are not available with all NAMI chapters. Please contact your local chapter to see what is available.
  - 1100 North Main St.  
Ann Arbor, MI, 48104
  - <http://www.namiwc.org/>
- Strengthening Myself .... <http://www.strengtheningmyself.wordpress.com>
- This is a group for adopted young people between the ages of 12 and 15. It takes place on Tuesdays from 4:45-6 p.m. in Ann Arbor.
  - The format of strengthening Myself addresses the need many young people have to decide on their own goals and learn how to accomplish those goals independently. Group members learn about goal-setting, shaping positive habits and managing emotions that might derail them from their goals. Working as a team we are able to do this in a fun and creative format that strengthens their self-awareness and mastery. The group cheers one another on toward success.

## Runaway and Homeless Youth Services

Ozone House.....(734)662-2222

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families
- [www.ozonehouse.org](http://www.ozonehouse.org)
- 1705 Washtenaw  
Ann Arbor, MI 48104

## Teen Resources

Ozone House..... (734) 662-2265

- Ozone House is a community-based non-profit agency that helps young people lead safe, healthy and productive lives through intensive prevention and intervention services.
- Services offered include: 24-Hour crisis hotline (662-2222), individual and family therapy, case management, LGBTQ youth support, community education and outreach, drop-in center, street outreach, project SpeakOUT, QueerZone, nightly hot meals and activities, and various emergency housing options.

## Psychiatrists

Marnie Burkman..... (734) 237-6610

- Michigan Integrative Psychiatry, PC  
107 Aprill Drive  
Suite 4  
Ann Arbor, Michigan 48103
- Specializes in depression, anxiety, and trauma/PTSD
- Accepts Aetna, Blue Cross/Blue shield, and Cigna insurance

Sara Dumas..... (734) 864-2650

- 101 W Liberty St  
# 360  
Ann Arbor, MI 48104
- Accepts Blue Cross/Blue Shield and First Health (Coventry Health Care) PPO
- Specializes in child and adolescent psychiatry

Ellen Grosh..... (734) 971-0200

- 2020 Hogback Rd  
Ste 15  
Ann Arbor, MI 48105
- Specializes in Child and Adolescent Psychiatry
- Accepts private payments or insurance
- Accepts Blue Cross Blue Shield PPO plans, Priority Health, Health Alliance Plan (HAP) and Aetna

Joe Harvey..... (734) 593-5250

- 775 S Main St  
Chelsea, MI 48118

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## PARC Resource Guide

- Specializes in Child and Adolescent Psychiatry
  - Accepts Aetna, Blue Cross/Blue Shield, Humana, Priority Health
- Moina Hassan..... (734) 944-8300
- 1235 Industrial Dr  
Ste 4  
Saline, MI 48176
  - Specializes in Pediatric Psychiatry
  - Accepts Medicaid, Blue Cross/Blue Shield, Humana, Priority Health, HAP insurance, Medical Mutual of Ohio
- Craig Lemmen..... (734) 996-9111
- 5331 Plymouth Rd  
Ann Arbor, MI 48105
  - Specializes in Child Psychiatry
  - Accepts Aetna and Blue Cross/ Blue Shield
- Jean-Paul Pegeron..... (734) 931-6257
- 1785 W. Stadium Blvd.  
Suite 201-D  
Ann Arbor, Michigan 48103
  - Accepts several types of insurance
  - Specializes in depression, loss or grief, and relationship issues
- Dwarakanath Rao..... (734) 329-5251
- 555 East William  
Suite 24-1  
Ann Arbor, MI 48104
  - Accepts several types of insurance.
  - Specializes in relationship issues, self-esteem, and depression
- \*Albert Sayad..... (734)677-4770
- 2020 Hogback Rd  
Ann Arbor, MI 48105
- \*Pamela V. Sohoni.....(734)677-5900
- 2020 Hogback Rd Suite 19  
Ann Arbor, MI 48105
  - Accepts Aetna and Principal Financial insurance
- Linda Speck.....(248) 324-0337
- 37875 W 12 Mile Rd  
Suite 220  
Farmington Hills, MI 48331
  - Accepts several types of insurance
  - Specializes in Psychiatry as well as child and adolescent psychiatry

### **Children with Special Needs**

- Association for Children’s Mental Health.....(517) 336-7222
- Association for Community Advocacy.....(734) 484-4177
- Family support subsidy

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Rev Date 6.10.2019

## PARC Resource Guide

- State of Michigan financial assistance for families with low income and child disability
- Children’s Special Health Care Services..... (734)544-6700
- 555 Towner  
P.O. Box 915  
Ypsilanti, MI 48197-0915
  - Coverage and referral for specialty services based on the person's health problems.
  - Family centered services to support you in your role as primary caretaker of your child.
  - Community based services to help you care for your child at home and maintain normal routines.
  - Culturally competent services which demonstrate awareness of cultural differences.
  - Coordinated services to pull together the services of many different providers who work within different agencies.
- Sunfield Center..... (734) 222-9277
- Offers many clinical services for the following: Autism Spectrum Disorders Service, ADHD & Disruptive Behavior Disorder Service, and Anxiety Disorders Service.
- <http://sunfieldcenter.com/>

### **Educational Services**

- Boys and Girls Club of Southeast Michigan.....(248) 473-1400
- [www.bgcsm.org](http://www.bgcsm.org)
  - Open to ages 6-18 (Grades 1-12)
  - Youth development and enrichment programs
  - \$50 annual membership per child
- Eastern Michigan University MAGIC.....(734) 487-0899
- Mentorship Access Guidance In College exists to increase the graduation rates among students who have experienced foster care or homelessness by removing barriers that interfere with academic success and the process of becoming an interdependent adult.
- University of Michigan Blavens Scholar.....(734) 764-7420
- Each Blavin scholar is matched with a mentor selected from U of M’s faculty and staff. Our mentors have similar interests to our scholars and are academically relevant, though they also provide emotional and social support.
- Washtenaw Area Council for Children..... (734) 434-4215
- Promoting child safety and well being and to prevent child maltreatment, abuse and neglect through educational services and programs to children, parents, community members and youth-serving professionals throughout Washtenaw County.
- Washtenaw Community College REACH .....(734) 973-3572

- The REACH (realizing educational achievement can happen) program is designed to support students who have experienced foster care. Students will have access to a Campus Coach who will provide support and guidance and connections to valuable community and college resources vital in meeting their educational and career goals.

### School Help

The Dispute Resolution Center.....(734) 794-2125

- Helps to resolve conflicts in schools when a student has harmed another student or staff member.
- Assists parents in working with the schools to resolve conflicts surrounding IEPs, special education, school attendance, and other issues the family may be encountering.

### FASD Resources

Fetal Alcohol Spectrum Disorders Clinic.....(734)232-1530

- Accepts most insurances
- Each appointment includes a review of the child’s history and a physical exam with an emphasis on the phenotypic characteristics that can result from prenatal alcohol exposure. In addition, children will receive a neuropsychological evaluation to evaluate the neurocognitive and behavioral profile of children with suspected FASD. Patients will also have a coordinated assessment with Pediatric Genetics on the same day to evaluate potential genetic factors that may contribute to the child’s developmental and behavioral presentation. The appointment will take approximately five hours total with a break in between the different parts. Based on the FASD, neuropsychological and genetics evaluations diagnostic impressions will be provided at the appointment; however, diagnosis, referrals and recommendations for continued care will be provided during a feedback visit. This will allow for the doctor to review results from the neuropsychological evaluation.
- Best way to communicate is via email: [fas-clinic@med.umich.edu](mailto:fas-clinic@med.umich.edu)
- University of Michigan Hospitals  
1500 E Medical Center Dr.  
1924 Taubman Center SPC 5318  
Ann Arbor, MI 48109

### Child Care

Ann Arbor YMCA Child Care.....(734) 663-0536

- [www.annarborymca.org](http://www.annarborymca.org)
- A safe environment for all children to learn and grow.

Child Care Network/Washtenaw Regional 4C.....(734) 975-1840

- [www.childcarenetwork.org](http://www.childcarenetwork.org)

PARC Resource Guide

- Referrals to all licensed child care settings and preschools serving children with and without special needs; training for child care providers; limited number of scholarships available.

**Respite**

CSTS..... (734)973-4887

- Provides support to families with emotionally disturbed children and adolescents and serves families where a parent has a mental illness. Program works to match families with trained respite providers or may use family friends to assist. Vouchers for community activities are also sometimes available

**Nutrition**

The Corner Health Center..... (734) 484-3600

Washtenaw County Health Department..... (734)544-6800

**Health Care Services**

Corner Health Center..... (734)484-3600

- Geared towards adolescents and young adults ages 12-21
- Offers a full range of medical services.
- 47 N. Huron St  
Ypsilanti, MI 48197

Hope Medical Clinic.....(734) 481-0111

- Primary care for patients without insurance or the ability to pay for health care.
- For children and adults.
- \$5 donation for services requested but not required.

Packard Health..... (734)971-1073

- Primary medical care for adults and children.
- Nutritional counseling.
- Diabetes education.
- Assistance applying for health coverage for the uninsured
- Offers sliding scale fee

Regional Alliance for Healthy Schools.....

Willow Run Schools.....(734)961-6265

Scarlett Middle Schools.....(734)677-2708

Ypsilanti Middle School..... (734)714-1318

Ann Arbor Tech.....(734) 973-9167

Lincoln High School..... (734) 714-9600

Ypsilanti High School..... (734) 714-1007

- Services include treatment of childhood illness and physical exams/immunizations.
- For school age children and their siblings.



PARC Resource Guide

- Most insurance is accepted. Will also see the uninsured.

**Family Services**

The Dispute Resolution Center..... (734)794-2125

- Washtenaw County Sheriff's Office  
2201 Hogback Rd  
Ann Arbor, MI 48105
- Help mediate familial conflict in a safe space.
- Service price is negotiable.

SOS community Service..... (734)485-8730

- Shelters for homeless families as well as food assistance through food pantry
- 114 North River
- Ypsilanti, MI 48198
- <http://www.soscs.org/>

## Region 6 Resources

### Genesee County

#### Crisis Helpline

\*Genesee Health System.....(810) 257-3740

#### Counseling

Genesee County Health Systems/Community Mental Health..... (810) 257-3705

- Programs include: emergency and diagnostic service, inpatient & outpatient services, residential services, day program services, habilitation & rehabilitation services and a crisis clinic.
- Substance use disorder assessment and treatment services for people who are uninsured, under-insured, Adult Benefit Waiver, Medicaid, or MICHild recipients.

Catholic Charities..... (810)232-9950

- Most insurances are accepted. Sliding fee scale is available for underinsured or uninsured.
- Many counselors with various specialties.

\* Lauren Peabody.....(810) 931-5354

Nature Family Center  
2325 W. Shiawassee Suite 103  
Fenton, MI 48430  
[www.nurturefamilycenter.com](http://www.nurturefamilycenter.com)

\*Dr. Elizabeth Rose.....(810) 355-4654

- 12765 S. Saginaw Street  
Suite #301  
Grand Blanc, Michigan 48439
- Specialties include: Anxiety, Mood Disorders, Relationship Issues
- Aetna, BlueCross and/or BlueShield, Cofinity, HealthPlus, Magellan Behavioral Health, Multiplan, Behavioral Health Systems, Cigna, ComPsych, Humana, McLaren Health Plan, ValueOptions

\*Dr. Harold S. Sommerschild.....(810) 643-1995

- 12809 S. Saginaw St.  
Suite 208  
Grand Blanc, Michigan 48439
- Specialty includes Relationship Issues, Depression, Anxiety

## PARC Resource Guide

- Aetna, BlueCross and/or BlueShield, Cofinity, HealthPlus, Magellan Behavioral Health, Multiplan, Behavioral Health Systems, Cigna, ComPsych, Humana, McLaren Health Plan, ValueOptions

\*Dr. Yvonne Makidon..... (810) 659-7242

- Couples, family, and individual therapy
- Certified Advanced Alcohol and Drug Counselor
- Accepts the following insurance: Blue Cross/Blue Shield, Value Options-Commercial, Medicare, McLaren, and Magellan insurances
- <http://www.grandblanctherapy.com/index.html>
- Grand Blanc Therapy  
8240 Embury Road  
Suite A  
Grand Blanc, Michigan 48439

Family Service Agency..... (810)767-4014

- <http://www.fsamich.org/>
- 1422 W. Court St., Flint, MI 48503  
Accepts the following insurance plans: Blue Cross Blue Shield Traditional, McLaren Health Plan, McLaren Health Plan-Medicaid and Medicare. Employee Assistance and Managed Care Programs provided by employers are also accepted.
- For those without insurance we offer a Sliding Fee Scale, which is based on family income. No one is denied services because of an inability to pay.
- Individual, Couples, and Family Counseling is offered along with Behavioral Health, Family Mediation, and Workshops.

\*Foster Family Services.....(734)-276-7906

- Sheryl Foster LMSW
- In home counseling service for adoptive families.
- Experienced with attachment disorders
- Trauma informed
- Accepts Medicaid, medical subsidy and private insurance
- [fosterfamilysvc@yahoo.com](mailto:fosterfamilysvc@yahoo.com)

\* These resources are adoption sensitive  
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## PARC Resource Guide

### \*Lutheran Social Services of Michigan.....(855) 444-3911

- Outpatient or Outreach counseling services in an individual, family or group capacity
- Therapeutic Parent Coaching to enhance parenting skills
- Gain Understanding of Life Experiences within the Child Welfare System
- Assist with Emotion Regulation
- Decrease Negative Behaviors
- Meet Mental Health Needs of Children and Adults involved with CPS, Protect MI Families, Foster Care, SIL, Voluntary Young Adult Foster Care, and Post Adoption or Guardianship
- Accepts Medicaid and Medical Subsidy
- Behavioral Health services are offered through the LSSM office in Benton Harbor, Kalamazoo, Jackson, Ann Arbor, Troy
- 1803 Whites Road, Suite 5  
Kalamazoo, MI 49008
- Email: CFtherapy@lssm.org

### Mott Children's Health Center..... (810)768-7561

- Health Plus Partners/PPOM/Champus and other insurers reimburse for our services. Clients will not be turned away for inability to pay
- Mental health treatment including psychiatric evaluations, medication management, psychological testing for children, groups for children with ADHD, grief & loss support groups for children, and mental health prevention and education
- 806 Tuuri Place  
Flint, MI 48503

### \*Rachelle McGarry.....(810) 395-5044

- She has extensive training and expertise in play therapy, sand-tray therapy, rapid trauma resolution, and family therapy
- Accepts most insurance but doesn't accept Medicaid
- Hillside Behavioral Center  
8435 Holly Road  
Grand Blanc, Michigan 48439

### REACH & Traverse Place.....(810)233-8700

- Services for families include crisis intervention, counseling, safe shelter, family counseling to reunite young people and their parents, and resource assistance to find other programs that may offer additional help.
- If a home situation is dangerous, a "cooling off" period is needed, or a young person has already run from home, they offer placement in their licensed shelter.

## PARC Resource Guide

- Available 24 hours a day, 7 days a week, to offer immediate assistance to young people and their families. Licensed REACH facility is open all day and night to offer shelter for youth 10 to 17 years old who need a safe place to stay.
- Website: <http://www.reach-traverseplace.org/>

\*Sherry Daniels.....(810) 207-1672

- Family Counselor
- Accepts a wide range of insurance including Aetna, Cigna, Coventry, Humana, McLaren, United, Behavioral Health Systems, Cofinity, Great-West, Magellan Behavioral Health, Multiplan, ValueOptions
- Ascend Counseling Services  
2325 W. Shiawassee Ave.  
Suite 105  
Fenton, Michigan 48430

### Support Groups

Adoptive/Guardianship Family Support Group.....734-528-1720 Ext. 23272

- The Post Adoption Resource Center (PARC) invited families to join other adoptive/guardian parents at a monthly adoptive family meeting. The first meeting is Thursday, April 7th.
- 1st Thursday of each month; 6-8p
- Location: South Baptist Church; 4091 Van Slyke Rd, Flint, MI 48507
- Potluck dinner at arrival; please bring a dish to pass if you are able, but there is plenty of food if you cannot. PARC will provide plates, napkins, and silverware. Fellowship and support meetings for adults to follow dinner. Childcare and activities provided for kids ages 5 and up with RSVP.
- RSVP by email to [rachel\\_kornilakis@judsoncenter.org](mailto:rachel_kornilakis@judsoncenter.org) or by phone

Catholic Charities..... (810) 232-9950 ext. 378

- Kinship support group
- Meeting Location: Bunche Elementary
- Time: 3rd Wednesday of each month
- Contact: Gregory Wilson

National Alliance on Mental Illness, Genesee Chapter..... (810) 232-6498

- NAMI Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
- All programs are not available with all NAMI chapters. Please contact your local chapter to see what is available.
- Support Groups meets on the 4th Tuesday of the month at McLaren Community Medical Center, 1314 South Linden Road, Flint, MI 48532. Enter through the door for Radiology. Contact phone number is (810) 232-6498
- P.O. Box 1320  
Flint, MI, 48501

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- <http://www.namigenesee.org/>

### **Runaway and Homeless Youth Services**

- Carriage Town Ministries..... (810) 233-8787
- Genesee County Youth Corporation..... (810)233-8700
- Crisis based services available to youth between the ages of 12 and 17, their siblings and families.
  - 914 Church St  
Flint, MI 48502
- My Brother's Keeper..... (810) 234-1163
- REACH & Traverse Place.....(810)233-8700
- Services for families include crisis intervention, counseling, safe shelter, family counseling to reunite young people and their parents, and resource assistance to find other programs that may offer additional help.
  - If a home situation is dangerous, a "cooling off" period is needed, or a young person has already run from home, they offer placement in their licensed shelter.
  - Available 24 hours a day, 7 days a week, to offer immediate assistance to young people and their families. Licensed REACH facility is open all day and night to offer shelter for youth 10 to 17 years old who need a safe place to stay.
  - Website: <http://www.reach-traverseplace.org/>
- YMCA (women and children)..... (810) 238-7621

### **Psychiatrists**

- Ellen Johnson.....(810) 232-9950
- Catholic Charities  
901 Chippewa St Suite 1  
Flint, MI 48503
  - Child and adolescent psychiatrist
  - Accepts Aetna & CIGNA insurance
- Janet G. Warner.....(810) 391-0662
- Consumer Services Psychiatric Clinic  
4400 S Saginaw St Suite 1400  
Flint, MI 48507
  - Child and adolescent psychiatrist
  - Accepts a wide variety of health insurance
- Nikhil K. Vora.....(810) 230-3370
- 1125 S Linden Rd Suite 210  
Flint, MI 48532
  - Child and adolescent psychiatrist
  - Accepts a wide variety of insurances.

### **Children with Special Needs**

- Children's Special Health Care Services.....(810) 257-3146
- 630 S. Saginaw St

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PARC Resource Guide

Ste. 4  
Flint, MI 48502

- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

**Respite**

Genesee County CMH Child & Adolescent Services..... (810) 257-3676

- 1102 Mackin Rd, Flint, MI 48503

**Employment Services**

Job Corps..... (810)232-9102

Free education and training program that helps young people learn a career, earn a high school diploma or GED, and find and keep a good job.

Must be 16 years of age or older that qualify as low income

2400 N. Saginaw Street

Flint, MI 48505

<http://flintgenesee.jobcorps.gov>

Michigan Works, Career Alliance..... (810)233-5974

**Food Assistance**

Bread of Life..... (810)785-6911

Bristol Road Church of Christ..... (810)238-3627

Carriage Town Ministries..... (810)233-8787

Catholic Outreach..... (810)234-4693

Crossover Downtown..... (810)234-2479

East Side Mission..... (810)767-5312

First Presbyterian Church..... (810)234-8673

GCCARD (Neighborhood Services)..... (810)768-4675

Genesee County Health Department..... (810)237-4537

Greater Flint Outreach Center..... (810)767-4064

Holy Angels..... (810)785-6911

Love, Inc..... (810)235-4990

My Brother's Keeper..... (810)234-1163

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## PARC Resource Guide

North End Soup Kitchen.....	(810)785-6911
Outreach East.....	(810)653-7711
Salvation Army Beecher Corps Kids Café.....	(810)789-4003

### Health Needs

American Red Cross.....	(810)232-1401
Flint V.A. Outpatient Clinic.....	(810)720-2913
Genesee County Free Medical Clinic.....	(810)235-4211
Genesee County Health Department	
Burton Health Center.....	(810)742-2255
McCree Health Center.....	(810)257-3612
Genesee County Health Plan.....	(810)232-7710
Hamilton Health Network.....	(810)406-4246
MI Child Health Insurance.....	(888)988-6300
Mott Children’s Health Center.....	(810)767-5750
Beecher Teen Health Center.....	(810)591-9333
Northwestern Wellness Center.....	(810)760-5076

### Housing Assistance

Affordable Living Services.....	(810)238-2970
Catholic Outreach.....	(810)234-4693
Disability Network.....	(810)742-1800
Flint Housing Commission.....	(810)736-3050
GCCARD.....	(810)762-4913
GCCARD(Neighborhood Service).....	(810)768-4675
Homes for Hope.....	(810)288-7787
Human Relations Commission.....	(810)288-7787
Metro Community Development.....	(810)767-4622
Mission of Peace.....	(810)232-0104
Outreach East.....	(810)653-7711
Salvation Army.....	(810)232-2196
UAW Labor Rep. At United Way.....	(810)762-5831

### Financial Aid

Department of Human Services	
125 E. Union Street.....	(810)760-2200
630 S. Saginaw Street.....	(810)760-7300
4100 W. Pierson Road.....	(810)787-7101
Catholic Outreach.....	(810)234-4693
GCCARD (Neighborhood Services).....	(810)768-4675
Salvation Army.....	(810)232-2196

### Material Goods

Bristol RD Church of Christ.....	(810)238-3627
Carriage Town Ministries.....	(810)233-8787

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PARC Resource Guide

Eastside Mission.....	(810)767-5312
Greater Flint Outreach Center.....	(810)767-4064
Heartbeat.....	(810)232-3101
Love, Inc.....	(810)235-4990
St. Vincent DePaul.....	(810)780-4071

**Legal Services**

Lawyer Referral Service.....	(810)232-6000
Legal Services of Eastern Michigan.....	(810)762-5831

## Huron County

### Crisis Helpline

\*Huron Behavioral Health.....(800) 356-5568

### Counselors

Huron County Community Mental Health Services..... (989) 269-8452

- 1108 S Van Dyke Rd  
Bad Axe, MI 48413

Linda Sarigiannis..... (989)856-7855

- 7041 Main St  
Caseville, Michigan 48725
- Specializes in depression and family conflict
- Accepts a wide variety of insurances.

\*Tammy L. McPherson..... (989) 269-5180

- 117 S. Port Crescent  
Bad Axe, MI 48413

\*Trevor Grice..... (989) 975-0651

- List Psychological Services  
7484 West Michigan Avenue, Suite C  
Pigeon, MI 48755
- Special interests include skill training for parents struggling with behavioral issues, marital/relationship issues, and ADHD/learning disorder training.
- Accepts a wide variety of insurance
- <http://www.listpsych.com/>

### Support Groups

Adoption, Foster Care, and Kinship Support Group..... (989) 269-2369

- Meeting Location: China King (restaurant), in Bad Axe
- Time: 2 Tuesday of the month, 12-2 or 3
- Contact: Amy Van Tifflin

Caseville United Methodist Church..... (517) 856-4009

- Depression support group
- First and third Tuesday of every month at 7pm
- 6490 Main St.  
Caseville, MI 48725

### Psychiatrists

Barbara Mary Davenport..... (989) 269-9293

- Huron Behavioral Health  
1108 S Van Dyke Rd  
Bad Axe, MI 48413

Javed Haque..... (989) 269-9293

## PARC Resource Guide

- Huron Behavioral Health  
1108 S Van Dyke Rd  
Bad Axe, MI 48413
  - Specializes in child and adolescent psychiatry
  - Accepts a variety of insurances and Medicare
- Yolanda C Edler..... (989) 269-9293
- Huron Behavioral Health  
1108 S Van Dyke Rd  
Bad Axe, MI 48413
  - Accepts Aetna, BCBS Illinois, Blue Cross/Blue Shield and Cofinity

### **Children with Special Needs**

- Children's Special Health Care Services..... (989) 269-9721
- 1142 S. Van Dyke  
Bad Axe, MI 48413
  - Coverage and referral for specialty services based on the person's health problems.
  - Family centered services to support you in your role as primary caretaker of your child.
  - Community based services to help you care for your child at home and maintain normal routines.
  - Culturally competent services which demonstrate awareness of cultural differences.
  - Coordinated services to pull together the services of many different providers who work within different agencies.

### **Respite**

- Michigan Department of Human Services, Huron County..... (989) 269-9201
- 1911 Sand Beach Rd  
Bad Axe, MI 48413

## Lapeer County

### Crisis Helpline

\*Lapeer County CMH Services.....(810) 667-0500

### Counseling

\*Abundant Life Counseling.....(810)-252-1315

- 456 N. Main St.  
Lapeer, MI 48446  
<http://luanjackson.com/>

\*Amy Bolton..... (734)726-0406

- Adoption sensitive therapist
- 2242a W. Jefferson  
Trenton, MI 48183  
Offers sliding scale fees  
Accepts a variety of insurances

\* Catholic Social Services (Auburn Hills)..... (248)537-3300  
(Waterford)..... (248) 666-8870

- Licensed/certified therapists can treat conditions including, but not limited to, anxiety, stress, depression, eating disorders, child and teen behavior issues, marital and relationship issues, family conflict, post-trauma, anger management, grief & loss, and alcohol & drug addiction.

\*Christine Fisk..... (248) 561-7308

- [cfisk@wideopenwest.com](mailto:cfisk@wideopenwest.com)
- 85 Crestfield Ave  
Troy, MI 48085

\*Clifford Stevens..... (810) 844-1939

- Personal Professional Counseling  
325 N. Main St, Suite A  
Davison, Michigan 48423
- Accepts a wide variety of insurances
- Specializes in PTSD, emotional, physical and sexual abuse, adjustment to life changes, family relationships, ADHD, RAD and parenting education and support
- <http://www.persprof counseling.com/index.html>

\*Dr. Jill Castro..... (248) 721-9601

- Adoption sensitive
- Betz King & Associates  
26105 Orchard Lake Rd  
Suite 204  
Farmington Hills, MI 48336

\*Kimberly Owen..... (810) 538-0229

- Concepts in Counseling  
608 Fox Street  
Lapeer, MI 48446

\* These resources are adoption sensitive  
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- Accepts BCBS Illinois, Blue Cross/Blue Shield, CIGNA, Cofinity, Humana, MultiPlan
- \*KKT Counseling, LLC..... (248) 563-7288
- [karolteetor@gmail.com](mailto:karolteetor@gmail.com)
  - 3563 Summit Ridge  
Rochester Hills, MI 48306
  - Adoption and foster care sensitive
- Lapeer County Community Mental Health..... (810) 667-0500
- 1570 Suncrest Dr.  
Lapeer, MI 48446
- \*Liz Grazioli Talbot..... (888)245-3115
- Adoption sensitive
  - Kairos Counseling Center  
71 N. Livernois Ave  
Suite F  
Rochester Hills, MI 48307
  - Offers sliding scale fees
  - Accepts Blue Cross/Blue Shield and Ceridian
- \*Lynn Hartung..... (248) 681-0018
- Adoption sensitive
  - Office located in Waterford
  - Offers sliding scale fees
  - Accepts a variety of insurance
  - Only accepts cash or checks
- \*Dr. Marshall Maldaver..... (248)567-2265
- Adoption sensitive
  - The Center for Psychological Services  
4950 Highland Rd  
Waterford, MI 48328  
Offers sliding scale fees  
Accepts a variety of insurance  
Accepts Mastercard and Visa
- \*Dr. Natasha Kendal..... (248) 716-5392
- Adoption sensitive
  - Office located in West Bloomfield
  - Accepts Aetna, Cigna, ValueOptions and Blue Cross/Blue Shield
  - Accepts Mastercard and Visa
  - No sliding scale
- \*Randall Cripe..... (248)763-6490
- Trauma informed therapist
  - Adoption sensitive
  - Clear Life Services  
33634 W 8 Mile Rd  
Suite 31

## PARC Resource Guide

Farmington Hills, MI 48335

- Offers sliding scale fees
- Accepted payment methods are cash, check, Mastercard, Visa and Paypal
- Doesn't participate with any insurance providers

REACH & Traverse Place.....(810)233-8700

- Services for families include crisis intervention, counseling, safe shelter, family counseling to reunite young people and their parents, and resource assistance to find other programs that may offer additional help.
- If a home situation is dangerous, a "cooling off" period is needed, or a young person has already run from home, they offer placement in their licensed shelter.
- Available 24 hours a day, 7 days a week, to offer immediate assistance to young people and their families. Licensed REACH facility is open all day and night to offer shelter for youth 10 to 17 years old who need a safe place to stay.
- Website: <http://www.reach-traverseplace.org/>

\*Tina Marie Balla-Cyman..... (810) 545-8967

- Simon Says Services  
4683 Water Street, Suite 1  
P.O. Box 247  
Columbiaville, Michigan 48421
- Doesn't participate with any insurance providers
- Offers sliding scale fees
- Specializes in working with children, teens and families

\*Dr. Wendy Essenburg..... (248) 955-5909

- Adoption sensitive
- Agape Family Counseling  
1460 Walton Boulevard  
Suite 218  
Rochester Hills, MI 48309
- No sliding scale
- Accepts Blue Cross/Blue Shield
- Accepts Mastercard and Visa

### **Support Groups**

Adoptive, Foster, and Kinship Parent Support Group..... (810) 577-4067

- 6:30 pm, second Wednesday of the month
- St. Pauls Lutheran Church 90 Millville Rd. Lapeer Rd, Lapeer, MI

Families Anonymous (West Bloomfield)..... (248) 363-8235

(Birmingham)..... (248) 542-2178

Or (248) 225-7989

Or (248) 763-3080

### **Youth Resources**

\* These resources are adoption sensitive

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## PARC Resource Guide

- REACH & Traverse Place.....(810)233-8700
- Services for families include crisis intervention, counseling, safe shelter, family counseling to reunite young people and their parents, and resource assistance to find other programs that may offer additional help.
  - If a home situation is dangerous, a "cooling off" period is needed, or a young person has already run from home, they offer placement in their licensed shelter.
  - Available 24 hours a day, 7 days a week, to offer immediate assistance to young people and their families. Licensed REACH facility is open all day and night to offer shelter for youth 10 to 17 years old who need a safe place to stay.
  - Website: <http://www.reach-traverseplace.org/>

Starfish Family Crisis Shelter.....313-563-5005  
24 Hour Crisis Line.....866-672-4357

- The Starfish Family Services Crisis Shelter (formerly known as Counterpoint) helps families work through sensitive problems in a safe environment while offering temporary shelter and other counseling services to teens to help resolve family issues.

The center offers:

- A shelter to provide youth with a safe place to stay for two weeks when they or their families experience crisis, abuse or homelessness
- Individual and group counseling to help youth understand and cope with their problems, and to find healthy ways to deal with issues
- Family involvement and counseling to help develop problem solving and coping skills to strengthen families
- Prevention education to help resolve issues before they become serious problems
- Weekly counseling for youth and families who still need help working through difficulties at home

(Troy)..... (248) 892-4132

Methodist Children's Home Society..... (313) 531-9900

Wolverine Human Services..... (734) 284-9688

### **Psychiatrists**

Dr. Allan Keith Thorburn..... (810) 667-0500

- Lapeer County Community Mental Health Center  
1570 Suncrest Dr  
Lapeer, MI 48446
- Accepts Medicaid and Medicare

\*Dr. Bruce L Roth..... (810) 309-8989

- Adoption sensitive
- Commerce Psychiatric Services  
55 N Pond Dr.  
Suite 6  
Walled Lake, MI 48390

## PARC Resource Guide

- Accepts Aetna, Cofinity, Medicare, and Blue Cross/Blue Shield
- Offers sliding scale fees
- Accepts Mastercard and Visa

Dr. Gail E Stankee..... (810) 667-0500

- Lapeer County Community Mental Health Center  
1570 Suncrest Dr  
Lapeer, MI 48446

- Accepts Blue Cross/Blue Shield, Medicare and Medicaid

Robert Lawrence Lawton..... (810) 678-8807

- North Oakland Ent  
809 W Dryden Rd  
Metamora, MI 48455

- Accepts Blue Cross/Blue Shield, Humana, and Medicaid.

### **Children with Special Needs**

Association for Retarded Citizens (ARC) Downriver..... (734) 283-0710

- Various social events including weekly game night, movie night, club night, and sporting events.
- Yearly membership fee of \$30. Small fees (less than \$5) for certain social events.
- Serves adolescents and teenagers.

Children's Special Health Care Services..... (810) 667-0232

- 1800 Imlay City Road  
Lapeer, MI 48446
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

### **Respite**

Michigan Department of Human Services, Lapeer County..... (810) 667-0800

- 1505 Suncrest Dr  
Lapeer, MI 48446

### **Post Adoption Services**

LDS Family Services..... (248) 553-0902



**Faith Based Resources**

Northridge..... (734) 414-7777

- Offers support groups and other resources for adoptive families
- 49555 N.Territorial Rd  
Plymouth, MI 48170

## Sanilac County

### Crisis Helpline

\*Sanilac County CMH Authority.....(888) 224-4447

### Counseling

Jeff Thompson..... (810) 404-8524

- 119 E. Sanilac Rd. Ste #8 Sandusky, MI 48471
- Accepts insurance
- Specialize in children and anger management

Sanilac County Community Mental Health.....(810) 648-0330

- Therapy, Psychiatry, Wraparound, Peer Supports
- 227 E. Sanilac Ave. Sandusky, MI 48471
- <http://www.sanilaccmh.org/>

\*Tammy L McPherson..... (989) 269-5180

- 1240 W Sanilac Rd, Sandusky, MI 48471

\*Thumb Area Counseling Center.....(810) 648-4303

- 119 E Sanilac Rd #3, Sandusky, MI 48471
- Individual and Family Social Services

### Support Groups

Caregivers Support Meeting.....(810) 990-4676

Or (810) 348-7431

- Jennifer Armstead
- Chiquita Ford-White
- County Building, Conference Room B, 200 Grand River Ave, Port Huron, MI 48060

Community Counseling and Mentoring Services..... (810) 648-9548

- 6 Lexington St  
Sandusky, MI 48471
- Parent Education Group: This 8-week course offers two-hours weekly of direct parenting education in a group setting. Referral to the group also includes an outreach worker who provides in-home instruction and follow-up to the concepts presented in class.

### Psychiatrists

Sanilac County Community Mental Health..... (810) 648-0330

## St. Clair County

### Counseling

- \*Catholic Social Services of St. Clair County.....(810) 987-9100
  - Most insurance accepted
  - Family, Individual and Children’s Therapy Services, Pregnancy Counseling, Mental Health and Addiction Counseling and Services
  - 2601 13th St. Port Huron, MI 48060
  - <http://ccsem.org/>
- Colonial Woods Christian Counseling Center..... (810) 375-7471
  - Most insurance accepted
  - Offers sliding scale fees
  - 1101 Military Street  
Port Huron, Michigan 48060
  - <http://www.colonialwoodsmc.com/>
- Community Counseling and Mentoring Service..... (810) 987-2681
  - Parenting skills classes, Individual therapy, Family therapy, Home-based services, Youth Mentor services, Child of Divorce group, Parenting Time assessment, Life skills program, Independent Living Skills, Anger Management Group and Supervised Visitation
  - 312 Superior Mall, Port Huron, MI 48060
- \* Ennis Center..... (810) 990-1424 or (810) 966-8678
  - Individual therapy for children, teens, and adults, family therapy, and marriage counseling.
  - Several insurances accepted including: Blue Cross Blue Shield, Blue Care Network, HealthPlus (private and as a Medicaid health plan), McLaren Health Plan (private and as a Medicaid health plan), and Medicare.
  - 222 Huron Avenue, Port Huron, MI 48060
  - <http://www.enniscenter.org/>
- \* Lutheran Social Services..... (810) 479-9932
  - 3790 W Water St, Port Huron, MI 48060
  - <https://www.lssm.org/>
- \* NorServ Group, Ltd. .... (810) 329-4798
  - Parenting Skills classes, Individual Therapy, Family Therapy, Home-based services, Pre-and Post-adoption services-individual and family counseling
  - Accepts Medicare, Medicaid, Private insurance. All insurances accepted are listed on their website (www.norserv.com). They accept medical subsidy and bill directly.
  - 1322 River Rd. St Clair, MI 48079
  - <http://norserv.com>
- Professional Counseling Center..... (810) 984-4204
  - Individual, couple, family and group Therapy. Psychiatric and Medication Evaluations and Treatment. Psychological Evaluations and Testing. Child Custody/Parenting Time Evaluations. Evaluations and Treatment for

Attention Deficit Disorders for Children. Adolescents and Adults. Specialized Play Therapy For Children. Substance Abuse Treatment.

- Insurances: Medicaid, State Insurance (Other than Medicaid), Military Insurance, Access to Recovery (ATR) Voucher, and No Payment Accepted
- 520 Superior Street, Port Huron, Michigan 48060
- <http://www.pccporthuron.com/>

Renewal Christian Counseling Center..... (810) 966-0099

- 3847 Pine Grove Ave, Suite B, Fort Gratiot Twp, MI 48059
- <http://www.renewalcenter.org/>

St. Clair County Community Mental Health..... (810) 985-8900

- Individual therapy, family therapy, and home-based services. Psychological testing and psychiatric evaluation and medication evaluation. Provide in home services for children and their families with severe emotional disturbances, developmentally disabled, or adults & children with substance use disorders.
- Insurances: Medicaid or other public insurance plans.
- 3111 Electric Avenue, Port Huron, Michigan 48060
- <http://www.scccmh.org/>

### Support Groups

Al-Anon.....(989) 823-3243 or (989)670-1605

- Various locations and meetings throughout Port Huron are opened to those who know or think that their life is or may have been affected by someone else's excessive drinking

Anger Management for Children..... (989) 635-7137

Autism Society of America..... (810) 357-1679  
Or (586) 447-8835

Autism Support.....[mamaonamissionforautism@yahoo.com](mailto:mamaonamissionforautism@yahoo.com)

Children's Domestic Violence Support Group..... (810) 985-4950

Children's Special Health Care Services..... (810) 987-6102

Domestic Violence Support Group..... (810) 667-4175

National Alliance on Mental Illness Blue Water..... (810) 300-4948

- NAMI Connection, NAMI in Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
- All programs are not available with all NAMI chapters. Please contact your local chapter to see what is available.
- P.O. Box 591  
Marine City, MI, 48039
- [www.nami.org](http://www.nami.org)

RAINN (National Sexual Assault Hotline)..... (800) 656-HOPE

Safe Horizons/DARES..... (810) 985-5538

- Sexual assault group for adolescents

Sexual Assault Support Group..... (810) 985-4950 ext. 214

### **Runaway and Youth Shelters**

The Harbor..... (810) 982-8584

- Provides shelter, street-based community outreach, counseling, crisis intervention, and supportive services.
- All services are free of charge and confidential.
- 929 Pine Street Port Huron, MI 48060
- <http://www.harboryouth.com/>

### **Children with Special Needs**

Children's Special Health Care Services..... (810) 987-6102

- 3415 28<sup>th</sup> Street, Port Huron, MI 48060
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

### **Respite**

Michigan Department of Human Services, St Clair/Sanilac County... (810) 966-2000

- 220 Fort Street, Port Huron, MI 48060

St. Clair County Community Mental Health..... (810) 985-8900

- See clients with Medicaid, but also clients with no insurance or who have exhausted other options.
- Contract respite services out to other agencies, but client must first go through CMH to be referred.
- 3111 Electric Avenue, Port Huron, Michigan 48060
- <http://www.scccmh.org/>

## Tuscola County

### Crisis Helpline

\*Tuscola Behavioral Health Systems.....(989) 673-6191  
Or (800) 462-6814

### Counseling

New Light Child & Family Institute..... (989) 871-6695

- Family and individual counseling
- 8511 State St.
- Millington, MI 48746
- <http://www.newlightonline.net/>

\*Rebecca Ducham..... (989) 673-5700

- 467 N. State St  
Caro, Michigan 48723
- She has extensive experience in work with children and families as both a private practice therapist and a School Social Worker. She also provides treatment for groups with specialization in Parenting with Love and Logic, Pain and Stress Management and symptoms management.
- Accepts many insurances including Aetna, Blue Care Network, Blue Cross Blue Shield, Health Plus, and Health Alliance Plan.
- <http://www.listpsych.com/services.htm>

Tuscola Behavioral Health Systems..... (989) 673-6191

- 323 N State St  
Caro, MI 48723

### Support Groups

Thumb Area Assault Crisis Center..... (517)673-4121

- 429 Montague Avenue  
Caro, MI 48723
- Abuse/violence related support groups

### Psychiatrists

Jafferany Psychiatric Services ..... (989) 673-6191

323 N State St, Caro, MI 48723  
Accepts Aetna, Blue Cross and Blue Shield, CIGNA, Medicaid, Medicare,  
Molina, MultiPlan, United HealthCare

### Children with Special Needs

Children's Special Health Care Services..... (989) 673-8114 ext. 145

- 1309 Cleaver  
Caro, MI 48723

## PARC Resource Guide

- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

### **Respite**

Tuscola Behavioral Health Systems..... (989) 673-6191

- 323 N State St  
Caro, MI 48723

## Surrounding Counties

### Allegan County

#### Crisis Helpline

\*Allegan County CMH Authority.....(269) 673-0202  
Or (888) 354-0596

#### Counseling

- Allegan County Community Mental Health..... (269) 673-6617
- \* Bethany Christian Services..... (616) 396-0623
- Specialized trauma treatment for children 3-18 who have been adopted
  - Most insurance accepted
  - Ability to pay scale
  - <http://www.bethany.org/holland>
  - 12048 James St.
  - Holland, MI 49428
- \*Bettye Jo Bell, LLP..... (616) 355-7720
- [bjbell@tds.net](mailto:bjbell@tds.net)
  - 375 Fairbanks Suite 102  
Holland, MI 49423
- Catholic Charities of West Michigan..... (616) 796-9595
- <http://ccwestmi.org/>
- Catholic Family Services..... (269) 381-9800
- Ottagan Addictions Recovery..... (616) 396-5284
- 483 Century Lane
  - Holland, MI 49423
  - <http://www.oar-inc.org/index.html>
- Pat Crum Lubben (616) 391-8829
- Parent Educator/Certified AT NHA Consultant
- Pathways of Michigan..... (616) 396-2301
- <http://www.pathwaysmi.org/>
- WMU Clinic for Counseling and Psychological Services..... (616) 771-4171
- WMU-Grand Rapids, Downtown  
200 Ionia Ave SW  
Grand Rapids, MI 49503
  - <http://www.wmich.edu/grandrapids/counseling/>

#### Support Groups

- Bethany Christian Services..... (616) 396-0623
- Free support groups
- National Alliance on Mental Illness Bay..... (989) 686-6709
- NAMI Connection, NAMI in Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.

\* These resources are adoption sensitive



## PARC Resource Guide

- All programs are not available with all NAMI chapters. Please contact your local chapter to see what is available.
- 3520 Bangor Road  
Bay City, MI, 48706
- [www.nami.org](http://www.nami.org)

Pathways of Michigan..... (616) 396-2301

- Sliding fee scale
- Most insurance accepted, but not Blue Cross/Blue Shield

### **Psychiatrists**

Allegan County Community Mental Health..... (269) 673-0202

- 3285 122nd Avenue  
P.O. Drawer 130  
Allegan, MI 49010

### **Children with Special Needs**

Children's Special Health Care Services..... (269)673-4172

- 3255 122<sup>nd</sup> Ave  
Suite 200  
Allegan, MI 49010
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

### **Respite**

Allegan County Community Mental Health..... (269) 673-0202

- 3285 122nd Avenue  
P.O. Drawer 130  
Allegan, MI 49010

## Bay County

### Crisis Helpline

\* Bay-Arenac Behavioral Health Authority (CMH) .....(800) 448-5498  
24/7 (800) 327-4693

### Counseling

Bay-Arenac Behavioral Health Authority (CMH)..... (989) 895-2300

201 Mulholland

Bay City, MI 48708

Bay City Counseling and Wellness Center..... (989)372-0950

- 2010 15th Street  
Bay City, Michigan 48708
- Sliding scale
- Specializes in relationship issues

### Support Groups

AFSN Adoptive Family Support Group

2nd Monday of each month 6:30-8:00 PM

Location: River's Edge Learning Tree Child Development Center 311 Germania

Bay City

Please email for childcare availability.

Contact: RSVP to [mwhite@afsn.org](mailto:mwhite@afsn.org)

ARC of Bay County..... (989) 893-1346

- Monthly support group for family, parents, friends, and advocates of the mentally disabled at 7:00pm
- ARC office  
708 Columbus Ave  
Bay City

Children and Adults with Attention Deficit Disorders (CHADD)..... (989)737-0735

- Monthly meetings held at the Grace A. Dow Library Lounge in Midland from 7-9pm.
- This group is designed to provide education and support
- Contact person is Sabrina Frawley

Franklin Sollars and Associates..... (248) 841-8169

- Caregiver's Support Group: This group is ongoing, and is designed to provide support for caregivers of all kinds
- Insurances are accepted, and a sliding scale is available if needed for cash members.

Kinship..... (517) 894-1068

Kinship Care Support Group.....686-4998

- This group is a great way to meet others who are raising grandchildren, nieces, nephews, siblings, and other children of relatives.

## PARC Resource Guide

- The group focuses on topics of interest to kinship care families including resource information, educational presentations, and connection to other families raising related children and socialization.
- The group meets every Wednesday from 9:30-11:00am at St. Boniface Parish Center (corner of McKinley & Lincoln).
- No charge
- Contact Nancy

### National Alliance on Mental Illness Bay..... (989) 686-6709

- NAMI Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
- All programs are not available with all NAMI chapters. Please contact your local chapter to see what is available.
- 3520 Bangor Road  
Bay City, MI, 48706
- [www.nami.org](http://www.nami.org)

### Parenting Support Group-Boys and Girls Club.....892-6723

- Meets during the school year one evening per week at the Boys and Girls Club in Bay City.
- Groups include guest presenter, information on effective parenting strategies, problem solving, networking with other parents, and resource information.
- No charge to attend and no registration is required

## **Runaway and Youth Services**

### Cory Place..... (989)895-5566

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families.
- 581 N. Scheurmann Rd  
Bay City, MI 48708

## **Psychiatrists**

### Chalichama Rao..... (989) 895-8666

- Saginaw Psychological Services  
1000 N Johnson St  
Bay City, MI 48708
- Accepts Aetna, CIGNA, Coventry Health Care, Medicare, MultiPlan, Principal Financial, and United Health Care insurance

### Hema N. Talasila..... (989)799-5440

- 200 S Wenona St Suite G29  
Bay City, MI 48706

## PARC Resource Guide

- Accepts Aetna, AmeriGroup, Blue Cross/Blue Shield, CIGNA, Commercial Insurance Company, HealthNet, Medicare, MultiPlan, and Principal Financial insurances.

Philip L. Creps..... (989)684-7977

- List Psychological Services  
126 Washington Ave  
Bay City, MI 48708
- Specializes in pediatric and adolescent psychiatry
- Accepts a wide variety of insurances

Sachin B. Nagarkar..... (989) 799-9230

- 3070 Kabobel Dr  
Saginaw, MI 48604
- Accepts Aetna, Blue Cross/ Blue Shield, CIGNA, MultiPlan, and Principal Financial insurance

Venkat Talasila..... (989)667-9661

- MPA Group  
1217 S Euclid Ave  
Bay City, MI 48706
- Specializes in pediatric and adolescent psychiatry
- Accepts Aetna, Blue Cross and Blue Shield, CIGNA, and MultiPlan

### **Children with Special Needs**

Children's Special Health Care Services..... (989) 895-4235

- 1200 Washington Ave.  
Bay City, MI 48708
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

### **Respite**

Family Support..... (800)448-5498

- Family Support provides case coordination, counseling and respite to children (and their families) who have a developmental disability such as Mental Retardation, Autism, Epilepsy or Cerebral Palsy). Services may be requested by calling

- <http://www.babha.org>

### **Parenting Classes**

- Building Strong Families.....895-4026
- A 15-week parenting education series offered to parents who have young children age birth to three years.
  - A trained parenting staff person from the MSU Extension visits families 1:1 in their home to discuss parenting, child development, child safety, nutrition, reading to your child, connecting with community resources, handling difficult behavior, etc.
  - Contact Ann Arnold or Karen Gentle
- Family Enrichment Classes.....686-4800
- Eight-week parenting series offered by the YWCA of Bay County throughout the year.
  - Classes meet in the evening and include dinner.
  - Assistance with childcare and transportation in provided
  - No charge for the group
- Parenting Angry and Defiant Kids.....895-2240
- An eight week series for parents to learn how to cope with and effectively parent angry and defiant kids
  - Contact Bay Arenac Behavioral Health
- Parenting with Love and Logic.....677-9661
- A 7 week parenting series offered by MPA Group Ltd. throughout the year.
  - Educational course that offers fun and easy to use parenting techniques to use with children of all ages.
  - Free for those with Medicaid.
  - Scholarships available.
  - Contact Michelle Richards

### **Post Adoption Services**

- Catholic Family Services of the Diocese of Saginaw..... (989) 892-1923

## **Berrien County**

### **Crisis Helpline**

\* Berrien County Community Mental Health Authority .....(269) 445-2451

### **Counseling**

Barrien Mental Health Authority (CMH).....(269 )934-1602  
1485 M 139, P.O. Box 547  
Benton Harbor, MI 49023

Anne Carpenter, PhD..... (269) 795-6778

- Works with families, couples, and individuals
- Specializes in depression, relationship issues, and eating disorders.
- No sliding scale but BlueCross/BlueShield is accepted
- 3408 Niles Rd  
Saint Joseph, Michigan 49085

\*Harold Smith..... (269) 409-1914

- Works with couples, families, and individuals
- Specializes in ADD/ADHD, child/adolescent depression, loss, trauma and PTSD, and relationship issues
- A sliding scale is available for payment and a wide range of insurance is accepted
- 9067 US Highway 31  
Suite 203  
Berrien Springs, Michigan 49103

\*Lutheran Social Services of Michigan..... (855) 444-3911

- Outpatient or Outreach counseling services in an individual, family or group capacity
- Therapeutic Parent Coaching to enhance parenting skills.
- Gain Understanding of Life Experiences within the Child Welfare System
- Assist with Emotion Regulation
- Decrease Negative Behaviors
- Meet Mental Health Needs of Children and Adults involved with CPS, Protect Mi Families, Foster Care, SIL, Voluntary Young Adult Foster Care, and Post Adoption or Guardianship
- Accepts Medicaid and bills them directly
- Behavioral Health services are offered through the LSSM office in Benton Harbor, Kalamazoo, Jackson, Ann Arbor, Troy,
- 1803 Whites Road, Suite 5  
Kalamazoo, MI 49008  
Email: CFtherapy@lssm.org

Margo Runkle..... (269) 245-0409

## PARC Resource Guide

- Peace of Mind Counseling Center  
Saint Joseph, Michigan 49085
  - Accepts a wide variety of insurances.
  - Specializes in anger management, anxiety, and depression.
- \*John Berez..... (269) 795-6310
- Works with couples, families, and individuals.
  - Specializes in adoption and family conflict.
  - Uses a sliding scale for payment and insurance is accepted.
  - 2117 Grange Road  
Buchanan, Michigan 49107
- \*Kandyce K. Brink..... (269) 205-6650
- Works with families, couples, and individuals,
  - Specializes in adoption, mood disorders, anxiety, and self-esteem.
  - Offers a sliding scale for payment and accepts a wide range of insurance.
  - 1804 Colfax Avenue  
St. Joseph Charter Township  
Benton Harbor, Michigan 49022
- \*Kristine Proctor, LMSW..... (269) 205-6386
- Works with families and individuals.
  - Specializes in adoption, child/adolescent developmental disorders, and ADD/ADHD
  - Average cost per session is \$110, no sliding scale is offered, and BlueCross/BlueShield is accepted.
  - NatureWorks, LLC  
3408 Niles Road  
Saint Joseph, Michigan 49085
- \*Kurt Michael Hanus..... (312) 409-4819
- Works with couples and individuals
  - Specializes in adoption, anxiety, depression, and relationship issues.
  - A sliding scale is available and insurance is accepted.
  - 1030 Miners Road  
Saint Joseph, Michigan 49085
- Mark Rankin..... (231) 981-8982
- Works with adolescents/teens and adults.
  - Specializes in loss or grief, anger management, depression, domestic abuse, and relationship issues.
  - Average cost per session is \$50-\$100. A sliding scale is available and several insurances are accepted.
  - Shoreline Consultation Services  
1435 Peck Street  
Muskegon, Michigan 49441
- Riverwood Center of Berrien Mental Health Authority/ Community Mental Health.....(269) 925-0585 or (800)336-0341
- [www.riverwoodcenter.org](http://www.riverwoodcenter.org)

## PARC Resource Guide

- Offers psychiatry, psychiatric nursing, psychology, social work, counseling, education, rehabilitation, speech therapy, occupational therapy, and physical therapy.
  - Services include assessment, crisis intervention, individual, family, marital, and group counseling, psychiatric services, information/referral and self-help, vocational services, respite care, home-based services, and referral for hospitalization.
  - Accepts Medicaid, Medicare and some other insurance. They also treat people who don't have insurance. Payment for services is based on your ability to pay, which is determined during your visit.
  - If you have private insurance you may need to use one of your insurer's providers before receiving services from the Riverwood Center. Please check with your insurance to see what behavioral or mental health services are covered and what copays or fees you may have. Depending on your insurance plan, there may be no cost.
  - 1485 M-139  
Benton Harbor, MI 49022
- \* Yojana Veeramasuneni..... (269)408-1688
- Works with families, couples, and individuals
  - Specializes in adoption, depression, relationship issues, and personality disorders.
  - Average cost per session is \$130-\$170, but a sliding scale is available. BlueCross/BlueShield is accepted.
  - Psychiatric Specialties  
1030 Miners Road  
Saint Joseph, Michigan 49085
- Family Therapy and Development Center..... (269) 982-3832
- <http://www.familytherapydevelopmentcenters.com/contact.html>
  - 2460 Lakeshore Drive. St. Joseph, MI 49085 Or 4384 Laurel Drive  
St. Joseph, MI 49085
  - Provides short-term treatment with long-term results for children, couples, families and adults utilizing a multimodal, holistic treatment approach tailored to the individual's needs. Has staff that works with adoption and foster care adjustment issues.

### **Support Groups**

Divine Divas..... (269) 985-0111

- A support groups for women with developmental disabilities.
- Meets every 2<sup>nd</sup> Friday of every month from 11:00-1:30.
- Facilitated by Disability Network Southwest Michigan.
- Contact Cindy Gray at the phone number listed above for more information.
- Meetings held at Riverview Park Christian Church  
2929 Niles Road  
St. Joseph, MI 49085



National Alliance on Mental Illness Southwestern MI..... (269) 463-7061

- NAMI members provide support, education, and advocacy for consumers, their friends, and their families during all phases of their mental illness journey.
- Serving the following counties: Berrien, Cass, and Van Buren
- NAMI Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
- All programs are not available with all NAMI chapters. Please contact your local chapter to see what is available.
- P.O. Box 23, Sodus, MI, 49126
- <http://www.namiswmi.org/>

### Psychiatrists

Dennis Peter Padla..... (269) 983-3885

- 211 Hilltop Rd Ste H  
Saint Joseph, MI 49085
- Accepts many different kinds of insurance including Medicare.

John Joseph Taglia..... (269) 925-0585

- 1485 M 139  
Benton Harbor, MI 49022
- Accepts Blue Cross/ Blue Shield insurance.

Larry Brian Feldman..... (269) 921-0531

- 8800 Blackhawk Dr  
Lakeside, MI 49116
- Accepts Medicare
- Specializes in neuropsychiatry

Lucien P Tamer..... (269) 925-0585

- Riverwood Treatment Center
- 1485 M-139  
Benton Harbor, MI 49022
- Accepts Blue Cross/Blue Shield, Humana, and Medicaid, Medicare insurance

Matthew L Davis..... (269) 982-7844

- 2500 Niles Rd  
Ste 7  
Saint Joseph, MI 49085
- Accepts Medicare, Medicaid, CIGNA, Aetna, Health Alliance, Humana, Wellcare, Blue Cross/Blue Sheild, and United Healthcare insurance.

Michael Stephen Larson..... (269) 925-0585

- 1485 M 139  
Benton Harbor, MI 49022
- Accepts Blue Cross/Blue Shield, Humana, and Medicaid, Medicare insurance

Raghu Ram Veeramasuneni..... (269) 408-1688

- 1030 Miners Rd  
Saint Joseph, MI 49085

## PARC Resource Guide

- Specializes in child and adolescent psychiatry.
  - Accepts Blue Cross/Blue Shield, Aetna, Health Alliance, and Humana insurance
- Sita Rama Prasad Sajja..... (269) 556-2288
- 3906 Stonegate Park  
Saint Joseph, MI 49085
  - Specializes in pediatrics.
  - Accepts Blue Cross/ Blue Shield, Humana, and Medicaid insurance

### **Children with Special Needs**

- Children's Special Health Care Services..... (269) 926-7121
- 769 Pipestone  
P.O. Box 706  
Benton Harbor, MI 49023
  - Coverage and referral for specialty services based on the person's health problems.
  - Family centered services to support you in your role as primary caretaker of your child.
  - Community based services to help you care for your child at home and maintain normal routines.
  - Culturally competent services which demonstrate awareness of cultural differences.
  - Coordinated services to pull together the services of many different providers who work within different agencies.
- Disability Network of Southwest Michigan..... (269) 985-0111
- 517 E. Crosstown Parkway  
Kalamazoo, MI 49001
  - <http://www.dnswm.org/home>
  - We provide services to people living in Barry, Berrien, Branch, Calhoun, Cass, Kalamazoo, St. Joseph & Van Buren Counties who have a variety of disabilities, including physical, neurological, psychiatric, learning, cognitive, and sensory disabilities. Whether you were born with a disability or acquired a disability later in life through accident, illness or through the aging process, you are welcome here. We are a resource for friends and family members of people with disabilities as well as community professionals and other human service providers.
  - What is unique about us is that we, too, are people with disabilities! At least 51% of our Board of Directors and staff members identify as having some kind of disability. Our philosophy has always been that people who live the disability experience are experts on disability issues, and that services we provide should be created with the direct input of those they will impact. That makes us different from the traditional social services model.

### **Respite**

## PARC Resource Guide

- Riverwood Center..... (800) 336-0341
- Services available for individuals with developmental disabilities or emotional impairments.
  - Covered by Medicaid.
  - To receive respite service, an individual and their caregiver must first complete an intake and talk with a therapist at the Riverwood Center to construct a treatment plan. The therapist will then assign a given number of hours per week that the individual is eligible for respite. The hours given can be used whenever or saved up to use for an extended period of time.
  - The Riverwood Center has one respite provider agency, but families are welcome to hire their own caregiver and work with the Riverwood Center to arrange payment.
  - 1485 M-139  
Benton Harbor, MI 49022

### **Nutrition**

- Berrien County Health Department..... (269) 927-5646
- InterCare Community Health Network..... (855) 869-6900
- Accepts most kinds of insurance, including Medicaid and Medicare. They will bill your insurance as a service to you, but you must have correct and current insurance information with you when you check in at the front desk. Without this, they may not be able to bill your insurance company, and you could be billed for the visit or be asked to reschedule your appointment.
  - Also has a sliding fee program. Eligibility for the program is based on family size and income.
  - 800 M-139, Benton Harbor, MI 49022
  - 6270 W. Main Street, Eau Claire, MI 49111

### **Crisis Prevention**

- The Link.....927-1422
- 24 Hour Hotline..... (800) 310-5454
- Youth crisis center.
  - 2480 M139  
Benton Harbor

## Cass County

### Counseling

Bruce A Heustis..... (269) 244-5818

- Insurance accepted
- Average cost per session: \$80-90
- Location: 11017 Herring Street  
Marcellus, Michigan 49067
- Couple, family, and individual therapy available.

Cass County Community Mental Health Authority..... (269)445-2451

[www.woodlandsbhn.org/](http://www.woodlandsbhn.org/)

### Support Groups

Adoptive Families of Southwestern Michigan..... (616) 424-3531

Domestic and Sexual Abuse Services..... (269) 273-6154

- Support Groups: Groups meet weekly for survivors or family members to help with the healing process and receive support from DASAS staff and other survivors—childcare is available.
- 125 W. Main Street  
P.O. Box 189  
Centreville, MI 49032

National Alliance on Mental Illness of Kalamazoo, MI..... (269)349-8444

- NAMI members provide support, education, and advocacy for consumers, their friends, and their families during all phases of their mental illness journey.
- Serving the following counties: Barry, Calhoun, Cass, Kalamazoo, Van Buren
- NAMI Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
- All programs are not available with all NAMI chapters. Please contact your local chapter to see what is available.
- P.O. Box 51693  
Kalamazoo, MI, 49005-1693
- <http://www.namikalamazoo.org/>

### Psychiatrists

Dr. Mehta..... (269) 445-2451

- Client must first go through the intake process with Cass County Community Mental Health.
- Psychiatric service must be paired with other services.
- Sees children with severe emotional disturbances.
- 960 M-60 East  
Cassopolis, MI 49031

### **Children with Special Needs**

- Children’s Special Health Care Services..... (269) 445-5280
- 201 M-62 North  
Cassopolis, MI 49031
  - Coverage and referral for specialty services based on the person's health problems.
  - Family centered services to support you in your role as primary caretaker of your child.
  - Community based services to help you care for your child at home and maintain normal routines.
  - Culturally competent services which demonstrate awareness of cultural differences.
  - Coordinated services to pull together the services of many different providers who work within different agencies.
- The Link.....927-1422  
24 Hour Hotline..... (800) 310-5454
- Youth crisis center.
  - 2480 M139  
Benton Harbor  
<http://www.cfsswmi.org/our-programs/link-center.html>
- Woodland Behavioral Health Care Center..... (269) 455-2451  
Or..... (800)323-0355
- 960 M-60 East  
PO Box 97  
Cassopolis, MI 49031
  - [.http://www.woodlandsbhn.org/](http://www.woodlandsbhn.org/)

### **Respite**

- Michigan Department of Human Services..... (269) 445-0200
- 325 M-62  
Cassopolis, MI 49031
- Woodlands Behavioral Health Network..... (269) 445-2451
- Authorize respite on a case by case basis for children who qualify with developmental disabilities and refer to a contract provider who provides the respite in the family’s home.<http://www.woodlandsbhn.org/>

## Clinton County

### Crisis Helpline

- \* CMH Authority of Clinton-Eaton-Ingham.....(517) 346-8008  
Or 517 346-8640

### Counseling Services

Clinton-Eaton-Ingham Community Mental Health..... (517) 346-8200

- 812 E. Jolly Rd  
Lansing

Highfields..... (517)783-4250

- Mental Health Counseling, Family Violence Interventions, Multi-Systemic Therapy, Residential Programs, Parenting Wisely, and Summer Camp.
- Highfields provides services in Clinton, Eaton, Hillsdale, Ingham, Jackson, and Livingston Counties. Programs vary in each county so check the website for detailed county information.
- Insurance coverage: Blue Care Network, Great Lakes Health Plan, Health Plan of Michigan, LifeWays (Medicaid), Physician’s Health Plan/PHP, PHP Medicaid, McClaren, McClaren Medicaid, Other insurances managed by United Behavioral Health.
- A traditional counseling approach is used in providing this service. Counseling services are home & office based and are available to individuals and families of all ages.
- Services consist of an assessment completed during the first appointment, a diagnosis and ongoing counseling sessions developed to address the reason for referral.
- <http://highfields.org/>

\* Jacqueline Himelright..... (517) 292-4530

- 13980 Schavey Rd  
Dewitt, MI 48820
- Specializes in relationship issues, parenting, and adoption
- Accepts insurance and uses a sliding scale.

National Alliance on Mental Illness Lansing..... (517) 484-3404

- NAMI Lansing offers: support groups, educational opportunities, and a healthy living program.
- NAMI provides these programs for the following counties: Clinton Eaton, Ingham, Ionia.
- Family Support Group meets every Tuesday from 7 -8:30pm at Sparrow Behavioral Health, First Floor, 1210 W. Saginaw, Lansing. Call for more information.
- Support Group for Spouses of Persons with Mental Illness meets the First Monday of the month from 7:00 to 8:30 p.m. at Sparrow Behavioral Health – First Floor, St. Lawrence Campus of Sparrow Health System, 1210 W. Saginaw, Lansing. Go to Behavioral Health first floor, partial hospitalization room.

PARC Resource Guide

- P.O. Box 26101  
Lansing, MI, 48909
- <http://www.namilansing.org/>

**Support Groups**

Clinton County Foster/Adoptive Support Group..... (517) 668-0185

**Mentoring**

Big Brothers/Big Sisters of St Johns..... (989) 227-5360

**Psychiatrists**

Zulfiqar Ahmed..... (517)618-0934

- Healthy Minds  
240 S Bridge St  
Suite 220  
Dewitt, Michigan 48820
- Accepts several types of insurance

**Children with Special Needs**

Children’s Special Health Care Services..... (989) 348-7800

- 1307 E. Townsend Road  
St. Johns, MI 49738
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

Project Find..... (800) 252-0052

**Respite**

LAP Respite Center..... (517) 372-6671

- **In-Home Program:** Services are provided in the family home. The family does not have to be at home during this time or depending on the service agreement, the LAP care provided may take the child out of the home for an activity. These hours are prescheduled to the family’s wishes / needs. The hours can be as little at 3 hours per week to as many as 24 hours per day.

- **Respite House Program???**: Services are provided at the LAP Respite House located near the LAP administrative office. Care can be provided for up to 6 children during non-school days, or 4 children on the weekends. LAP provides two trained care providers to be on staff for every hour a child is scheduled. This is a very popular program and fills up very quickly. LAP provides supervisors for on-call duties while children are on site. The Respite House carries a State of Michigan license as a daycare facility and is inspected regularly.
- **After School Program???**: Services are provided at the Beekman Center, which is part of the Lansing School District. The program is open whenever Beekman Center is open, including summer school. The hours during the regular school year are 3:00 p.m. until 6:00 p.m. The summer hours are 12:45 p.m. until 6:00 p.m. This program holds a State of Michigan daycare license for up to 16 children ages 5 years to 26 years for any child in special education classes. The program director ensures there is a 3 to 1, Student - to - care provider ratio.
- Payment for services can be made in several different ways; the Department of Community Mental Health, the Department of Human Services, Insurance, or Private Pay.
- 840 E Mt. Hope  
Suite 101  
Lansing, MI 48910

**Clothing, Furniture and/or Emergency Needs**

St. Vincent DePaul (St. Johns)..... (989) 224-8994

**Emergency Shelters**

RAVE (Relief After Violent Encounter)..... (989) 224-7283

**Child Abuse/Neglect and Prevention**

Clinton County Family Resource Center..... (989) 224-1173

Clinton County Protective Services..... (989) 224-5500

24 Hour Line..... (989) 224-7684



## **Ionia County**

### **Crisis Helpline**

- \* The Right Door for Hope, Recovery and Wellness .....(616) 527-1790  
Or 888-527-1790

### **Counseling**

- \* Douglas W. Bentley..... (616) 777-7735
- Inner Access Therapy Center, LLC  
112 S Depot  
Ionia, Michigan 48846
  - Accepts a wide variety of insurance
  - Specializes in depression and trauma/PTSD
- Ionia County Community Mental Health..... (616) 527-1790
- 375 Apple Tree Dr.  
Ionia, MI 48846
- Psychotherapy Services of Rockford, LLP..... (616)439-0891
- 16 N Monroe Street  
Rockford, Michigan 49341
  - Accepts a wide variety of insurance

### **Support Groups**

- Anderson Psychology Center..... (248) 688-0695
- Friendship Group: works with children on development of their friendship and social skills
  - Cost: \$40-50
  - Every other Saturday from 10am-11am
  - Location: 29260 Franklin Road  
Suite 110  
Southfield, Michigan 48034
- National Alliance on Mental Illness Lansing..... (517) 484-3404
- NAMI Lansing offers: support groups, educational opportunities, and a healthy living program.
  - NAMI provides these programs for the following counties: Clinton Eaton, Ingham, and Ionia.
  - Family Support Group meets every Tuesday from 7 -8:30pm at Sparrow Behavioral Health, First Floor, 1210 W. Saginaw, Lansing. Call for more information.
  - Support Group for Spouses of Persons with Mental Illness meets the First Monday of the month from 7:00 to 8:30 p.m. at Sparrow Behavioral Health – First Floor, St. Lawrence Campus of Sparrow Health System, 1210 W. Saginaw, Lansing. Go to Behavioral Health first floor, partial hospitalization room.

## PARC Resource Guide

- P.O. Box 26101  
Lansing, MI, 48909
- <http://www.namilansing.org/>

### **Psychiatrists**

Inner Access Therapy Center..... (616) 527-2619

- 227 W Main St Ste 235  
Ionia, MI 48846
- Accepts most insurance and HMO/PPO/POS plans in Michigan
- Reduced fee services are available on a limited basis
- Cash, check and all major credit cards are accepted for payment

### **Children with Special Needs**

Children's Special Health Care Services..... (616) 527-5341

- 175 E. Adams  
Ionia, MI 48846
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

### **Respite Services**

Michigan Department of Human Services..... (616) 527-5200

- 920 E Lincoln  
Ionia, MI 48846

## Kent County

### Counseling

- \*Barbara Clayton Price..... (616)920-0244
- Adoption sensitive
  - BD Price Professional Services  
1500 East Beltline  
Suite 105  
Grand Rapids, MI 49506
  - Accepts Aetna, Blue Cross/Blue Shield, Cigna, Cofinity, Magellan Behavioral Health, Priority Health, ValueOptions, ChoiceCare, Messa, Medicare and BS Federal
- \*Bethany Christian Services..... (248) 581-7847
- The counseling includes birthparents, domestic infant families, licensing families etc. Paneled with the following insurance companies:  
Blue Cross Blue Shield  
Meridian  
Molina  
McLaren  
Value Options OPMH
  - With the adopts program, if we are not paneled with their insurance company there is a scholarship fund that we can access for payment.
  - Lindsay Gray, LMSW  
Child & Adolescent Therapist/Adoption Specialist  
Foster Care Adoption
  - 30685 Barrington St.-Suite 140  
Madison Heights, MI 48071-5116
- \*Brandon Lyon..... (616) 920-0043
- Adoption sensitive therapist for adolescents and teenagers.
  - BRAINS, LLP  
3351 Eagle Park Dr. NE  
Suite C  
Grand Rapids, MI 49525
  - Accepts Aetna, Ceridian, Cofinity, Humana, Medicare, ValueOptions, Blue Cross/Blue Shield, Cigna, ComPsych, Tricare and Magellan Behavioral Health
- Community Mental Health-Grand Rapids..... (616)336-3765
- 790 Fuller Avenue NE  
Grand Rapids, MI 49503
- DA Bloggett-St. Johns..... (616) 451-2021
- Individual therapy, family therapy, and home-based services
  - Parent and professional run support groups, and special needs.
  - Insurance accepted. Does not accept medical subsidy

## PARC Resource Guide

- Family Outreach Center..... (616) 247-3815
- Provide quality outpatient mental health, substance use disorder, education, prevention and support services for children, youth and families living in the inner city of Grand Rapids, Michigan and all of Kent County.
  - Trauma-Focused Cognitive Behavioral Therapy, Parenting Classes and one taught in Spanish, Anger Management classes, Substance Use Prevention, Juvenile Court Parent Workshops, School Based Outreach
  - Eligibility: Children enrolled in a school providing these services, who meet criteria for outpatient mental health and/or substance use services based on a clinical assessment.
  - Funding: Funding is provided through insurance carriers and/or Network 180 based on eligibility.
  - <http://www.focgr.org/>
- Greater Hopes Family Services, Inc..... (616) 451-0245
- Family and individual counseling.
  - Parent Support Groups
  - <http://www.greaterhopes.org/>
- \* Joseph Kohley, MSW, ACSW, CACII..... (616) 261-0888
- 2976 Ivanrest Avenue, Suite 205  
Grandville, MI 49418
  - Accepts BCBS Illinois and Blue Cross/Blue Shield
- \*Dr. Katie Bozek..... (616)541-5812
- 4403 Cascade Rd  
Suite 6  
Grand Rapids, MI 49546
  - Specialties include adoption-related issues, couple concerns, parenting concerns, and issues related to trauma.
  - Accepts Aetna, Cofinity and Priority Health POS
- \*Laura Hockenberry..... (616)818-1345
- Specializes in PTSD, sexual abuse, and traumatic loss
  - 983 Spaulding Ave SE  
Ada, MI 49301
  - Accepts cash and check for payment
  - No insurance accepted
  - No sliding scale
- \*Leah Brouwers, MA..... (616) 949-3335
- [thetherapyclinic@aol.com](mailto:thetherapyclinic@aol.com)
  - 2882 Thornhills Ave  
Grand Rapids, MI 49546
- \*Miriam Engler..... (616) 920-0891
- Specializes in adoption issues and Fetal Alcohol Spectrum Disorder issues in the family system.
  - 4519 Cascade SE

## PARC Resource Guide

- Grand Rapids, MI 49546
- Accepts a variety of insurances
  - Offers sliding scale fees
  - Accepts Mastercard and Visa
- \*Dr. Robert J. Baird..... (616) 458-0692
- Offers counseling to victims of sexual abuse.
  - Human Resource Associates  
161 Ottawa Avenue NW  
Waters Building Suite 300C  
Grand Rapids, MI 49503
  - Accepts ASR, Cofinity, First Health, Guardian, Medicare, ValueOptions, Blue Cross/Blue Shield, ComPsych, Great West, Magellan Behavioral Health, and PHCS
  - No sliding scale
  - Cash, check, Mastercard and Visa are accepted for payment
- \*Ruth Kohley, MSW..... (616) 261-0888
- 2976 Ivanrest Avenue, Suite 205  
Grandville, MI 49418
  - Accepts BCBS Illinois and Blue Cross/Blue Shield
  - <http://www.kohleycounseling.com/>
- Wedgwood Christian Services..... (616) 942-7294
- Parenting skills classes, individual therapy, family therapy, home-based services, referral to mentors such as Big Brothers Big Sisters, and resource library.
  - Professional-run support groups for parents, children and attachment needs on an as-needed basis for enrollee's only
  - 3300 36<sup>th</sup> Street SE
  - Grand Rapids, MI 49512
  - <http://www.wedgwood.org/>

### Support Groups

- Adoptive Family Support Network..... (616) 458-7945
- Parenting skills classes, home-based services, parent-run support groups for parents, special needs, transracial families. Attachment focused.
  - No insurances accepted. Services are offered for free or a minimal fee for families.
  - Visit their website at [www.afsn.org](http://www.afsn.org)
  - Location: 233 Fulton St. East  
Suite 124  
Grand Rapids, MI 49503
- ADOPTS Program..... (248) 414-4080
- Specialized therapy program for pre and post-adoptive children ages 8-17, that have experienced some type of trauma in their lives.
  - Contact: Pamela O'Berry
- Families for International Children (FFIC)..... (616) 485-8592

\* These resources are adoption sensitive  
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- Parent, Children, Transracial, Attachment focused, self-help support group
  - No charge for services
  - Contact Person: Jessica Lyons, President ([pres@fficgr.org](mailto:pres@fficgr.org))
- Grandparents Raising Grandchildren Educational Support Group..... (616) 234-3483
- Meeting Location: Wealthy (1154 Wealthy St. SE, Grand Rapids MI 49506
  - Time: the second Tuesday of each month from 9:00 to 11:00 AM
  - Contact: Michael Faber 616-234-3483 or [mfaber@grcc.edu](mailto:mfaber@grcc.edu)
- Leonard Street Counseling..... (616) 464-2946 ext 194
- Kinship support group
  - Meeting Location: St. Andrews Episcopal 1025 Three Mile Rd. N.E. Grand Rapids, MI. 49505
  - Time: 1st teen Monday (for example, if a there was a Monday Oct. 12 or Mon. Oct.19, the meeting would be on the 19th. 12 is not a teen) of the month 6-8pm
  - Contact: Sharon Briggs at 616-464-2946x194 [sharonbriggs@cherryhealth.com](mailto:sharonbriggs@cherryhealth.com)
  - Warm Line: Mandy McGregor 954-1991x203 [mandym46@yahoo.com](mailto:mandym46@yahoo.com)
- National Alliance on Mental Illness of Kent.....(616) 942-1088
- We provide information and support for people with mental illness and their families.
  - Monthly support group meets on the third Tuesday of each month at 7:00pm at the Network 180 building at 90 Fuller Avenue NE, Grand Rapids, MI 49503 on the Access Center on the first floor. Enter thru the Access entrance on the West side and someone there will guide you to our meeting room.
  - P.O. Box 3503, Grand Rapids, MI, 49501-350  
<http://namiofkentcounty.wordpress.com/>
- Singles Adopting from Everywhere..... (616) 285-9979
- The Clark Institute..... (616) 755-8929
- Child and Adolescent Group
  - Cost: \$30-\$40
  - Groups throughout the week at various times.
  - Location: 600 Broadway Ave NW  
C-5  
Grand Rapids, Michigan 49504

### **Runaway and Homeless Youth Services**

- Arbor Circle: The Bridge..... (616) 451-3001
- Crisis based services available to youth between the ages of 12 and 17, their siblings and families.
  - [www.arborcircle.org](http://www.arborcircle.org)
  - 1115 Ball Avenue NE  
Grand Rapids, MI 49505
  - Coverage Area: Ottawa, Kent, Ionia, and Montcalm

### **Psychiatrists**

- Clinical Psychiatric Medical Practice..... (616) 457-1889

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- 4565 Wilson Ave Sw Ste 4  
Grandville, MI 49418
- Accepts Blue Cross/Blue Shield, Aetna, CIGNA, and Humana insurance.

Pine Rest Christian Health ..... (616) 455-5000

- 300 68th St Se  
Grand Rapids, MI 49548
- Accepts Wellpoint, Blue Cross/Blue Shield, Aetna, and Magellan insurance

Pine Rest Southwest Clinic..... (616) 530-9711

- 4211 Parkway Pl Sw Ste 100  
Grandville, MI 49418
- <http://www.pinerest.org/southwest-clinic>

Psychiatric Associates..... (616)719-4488

- 1403 60th St Se  
Grand Rapids, MI 49508
- Accepts Blue Cross/ Blue Shield, Aetna, and Humana insurance
- <http://www.pawm.net/index.htm>

Spectrum Community Services..... (616) 454-7077

### **Children with Special Needs**

Children's Special Health Care Services..... (616) 632-7066

- 700 Fuller Ave. NE  
Grand Rapids, MI 49503
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

### **Respite**

Smith Regional Respite..... (616) 895-7104

- 9656 68<sup>th</sup> Ave  
Allendale, MI
- Generally receive most client referrals from Community Mental Health (CMH) agencies and contract with them for direct payment. However, they also accept private pay and have even set up payment contracts with individual insurance companies in the past.
- Cost is set by the Medicaid screen at:  
10.68/hr. for 1:M care

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- 14.24/hr. for 1:1 care
- 16.04/hr. for 1:M care Holiday
- 21.36/hr. for 1:1 care Holiday

- <http://smithrespite.weebly.com/>

**Employment Services**

Job Corps..... (616) 243-6877

- Free education and training program that helps young people learn a career, earn a high school diploma or GED, and find and keep a good job.
- Must be 16 years of age or older that qualify as low income
- 110 Hall Street S.E., Grand Rapids, MI 49507
- <http://geraldrford.jobcorps.gov>

**Post Adoption Services**

Families Through Adoption, Inc..... (616)242-9696

ADOPTS Program..... (248) 414-4080

- 3353 Lousma Dr Se  
Grand Rapids, MI 49548
- Accepts Value Options insurance



## Macomb County

### Crisis Helpline

\* Macomb County Community Mental Health Services .....(586) 307-9100

### Counseling Services

Stefani Barner, CARE of S.E. Michigan..... (586)260-8615

- 31900 Utica Road, Fraser, MI 48026
- sbarner@careofsem.com
- www.careofsem.com

BirthRight of Macomb County (crisis pregnancy assistance)..... (586)254-5930

- 45464 Van Dyke
- Utica, MI 48317
- <http://birthright.org/en/landingpage/lp-utica>

CARE, [www.careofmacomb.com](http://www.careofmacomb.com),..... (586)541-0033

(teen counseling, parent/family education)

Catholic Services of Macomb..... (586) 416-2300

- 15945 Canal Road
- Clinton Township, MI 48038
- <http://csmacomb.com/>

Clinton Counseling Center..... (586)468-2266

- Comprehensive Youth Services
- 2 Crocker Blvd. Suite 101
- Mount Clemens, MI 48043
- Accepts self-payment, Medicaid and a variety of other insurances

Down River Community Services..... (810)794-4982

Harbor Oaks Pioneer Counseling Center:

Clinton Township..... (586)263-1234

43900 Garfield, Suite 222

Clinton Township, MI 48038

Sterling Heights..... (586)795-0569

36250 Dequindre, Suite 310

Sterling Heights, MI 48310

\*Dr. James F. Zender..... (586) 804-5724

- Trauma informed therapist
- Adoption sensitive
- 117 Cass Avenue  
Suite 204  
Mount Clemens, MI 48043
- Accepts Blue Cross/Blue Shield, Workers Comp and Auto.
- No sliding scale

\*Ross Beckley..... (586) 291-9744

- [rabeckley@comcast.net](mailto:rabeckley@comcast.net)
- 43475 Dalcoma Drive, Suite 210

\* These resources are adoption sensitive

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Clinton Township, MI 48038

- \*Judson Center..... (586) 573-1810
- \*Lutheran Social Service..... (248)423-2785
- Macomb County Crisis Center (24 hour counseling)..... (586)307-9100
- Macomb County CMH.....(586)469-5263  
22550 Hall Rd.  
Clinton Township, MI48036
- \*Maria Pappas..... (586) 745-1749
  - Adoption sensitive therapist for parents
  - Metamorphosis Counseling  
20816 Eleven Mile Road  
Suite 107  
Saint Clair Shores, MI 48081
  - Accepts Blue Cross/Blue Shield
  - No sliding scale
- \*Marla K Ruhana..... (586) 799-2890
  - Adoption sensitive
  - 25490 Little Mack  
Saint Clair Shores, MI 48081
  - Accepts Aetna, HPOM, United, Blue Cross/Blue Shield, Meridian and ValueOptions
  - Offers sliding scale fees
  - Accepts cash or check
- New Haven Community Services..... (586)749-5173
- New Oakland ..... (800)395-3223
  - Child-Adolescent and Family Center
  - Offices in Oakland, Macomb and Wayne counties
  - [www.newoakland.org](http://www.newoakland.org)
- Parent Helpline (24 hour crisis line)..... (888)727-5889
- Runaway (Runaway Squad, troubled children/teen issues)..... ..(800)RUNAWAY
- \*Sherry L. Carson..... (586) 330-9909
  - Adoption sensitive
  - Family & Personal Growth  
37040 Garfield Rd  
T-5  
Clinton Township, MI 48036
  - Accepts a variety of insurance
  - Offers sliding scale fees
  - Accepts cash or check

**Support Groups**

- Catholic Services..... (586) 416-2300
- Family Adoption Consultants- Utica..... (586) 726-2988
- Michigan Association of Single Adoptive Parents..... (586) 758-6909

## PARC Resource Guide

- A support group for single adoptive parents and meet regularly for dinner.
- No charge for services
- **Contact:** Janet Way, President, Adoptive Parent
- Location: 7412 Coolidge  
Center Line, MI 48015

Michigan Association of Foster, Adoptive and Kinship Parents..... (269) 637-5093

- Retention and empowerment of families to successfully parent all children placed in their care by providing training, advocacy, legislation, and support groups.
- Visit their website at [www.mafak.msu.edu](http://www.mafak.msu.edu)

National Alliance on Mental Illness, Macomb..... (586) 817-1925

- Support Groups meet on the 4th Tuesday of every month (except July) at 7 p.m., St. John Hospital in Warren, MI. Contact: Fred (586) 573-7980 for more information.
- NAMI Connection, NAMI in Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
- All programs are not available with all NAMI chapters. Please contact your local chapter to see what is available.
- 28304 Aline Drive
- Warren, MI, 48093
- [www.namimi.org](http://www.namimi.org)

### **Runaway and Homeless Youth Services**

Comprehensive Youth Services, Inc.- Family Youth Interventions.....(586)465-1212

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families.
- [www.familyyouth.com](http://www.familyyouth.com)
- 2 Crocker Blvd Suite 103  
Mount Clemens, MI 48043

Runaway Assistance Program..... (800)292-4517

### **Psychiatrists**

Eastwood Clinics..... (800) 626-3896

- Eastwood's services are covered by most managed care health plans (HMO's, PPO's etc.), Blue Cross/Blue Shield and all other commercial insurances. A number of services are supported by funding received from state and local agencies.
- 45660 Schoenherr Rd.  
Shelby Twp., MI 48315

### **Children with Special Needs**

ARC Services of Macomb, Inc.... (586)469-1600

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(Serving persons with developmental disabilities)

<http://www.arcservices.org/1701.html>

Autism Society Macomb Chapter..... (586) 447-2235

- Some of the services provided include:  
Monthly Support Meetings  
Informational / Educational Meetings  
Private Movie Showings  
Holiday Parties  
Annual Family Enrichment Camp Weekend  
Picnics, walks/runs, walking in parades, etc.
- <http://macombasa.org/>

Children's Hospital of Michigan (ADD Clinic)..... (313)745-4878

Children's Special Health Care Services..... (586)466-6855

- 25401 Harper Rd  
St. Clair Shores, MI 48081
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

Detroit Institute for Children.....888-790-5437

- 5447 Woodward  
Detroit, MI 48202
- <http://www.detroitchildren.org/>
- To care for children with physical or developmental disabilities, neurological or behavioral special needs in a way that is positive, passionate, integrated and family-centered so that the children can maximize their potential within their families and the community.
- Rehabilitation Services - physical therapy, occupational therapy, speech/language pathology,
- Assistive technology services - Activities of Daily Living (ADL) Clinic, Seating and Mobility Clinics, and orthotics.
- School Services: Through our contracted services, we are able to provide direct treatment, consultation and evaluation, as well as staff/teacher in-services on-site to schools and agencies for children with special needs. Our staff serves children enrolled in all special education programs from Early Intervention to the high school level throughout Wayne, Oakland and Macomb counties.

### **Community Mental Health**

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ACCESS Center.....(586)948-0222

### **Child Care Referral**

Great Start Connect..... [www.greatstartforkids.org](http://www.greatstartforkids.org)  
United Way for Southeastern Michigan..... (800)-552-1183  
Macomb Family YMCA.....(586)468-1411

### **Respite**

Macomb Oakland Regional Center (MORC)..... (586) 263-8909

- **Children’s Waiver Program:** This is a federal entitlement program for children with developmental disabilities and complex medical and or behavioral needs. For eligible participants, services include family and staff training and specialty services that could include nursing, speech, recreational, and dietary. The program also helps with community living supports, transportation, respite care, durable medical equipment and accessibility adaptations. This program is not available to children with Medicaid or MICHild insurance.

### **Financial Assistance**

Michigan Department of Human services- Adoption Subsidy Program (517) 241-0455

### **Legal Services**

Legal Aid and Defender (LAD) ..... (313)967-5555

- A public law firm for citizens of metro Detroit, Wayne, Macomb, and Oakland Counties who cannot afford legal services.
- 613 Abbott Street  
Detroit, MI 48226
- <http://ladadetroit.org/>

### **Child Neglect and Abuse**

Care House..... (586)463-0123

- Care House offers services to help and support families dealing with the trauma of child abuse. If you are a parent or caregiver concerned about possible abuse to your child, Care House is available to assist your family in a variety of ways. We offer:
  - prompt, relevant responses to questions related to child abuse issues,
  - crisis and emotional support, and

connections to appropriate investigative agencies.

CPS (Reporting suspected abuse and neglect)..... (855)444-3911

## Oakland County

### Crisis Helpline

\* Oakland County Community Health Network .....(877) 800-1650

### Counseling Services

\* Adoption Options Worldwide Inc..... (248) 855-2813

- Offers psychological testing, individual therapy, family therapy and professionally and parent run support groups.
- Doesn't accept insurance. Free counseling (depends on the service) to birth parents. Free training to clients. Counseling services to clients are negotiable
- Visit their website at [www.adoptionoptionsworldwide.com](http://www.adoptionoptionsworldwide.com)???
- Contacts: Alyssa Bambard, LMSW; Anne Davis, LMSW; Stacia Miller, LMSW
- Location: 5745 W. Maple Road, #214  
West Bloomfield, MI 48322

\*Barry Dauphin..... (248) 686-0372

- Adoption sensitive
- 600 N. Old Woodward  
Suite 301  
Birmingham, MI 48009
- Offers sliding scale fees

\*Dr. Carter Schumacher..... (248) 277-5695

- Adoption sensitive
- 237 N Old Woodward Ave  
Birmingham, MI 48009
- Accepts Blue Cross/Blue Shield and Medicare
- Offers sliding scale fees

\* Catholic Social Services (Royal Oak)..... (248) 548-4044

(Lake Orion)..... (248) 693-7526

- Licensed/certified therapists can treat conditions including, but not limited to, anxiety, stress, depression, eating disorders, child and teen behavior issues, marital and relationship issues, family conflict, post-trauma, anger management, grief & loss, and alcohol & drug addiction.

Childhelp..... (248) 353-0921

- Parenting skills classes, Psychological testing, Individual therapy, Family therapy, professional and parent run support groups
- Private insurance not accepted. Free for families who work with agency.
- Contact person: Angela Barney, MA ([aberney@childhelp.org](mailto:aberney@childhelp.org))
- Visit their website at [www.childhelp.org](http://www.childhelp.org)
- Location: 30680 Montpelier  
Suite 250  
Madison Heights, MI 48071

\* Child & Parent Services..... (248) 646-7790

\* These resources are adoption sensitive

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## PARC Resource Guide

- Individual therapy and Family therapy. Full service adoption agency-Domestic Adoption Program. Homestudy completion for international and interstate adoptions.
  - No insurance or medical subsidy accepted
  - Contacts: Cathy Eisenberg, BSW, Director; Peggy Pisone, BSW; Nancy Bortman, BSW
  - Visit their website at [www.childandparentservices.com](http://www.childandparentservices.com)
  - Location: 30600 Telegraph Rd.  
Suite 2215  
Bingham Farms, MI 48025
- \*Christian Family Services..... (248) 557-8390
- Individual and family therapy, professionally and parent run support groups
  - Private insurance and medical subsidy are not accepted
  - Christian Family Services is able to be a resource to children and families who are not placed through their program.
  - Contacts: Julie Grant, MA, LPC ([Julie.grunt.cfs@live.com](mailto:Julie.grunt.cfs@live.com)); Audrey Brown, LBSW ([Audrey.brown@cfs-michigan.org](mailto:Audrey.brown@cfs-michigan.org))
  - 17105 W. Twelve Mile Rd.
  - Southfield, MI 48076
- Commerce Psychiatric Services, PLC..... (248) 669-1900
- Psychological testing, Individual therapy, Family therapy
  - Accepts Private Insurance, and Medicare
  - Contact: Dr. Bruce L. Roth, D.O., Psychiatrist ([brucerothII@sbcglobal.net](mailto:brucerothII@sbcglobal.net))
  - 55 North Pond Dr., Suite 6
  - Walled Lake, MI 48390
    - <http://www.drbruceroth.com/>
- Community Network Services..... (800) 615-0411 or (248) 745-4900  
Counseling, family support, substance abuse treatment, & supported employment
- Several locations in Oakland County
  - <http://www.cnsmi.org>
- \*Elizabeth Herring.....(248) 236-1365
- Specializes in working with survivors of childhood sexual abuse
  - 415 S, West St.  
Suite 150  
Royal Oak, MI 48067
  - Accepts Blue Cross/Blue Shield, Humana, Medicare and United
  - Offers sliding scale fees
  - Cash, Check, American Express, Discover, Mastercard and Visa are accepted for payment
- \*Elizabeth Shaw-Draves.....(248) 327-0306
- Trauma informed therapist
  - 725 South Adams Road  
Suite L-125  
Birmingham, MI 48009

PARC Resource Guide

- Accepts a variety of insurance
- Offers sliding scale fees
- <http://www.elizabethshawdraves.com/index.html>

Gateway Counseling Center.....(248) 414-3382

- Domestic Violence and Anger Management classes. Intake is required, \$60, and a session fee.
- 1463 E. 12 Mile Rd, Madison Heights, MI 48071

HAVEN..... (248) 334-1274

- HAVEN seeks to eliminate domestic violence and sexual assault across Oakland County and the surrounding communities by empowering survivors through advocacy and social change. [www.haven-oakland.org](http://www.haven-oakland.org)

\*Heron Ridge Associates.....(248) 243-6646

- Adoption sensitive therapists on staff
- 3694 Clarkston Road  
Suite D  
Clarkston, MI 48348
- Accepts a variety of insurance
- Mastercard and Visa are accepted for payment
- <http://www.heronridgeassocs.com/>

\*Joyce Castro Pearlman.....(248)438-5221

- Adoption sensitive
- Office located in Huntington Woods
- Accepts Behavioral Health Systems, Magellan Behavioral Health, Blue Cross/Blue Shield, Out of Network and ValueOptions
- Offers sliding scale fees
- Cash and check are accepted for payment

\* Karol Teetor..... (248) 563-7288

- [karol@attachmentcoalition.org](mailto:karol@attachmentcoalition.org)
- Provides family treatment for those experiencing problems related to adoption, trauma and/or loss. Karol's strength is in assisting parents in building a strong, positive therapeutic team that will enable treatment to reach within the home, a child's school and the family's community.
- Works in Lake Orion

\*Dr. Kimberly Waldron.....(248) 567-2818

- Trauma informed therapist
- Gateway Counseling Center  
2011 Crooks Rd  
Royal Oak, MI 48073

\*Lutheran Adoption Service-Southfield..... (248) 423-2770

- Family Counseling

New Oakland ..... (800)395-3223



## PARC Resource Guide

- Child-Adolescent and Family Center
- Offices in Oakland, Macomb and Wayne counties
- [www.newoakland.org](http://www.newoakland.org)
- \*Dr. Michael Katz.....(248)552-8080
  - 17500 Northland Park Court  
Southfield, MI 48075
  - He has developed a special therapy program for children with post-traumatic stress disorder caused by physical and emotional abuse and/or loss of or separation from birth parents.
  - Offers sliding scale fees
  - Accepts a variety of insurance
- \*Oakland Psychological Clinic.....(586) 838-1930
  - Adoption sensitive therapists on staff
  - 16664 15 Mile Road  
Fraser, MI 48026
  - Accepts a variety of insurances
  - <http://www.oakpsych.com/>
- \*Orchards Children’s Services.....(248) 530-5390
- \*PC Milestones.....(248) 335-3891
  - Pamela Coin, LMSW, ACSW
  - Child Play therapist
  - Personal experience with Transracial adoption
  - No insurance accepted at this time, may be able to bill medical subsidy
  - [pam@pcmilestones.com](mailto:pam@pcmilestones.com)
- Perspectives Counseling Center.....(248) 244-8644
  - Anger Management Classes for teenagers, \$40 for assessment & a group session fee
  - 2690 Crooks Road, Suite 300, Troy, MI 48084
- \*Psychotherapy Center for Adoptive Families.....(248) 531-9659
- \* Sharon Byles.....(248) 943-6176
  - Adoption Sensitive
- Stephanie Williams.....(248) 504-4990
  - Trauma informed therapist
  - 23647 Woodward Ave.  
Suite 2  
Pleasant Ridge, MI 48069  
Accepts Aetna, Blue Cross/Blue Shield, Messa, Any Medigap Plan, Cofinity, and Medicare  
Offers sliding scale fees  
Cash, check, Discover, Mastercard, Visa and Paypal are accepted forms for payment

## Support Groups

## PARC Resource Guide

Adolescent Survivors of Childhood Sexual Abuse, Adult Sexual Assault & Adult Survivors of Childhood Sexual Assault Support Groups.....(248) 334-1274

Adoption Identity Movement of Michigan, Inc..... (248) 548-6291

- Offers education on post adoption issues, peer support for adult adoptees, birth parents, adoptive parents, siblings, and extended family; search assistance; and advocacy
- Contact: Tina Caudill, Founder ([caudt@wideopenwest.com](mailto:caudt@wideopenwest.com))

Advanced Counseling Services.....(734) 285-8282 ext. 2210

- Anger management group for adolescents (ages 14-19).
- Cost: \$40-60
- Contact: Sam Gross
- Location: 29201 Telegraph Rd.  
Ste. 500  
Southfield, MI 48034

Childhelp.....(248) 323-0921

Christian Family Services.....(248) 557-8390

Chosen Kingdom Builders..... (248)894-1607

Michigan Association of Single Adoptive Parents, Huntington Woods.....  
.....(248)547-8893

National Alliance on Mental Illness (NAMI)..... (248) 348-7197

- Offers a number of support groups, advocacy, and free education and training opportunities for family members, which covers many areas, such as education, providing support, and fighting stigma.
- Family Support Group on the 2nd Thursday of every month 7 p.m. at Brandon Township Library – Conference Room, 304 South Street, Ortonville, MI 48462.  
Contact: (248) 620-0273 for more information
- NAMI Metro CONNECTION peer led Support Group on the 1st & 3rd Sunday of every month 2 p.m.at Crittenton Hospital, 1101 W. University Drive, Rochester Hills
- Contact: Dave (248) 464-7436 for more information.
- P.O. Box 852  
Northville, MI, 48167
- [www.nami.org](http://www.nami.org)

National Resource Center for Special Needs Adoption..... (248)443-7080

Orchards Adoptive Parent Support Group..... (248) 258-1278

Support for Parents and Older Adopted Kids.....(248)649-3469

Spectrum Child & Family Services..... (248) 552-8020

- Group homes for the developmentally disabled, assisted living apartments; employment/career services for adults; outpatient mental health treatment for children, adults and families
- <http://www.spectrumhuman.org/SHS/Default.aspx>

Youth Assistance Council..... (248)858-0051

- Youth Assistance's mission is to strengthen youth and families and to reduce the incidence of delinquency, abuse and neglect through community involvement.

\* These resources are adoption sensitive

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### **Runaway and Homeless Youth Services**

Common Ground.....(248)456-8150

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families. Crisis line is 1-800-231-1127.
- [www.commongroundhelps.org](http://www.commongroundhelps.org)
- 1410 South Telegraph, Bloomfield Hills, MI 48302
- Coverage Area: Oakland County

### **Summer Camp**

Camp Grace Bentley (313)962-8242

- Hosts campers with a range of physical and mental challenges, ages 7-16
- Each session is 9 days long, \$400 per session

Camp Grace Bentley  
c/o Nancy Perri  
1877 Maryland  
Birmingham, MI 48009, [www.campgracebentley.org/](http://www.campgracebentley.org/)

### **Psychiatrists**

\*Dr. Michael Colman.....(248) 688-0813

- Has a great deal of experience working with adoption with both children and adults
- 2725 Endsleigh Dr  
Bloomfield Hills, MI 48301  
Accepts a variety of insurances  
Offers sliding scale fees

### **Children with Special Needs**

Abilities Center..... (248) 926-0909

- 2075 E. West Maple Road  
Suite B-204  
Walled Lake, MI 48390
- Offers enrichment classes, specialty programs, summer support services, occupational therapy, physical therapy, speech language pathology, psychological services, nutritional therapy, and educational tutoring.
- [www.abilitiescenter.com](http://www.abilitiescenter.com)

Amazing Wings Therapeutic Riding Center..... (810) 636-5111

- 9500 S. State Road  
Goodrich, MI 48438
- Equine assisted activities and therapy programs for children with disabilities and special needs
- Occupational therapist on staff
- Year-round programs
- [www.amazingwingsinc.com](http://www.amazingwingsinc.com)

ARC of Oakland County..... (248) 816-1900

\* These resources are adoption sensitive  
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## PARC Resource Guide

- advocates for the rights and full participation of all children and adults with intellectual and other related developmental disabilities
  - 1641 West Big Beaver Road, Troy, MI 48084
  - [thearcoakland.org](http://thearcoakland.org)
- Autism ASK..... (248) 618-1275
- 4345 Meigs Avenue  
Suite A  
Waterford, MI 48329
  - Serving the autism spectrum community through advocacy, support and knowledge
  - Year-round services including individual counseling for parents, consultation for families and service providers, workshops, resource provision and community collaboration
  - Transition Exploration program for high school students with
  - Asperger's to experience their community and explore their future goals
  - [www.autism-ask.com](http://www.autism-ask.com)
- Autism Society of Oakland County..... (248) 631-4612
- Provides advocacy; support groups; housing and vocational programming
  - <http://autismsocietyoaklandcounty.org/>
  - P.O. Box 70207, Rochester Hills, MI 48307
- Banbury Cross Therapeutic Equestrian Center..... (248) 628-7433
- 1223 Brauer Road  
Oxford, MI 48371
  - Therapeutic riding classes for children with both physical and mental disabilities
  - Programs are offered year round
  - Ages 4 and older
  - <http://banburycrosstec.org/>
- Beaumont Children's Hospital Center for Children's Rehabilitation.....  
Royal Oak..... (248) 655-5823  
West Bloomfield..... (248) 855-4867
- Adaptive groups for children with special needs
  - Groups facilitated by speech therapists, occupational therapists, physical therapists or social workers
  - Multi-disciplinary groups
  - Swim, dance, handwriting, social or speech groups
  - Ages 3 to 11 years
  - [www.beaumont-hospitals.com](http://www.beaumont-hospitals.com)
- Beaumont Children's Hospital Center for Human Development HOPE Center.....  
..... (248) 691-4774
- 1695 W. 12 Mile Road  
Suite 120  
Berkley, MI 48072

## PARC Resource Guide

- Year-round Applied Behavior Analysis (ABA) services, intensive center-based behavioral preschool programs, behavioral consultation for concerns such as toileting, feeding, sleeping, anxiety and behavior management, intensive toilet training

- [www.beaumontchildrenshospital.com/hope](http://www.beaumontchildrenshospital.com/hope)

Beaumont Hospital Center for Childhood Speech and Language Disorders.....

..... (248) 551-2100

- 4949 Coolidge Highway  
Royal Oak, MI 48073
- Programs for children with speech and language difficulties
- Children must be screened – call for an appointment
- Ages 3 to 14 years
- [www.beaumontchildrenshospital.com](http://www.beaumontchildrenshospital.com)

Building Bridges Therapy Center..... (734)454-0866

- 9357 General Drive  
Suite 101  
Plymouth, MI 48170
- Speech and language therapy, occupational therapy, sensory integration, physical therapy, craniosacral therapy, music therapy, social emotional therapy and more
- Individual and group programs available
- Ages 3 and older
- [www.bridgestherapy.com](http://www.bridgestherapy.com)

Children's Special Health Care Services..... (248) 858-0056

- 1200 N. Telegraph  
Pontiac, MI 48341
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

Detroit Institute for Children..... (313) 832-1100

- 5447 Woodward Avenue  
Detroit, MI 48202
- A comprehensive array of more than 25 services and programs provide a continuum of care for children and young adults with physical, neurological or developmental disabilities
- Providing occupational therapy, physical therapy, and speech and language therapy
- Pediatric Potentials campus

\* These resources are adoption sensitive  
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- For children birth to 18 years
  - [www.detroitchildren.org](http://www.detroitchildren.org)
- Jack's Place..... (248) 443-7427
- Provides families who are affected by Autism services for persons at any age with Autism Spectrum Disorder(ASD) through a comprehensive menu of supportive, educational and referral services.
  - 17360 W. 12 Mile Rd., Suite 204, Southfield, MI 48076
  - <http://www.jacksplaceforautism.org/>
- JARC..... (248) 538-6611
- JARC is a Farmington Hills, Michigan-based nonprofit, nonsectarian agency dedicated to enabling people with developmental disabilities to live full, dignified lives in the community, and to providing support and advocacy for their families.
  - 30301 Northwestern Highway, Suite 100, Farmington Hills, MI 48334
  - [www.jarc.org](http://www.jarc.org)
- Judson Center, Autism Connections..... (248) 549-4339
- Provides these services: Applied Behavior Analysis, social skills, play therapy, facilitated playdates, individual & family counseling, and family support.
  - 4410 W. 13 Mile Rd, Royal Oak, MI 48073
- Kids in Motion Pediatric Therapy Services..... (248) 684-9610
- Pediatric speech, occupational and physical therapy
  - Specific services: craniosacral therapy, sensory integration, interactive metronome, music therapy, therapeutic listening
  - Central Office  
2636 S. Milford Rd.  
Highland, MI 48357
- Oakland Mediation Center..... (248) 338-4280
- OMC offers a range of services including mediation, conciliation, facilitation and education services to Oakland County residents, organizations, schools and businesses
  - Relevant services: Adoption mediation, bullying issues, special education mediation program, victim/offender mediation
  - Oakland Mediation Center  
550 Hulet Drive, Suite 102  
Bloomfield Hills, MI 48302
- OUCARES..... (248) 370-2424
- Oakland University  
School of Education and Human Services  
2200 N. Squirrel Road  
420B Pawley Hall  
Rochester, MI 48309
  - Programs for children with an Autism Spectrum Disorder
  - Programs for children age 2 years through adulthood
  - Pee Wee Summer Day camp for ages 3 to 5 years
  - Summer Day camps for ages 6 to 13 years

## PARC Resource Guide

- Film camp for ages 10 to 20 years
  - [www.oakland.edu/oucares](http://www.oakland.edu/oucares)
- Macomb-Oakland Regional Center..... (248) 276 -8086
- Autism services offered-testing\diagnosis, ABA therapy, social skills groups, therapy, and play therapy
  - <http://www.morcinc.org/about-us>
  - 1270 Doris Road, Auburn Hills, MI 48326
- Rexford Center for Therapeutic Riding..... (586) 727-6661
- 29434 32 Mile Road  
Lenox, MI 48050
  - Provides therapeutic and recreational horseback riding therapy for the disabled, including both physically and mentally challenged individuals, ages 8 and older
  - [www.rexfordcenter.com](http://www.rexfordcenter.com)
- Speech and Language Pathologist..... (248) 851-6045
- 5551 Lakeview Drive  
Bloomfield Hills, MI 48302
  - Speech and language evaluations
  - Speech and language treatment sessions for all ages
  - Specializes in pre-school age children
  - Summer and year-round programs
  - Facility and home visits available per request
- United Cerebral Palsy of Michigan, Metro Detroit..... (248) 557-5070
- Connects people with disabilities to the opportunities and resources needed to live productive and independent lives.
  - 23077 Greenfield Rd., Suite 205, Southfield, MI 48075
  - [www.ucpdetroit.org](http://www.ucpdetroit.org)?
- The Autism Society.....<http://autismsocietyoaklandcounty.org/>

### Legal Services

- Legal Aid and Defender (LAD) .....(313)967-5555
- A public law firm for citizens of metro Detroit, Wayne, Macomb, and Oakland Counties who cannot afford legal services.
  - 613 Abbott Street  
Detroit, MI 48226
  - <http://ladadetroit.org/>

### Parent Resources

- Beaumont Parenting Program.....
- Grosse Pointe.....(313) 473-1705  
Royal Oak.....(248) 898-3230  
Troy.....(248) 964-3995
- Provides information and emotional support to parents
  - Provides parenting classes and support groups
  - Postpartum adjustment support groups

\* These resources are adoption sensitive  
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- The Happiest Baby on the Block class
  - Baby Sign Language class
  - Discipline – the Toddler Years class
  - Financial planning for Your Child’s Future class
  - The Goodness of Homemade Baby Food class
  - [www.beaumontchildrenshospital.com/parenting-program](http://www.beaumontchildrenshospital.com/parenting-program)
- Bethany Christian Services.....(248) 414-4080
- Trauma Informed Parenting: a 6 week parent training course. Free. Open to all adoptive families, both domestic and international.
  - Contacts: Pamela Oberry, LMSW; Kevin Arndt, MA, Older Child Adoption Supervisor
    - Visit their website at [www.bethany.org/madisonheights](http://www.bethany.org/madisonheights)
    - Location: 30685 Barrington Ste.140  
Madison Heights, MI 48071
- Child Safe Michigan..... (248)353-0921
- Provides foster care, adoption and mentoring services to abused, neglected and at-risk children.
  - 30680 Montpelier Suite 250  
Madison Heights, MI 48071
  - <http://chilsafemichigan.org/>
- FAST (Families and Schools Together)..... (248) 334-3595
- Family Education and Support Services provides services to at-risk and/or disadvantaged families and youth. The common thread of this department’s services include:
    - Parents as primary teachers of their children
    - Literacy as a critical element of success
    - Understanding that behaviors are directly linked to how a person thinks and feels
    - Linkages to community resources
- MDNS – Oakland County DHS..... (248) 975-5400
- Information and referral, assistance to families seeking medical subsidy
  - No charge for services
  - **Contact:** Kim DuBiesz, direct phone line 248.975.5299
- Oakland County Health Division..... (800) 848-5533
- Parenting skills classes, home-based services, nurturing parenting program.
  - No charge for services
  - **Contact:** Andrea Agboka, RN MPH
  - Visit their website at [oakgov.com/health](http://oakgov.com/health)
- Orchards Children’s Service.....(248) 593-1588
- Individual therapy, Family therapy, Home-based services.
  - Contact: Watisha Sims, MS, LLPC ([wsims@orchards.org](mailto:wsims@orchards.org))
  - Location: 30215 Southfield Road,  
Southfield, MI 48076



## Saginaw County

### Counseling

- \* Child and Family Services..... (989) 790-7500
  - 2806 Davenport  
Saginaw, MI 48602
  - Offers therapy on a broad range of issues.
  - Therapists who specialize in childhood trauma, abuse, and neglect, work with families, and are adoption sensitive.
  - Services are billable to most insurances
  - United Way of Saginaw subsidies are available to eligible customers.
- \* Hope Christian Counseling..... (989) 399-9233
  - Psychological testing, Individual therapy, Family therapy, Trauma and Loss
  - Accepts Medicaid, Private Insurance, Medical Subsidy
  - Contact: Randall R. Mey, President, MPA, MSW, CAADC, LMFT, LMSW/BCD
  - 1711 Court St.
  - Saginaw, MI 48602
  - <http://www.hopechristiancounseling.com/index.htm>
- \*Dr. Lorraine LaFerriere.....(989) 581-2229
  - Specializes in family conflict
  - 6321 Normandy Dr., Suite 4
  - Saginaw, MI 48638
  - Accepts Aetna, Cigna, Magellan Behavioral Health, Blue Cross/Blue Shield, Cofinity, Medicare and Out of Network
  - Offers sliding scale fees
  - Cash and Check are accepted for payment

### Support Groups

- A.D.O.P.T.....(517) 781-2089
- Birth Through 5..... (989) 399-6850
  - Parent support groups
  - Hours: Monday- Friday, 8:00 AM- 4:30PM
  - Location: 1903 N. Niagra  
Saginaw, MI 48602
- National Alliance of Mental Illness Saginaw..... (989)799-1467
  - NAMI offers an array of support and education programs that help build better lives for the millions of Americans affected by mental illness
  - Please call for more information about the support groups and programs offered in the county.
  - 592 Foxboro  
Saginaw, MI, 48603
  - <http://www.namimi.org/>

Foundational Truth Family Services..... (810)280-0952

- Sexual assault survivors support groups for children 6-10 years old.
- Meets every Thursday from 6pm-7:30pm
- Cost: \$30
- Location: 3144 Davenport Ave., Saginaw, Michigan 48602

Saginaw County Commission on Aging.....797-7564

- Kinship support group
- Meeting Location: 2355 Schust Rd., Saginaw, MI 48603
- Time: 1st and 3rd Thursday of each month from 12:30pm-2:00pm
- Contact: Carolyn

### **Runaway and Homeless Youth Services**

Saginaw County Youth Protection Council.....(989)793-1995

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families
- [www.scypc.org](http://www.scypc.org)
- 1226 N Michigan Ave  
Saginaw, MI 48602

### **Children with Special Needs**

Children's Special Health Care Services..... (989) 758-3845

- 1600 North Michigan Ave  
Saginaw, MI 48602
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

## Shiawassee County

### Crisis Helpline

\* Shiawassee County CMH .....(989) 723-6791

### Counseling Services

Catholic Charities.....(989) 723-8239

Colleen Jewell, MA, LLP.....(517) 204-2433

Family Counseling Services/ Teen Ranch.....(989) 723-9315

David Bird, MSW, ACSW.....(989) 723-5678

Family Psychiatric Consultants.....(517) 337-9971

Therapists: Michael Barnes, DO; James Bowen, DO; Valerie Guemsey,  
DO; Michael Vandewalle, DO

Kathleen Koepele.....(989)725-8581

REACH & Traverse Place.....(810)233-8700

- Services for families include crisis intervention, counseling, safe shelter, family counseling to reunite young people and their parents, and resource assistance to find other programs that may offer additional help.
- If a home situation is dangerous, a "cooling off" period is needed, or a young person has already run from home, they offer placement in their licensed shelter.
- Available 24 hours a day, 7 days a week, to offer immediate assistance to young people and their families. Licensed REACH facility is open all day and night to offer shelter for youth 10 to 17 years old who need a safe place to stay.
- Website: <http://www.reach-traverseplace.org/>

Sharon Hobbs, PhD.....(517)351-4237

Shiawassee County Community Mental Health.....(989)723-6791

Or 1-800-448-5498

Terrence Johnson, PhD, PC.....(989)723-1120

- Clinical Psychologist
- 802 W. King St., Suite P
- Owosso, MI 48867

Trinity Counseling Services.....(989) 723-0330

- Offers traditional or faith based therapy for children, adolescents, and families.
- Location: 123 S. Washington  
Owosso, MI 48867

### Support Groups

Adult and Child Bereavement Support Group.....(989)725-6454

Ext. 1431/1723

National Alliance of Mental Illness Shiawassee.....(517) 881-1796

- NAMI offers an array of support and education programs that help build better lives for the millions of Americans affected by mental illness

PARC Resource Guide

- Please call for more information about the support groups and programs offered in the county.
- P.O. Box 434  
Owosso, MI, 48867, <http://www.namimi.org/>

Caregiver Support Group.....(989)725-1127

**Community Education Programs & Community Centers**

Corunna Community Education..... (989) 743-4151

Laingsburg Community Education..... (989) 651-2067

**Family Support**

Big Brothers/Big Sisters.....(989)729-6655

Capital Area Community Services, Inc. (CACCS).....(989)723-3115

Christ Episcopal Church Outreach Center.....(989)723-2495

Community Kitchen.....(989)723-7485

Cornerstone Church of God.....(989)723-7603

REACH & Traverse Place.....(810)233-8700

Women, Infants and Children (WIC).....(989)743-2383

**Child Care Financial Assistance & Resources**

DHS (FIA) Child Day Care Services..... (989) 725-3200

**Clinics/ Hospitals**

Child Health Clinic..... (989) 743-2375

## Van Buren County

### Crisis Helpline

\* Van Buren Mental Health Authority .....(269) 657-5574

### Counselors

Community Mental Health Paw Paw Family Resource Center..... (269) 657-5574

- 801 Hazen Street, Suite C  
P.O. Box 249  
Paw Paw, MI 49079-0249

Margo Runkle..... (269) 245-0409

- Peace of Mind Counseling Center  
Saint Joseph, Michigan 49085
- Accepts a wide variety of insurances.
- Specializes in anger management, anxiety, and depression.

\* Sue Muinch..... (269) 409-1980

- Kalamazoo Psychology, LLC  
122 W. South Street  
Kalamazoo, Michigan 49007
- Specializes in child and adolescent trauma/PTSD
- Accepts Aetna, Blue Cross/Blue Shield, Cofinity, Medicaid, and TRICARE insurance

Susan M Carter..... (269) 795-6825

- Center for Change & Growth PLC  
816 E Michigan Ave Ste 101  
Paw Paw, Michigan 49079
- Specializes in child or adolescent behavioral issues and parenting.
- Accepts a wide range of insurance

### Support Groups

Autism Society of Kalamazoo..... (269) 342-6421 x202

- 814 South Westnedge Ave Suite 1  
Kalamazoo MI 49008
- **Website:** <http://www.asa-kal.org>
- Support meetings for parents

CHADD.....(269) 626-5651

- Support groups for parents of children with ADD/ADHD
- Meetings are held the 2<sup>nd</sup> Tuesday of every month from 7-8:30 pm and are free
- Kalamazoo Regional Educational Service Agency  
1819 E. Milham Ave  
Portage, MI 49002

National Alliance of Mental Illness of Kalamazoo, MI..... (269)349-8444

- NAMI members provide support, education, and advocacy for consumers, their friends, and their families during all phases of their mental illness journey.

\* These resources are adoption sensitive

## PARC Resource Guide

- Serving the following counties: Barry, Calhoun, Cass, Kalamazoo, Van Buren
- NAMI Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
- All programs are not available with all NAMI chapters. Please contact your local chapter to see what is available.
- P.O. Box 51693  
Kalamazoo, MI, 49005-1693
- <http://www.namikalamazoo.org/>

### **Psychiatrists**

Nadeem M Mirza.....(269) 657-1595

- Bronson Lakeview Hospital  
404 Hazen St  
Paw Paw, MI 49079

### **Children with Special Needs**

Children's Special Health Care Services.....(269) 621-3143

- 57418 County Rd  
681, Suite A  
Hartford, MI 49057
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

### **Respite**

County-Wide Respite..... (269) 445-6222

- When funds are not available from other service providers, this Lewis Cass ISD program offers respite services to overburdened families. As a "payer of last resort," it reduces stress on caregivers in order to prevent child abuse and neglect.

### **Nutrition**

InterCare Community Health Network..... (269) 427-7914

- Accepts Blue Cross/Blue Shield, Aetna, and Medicaid insurance.

Rachel Ellen Kaufman..... (269) 657-5574

PARC Resource Guide

- Van Buren Community Mental Health Authority  
801 Hazen St Ste C  
Paw Paw, MI 49079
- Accepts Medicaid

Verle L Bell..... (269) 343-6700

- Pine Rest Christian Mental Health Services  
1530 Nichols Rd  
Kalamazoo, MI 49006
- Accepts Blue Cross/Blue Shield, Aetna, and Humana insurance

**Crisis Intervention**

The Link.....927-1422

24 Hour Hotline.....(800) 310-5454

- Youth crisis center.
- 2480 M139 Benton Harbor

## Wayne County

### Crisis Helpline

\* Detroit Wayne Mental Health Authority .....(877) 800-1650

### Counseling

\*Branches Counseling.....(734)799-5367

- Adoption sensitive therapists on staff
- 16801 Newburgh Road  
Suite 109  
Livonia, MI 48154
- Offers sliding scale fees
- Accepts Out of Network plans
- Cash, check, Mastercard and Visa are accepted for payment

\* Cheryl Foster..... (734)276-7906

- Cheryl and many therapists on her staff have experience working in foster care and adoption.
- Adoption sensitive therapy
- Accept Blue Cross/Blue Shield and Magellan insurance
- Medical subsidy is the preferred method of payment

\*CSS of Wayne County- Detroit.....(313) 883-7681

- Family Counseling
- <http://www.csswayne.org/>

\*Dr. Elissa Fronczak.....(734) 237-6228

- Experience helping adolescents and teenagers recover from childhood trauma/abuse
- 550 Forest Avenue  
Suite 15-3  
Plymouth, MI 48170
- Accepts Blue Cross/Blue Shield and Out of Network
- Cash and Check are accepted for payment
- No sliding scale

HAVEN.....(248)334-1274

- 30400 Telegraph Rd #101, Bingham Farms, MI 48025

Inner Wisdom Counseling..... (248)348-1270

- David Connell, PhD
- Specializes in family and adolescent counseling.
- 224 South Main St.  
Northville, MI 48167

\* Julie Kimball-Kubiak.....(248)345-2410

- [kjkubiak44@yahoo.com](mailto:kjkubiak44@yahoo.com)



## PARC Resource Guide

- Specializes in family therapy with a focus on trauma, attachment and adoption using *Dyadic Developmental Psychotherapy (DDP)* as her primary treatment approach & *Beyond Consequences* as her therapeutic parenting paradigm. Julie offers an adopted teen support group based on the seven core issues of adoption and leads an adoptive parent support group. She also provides clinical support to adult adoptees on their journey of healing. Julie's passion for her work comes from her own experience of being an adoptee.
- 34441 8 Mile Rd., Suite 108
- Livonia, MI 48152
- <http://www.attachmentcoalition.org/>

Karol Teetor..... (248) 345-2410

- Parenting skills classes, Individual therapy, Family therapy
- Professionally run Parent, and Teen support groups
- Insurance accepted and MI adoption medical subsidy
- 34441 8 Mile Rd., Suite 108
- Livonia, MI 48152
- <http://www.attachmentcoalition.org/>

\*Dr. Kim Logan-Nowlin.....(313)486-4592

3011 W. Grand Blvd. (Fisher Building) Suite 423  
Detroit, MI 48202

- Specialties include adoption, family conflict, and relationship issues
- Accepts a wide range of insurance and a sliding scale for payment is available

\*Linda Lhost-Catal, PhD.....(734) 646-6162

- [linda@attachmentcoalition.org](mailto:linda@attachmentcoalition.org)
- The *Coalition's* diagnostician and neurofeedback treatment specialist. She has been conducting assessments for over 30 years. Cognitive, academic and/or psycho-social evaluations include objective and projective testing and an attachment assessment, a specialty that is paramount when determining the overall functioning of an attachment challenged child. Linda also provides neurofeedback training sessions.
- 34441 8 Mile Rd., Suite 108
- Livonia, MI 48152

<http://www.attachmentcoalition.org/>\*

Linda Jones..... (734) 634-9363

- [jones@attachmentcoalition.org](mailto:jones@attachmentcoalition.org)
- Specializes in the attachment of infants and children using *Dyadic Developmental Psychotherapy (DDP)* as her primary treatment approach. She has extensive experience working with trauma often using *EMDR* and/or *Mindfulness* as adjunctive treatments to DDP. Linda offers therapy, parental

## PARC Resource Guide

support, consultation for IEP's (Individualized Educational Plan)  
and consultations for siblings & extended family members.

- 34441 8 Mile Rd., Suite 108
- Livonia, MI 48152

<http://www.attachmentcoalition.org/>\*

Lutheran Adoption Service.....(248) 423-2770

- Individual therapy, family therapy, home-based services
- Medical subsidy or private pay
- Contact person: Carol J. Schiller, LBSW, MA, LPC ([cschi@lssm.org](mailto:cschi@lssm.org))

New Oakland ..... (800)395-3223

- Child-Adolescent and Family Center
- Offices in Oakland, Macomb and Wayne counties
- [www.newoakland.org](http://www.newoakland.org)

\* Orchards Children's Services..... (313) 340-0497 x259

- Parenting skills classes, Psychological testing, Individual therapy, Family therapy, Home-based services. Provide in-home services to families who adopted children out of the foster care system. Link families up with needed services in order to stabilize "crisis" situations.

Pam's Place Counseling Center (PPCC)..... (313) 894-8088

- Parenting skills classes, Individual therapy, Family Therapy
- Parent run support groups
- Private Pay
- Contact: James T. Edgar, Jr., Master Degree Direct #:313.894.2088
- 2441 W. Grand Blvd., Suite 202
- Detroit, MI 48208

Spaulding for Children.....(248) 443-7080

- Individual therapy, Family Therapy, Home-based services
- Parent, Children, Teen support groups, professionally and parent run.
- No charge for services
- 16250 Northland Dr., Suite 100
- Southfield, MI 48075
- <http://spaulding.org/>

\*Terri G Hunter-Powell.....(313) 731-2934

- Adoption sensitive
- Choices and Changes Counseling Services  
5555 Conner Ave  
Suite 2079  
Detroit, MI 48213
- Accepts a variety of insurance including Medicaid
- Offers sliding scale fees

## Support Groups

Families on the Move

\* These resources are adoption sensitive  
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- Provides support for foster/adoptive caregivers, trainings, advocacy, family events and support groups for parents and youth
- <http://supportfotm.wix.com/supportfotm>
- P.O.BOX 35037  
Detroit, Michigan 48235

### National Alliance on Mental Illness (NAMI)..... (313) 584-3072

- Offers a number of support groups, advocacy, and free education and training opportunities for family members, which covers many areas, such as education, providing support, and fighting stigma.
- NAMI Dearborn Family Support Group meets on the 2nd & 4th Monday of every month 7 p.m. at the First Presbyterian Church, 600 N. Brady St., Dearborn  
Contact: (313) 563-1245 or (313) 359-0253.
- NAMI Metro Downtown Detroit Family Support Group meets on the 2nd Saturday of every month 1 p.m. at the VA Hospital Room B1314, (Use Canfield entrance), 4646 John R., Detroit. Contact: (313) 873-9019 or (313) 867-623.
- NAMI Metro Eastside Family Support Group meets on the 1st & 3rd Monday of every month 7 p.m. at the Cottage Hospital Conference Room 1 (1st Floor)159 Kercheval, Grosse Pointe. Contact: Barb (313) 886-8004.
- NAMI Suburban West Family Support Group meets on the 1st & 3rd Tuesday of every month 5:30 p.m. at the Redford Community Center, 12121 Hemmingway, Redford, MI 48239. Contact: Jill (313) 670-6333.
- Please check out their website for more support groups throughout the county, <http://namimetro.org/resources/family-support-groups/>
- 33919 Fountain Blvd.  
Westland, MI, 48185
- <http://namimetro.org/>

## Homeless Youth Services

### Alternatives for Girls.....(313)361-4000

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families.
- [www.alternativesforgirls.org](http://www.alternativesforgirls.org)
- 903 W Grand Blvd  
Detroit, MI 48208-2365
- Covers Detroit, Highland Park, Hamtramck, and neighboring Wayne County communities

### Matrix Human Services.....(313)831-1000

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families
- [www.matrixhumanservices.org](http://www.matrixhumanservices.org)
- 120 Parsons St  
Detroit, MI 48202

### Starfish Family Services.....(313)563-5005

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- Crisis based services available to youth between the ages of 12 and 17, their siblings and families
- [www.sfish.org](http://www.sfish.org)
- 30000 Hiveley

Inkster, MI 48141

Covenant House.....(313)463-2000

- Covenant House Michigan is a place for young people who have nowhere else to go. Most are victims of abuse and neglect.
- 2959 Martin Luther King, Jr. Blvd  
Detroit, Michigan 48208

Federation of Youth.....(313)267-4465

- Provides residential treatment for young men and women through transitional living/ supervised independent living program, teen parent housing & employability skills
- <http://www.thearcww.org>

### **Children with Special Needs**

Arc of Western Wayne County..... (734) 729-9100

- Available to facilitate plans for people receiving services through the Detroit Wayne County Community Mental Health Agency.

Association for Retarded Citizens..... (313)831-0202

- Social events for individuals of all ages with developmental disabilities.
- Donations are accepted for events.
- Location: 51 W Hancock Street  
Detroit, MI 48201-1303

Children's Special Health Care Services (Outside Detroit)..... (734)727-7088

- 33030 Van Born Rd  
Wayne, MI 48184
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

Children's Special Health Care Services (Detroit)..... (313)-876-0180

- 1151 Taylor Street  
Room 307 C  
Detroit, MI 48202

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- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

Detroit Institute for Children.....888-790-5437

- 5447 Woodward  
Detroit, MI 48202
- <http://www.detroitchildren.org/>
- To care for children with physical or developmental disabilities, neurological or behavioral special needs in a way that is positive, passionate, integrated and family-centered so that the children can maximize their potential within their families and the community.
- Rehabilitation Services - physical therapy, occupational therapy, speech/language pathology,
- Assistive technology services - Activities of Daily Living (ADL) Clinic, Seating and Mobility Clinics, and orthotics.
- School Services: Through our contracted services, we are able to provide direct treatment, consultation and evaluation, as well as staff/teacher in-services on-site to schools and agencies for children with special needs. Our staff serves children enrolled in all special education programs from Early Intervention to the high school level throughout Wayne, Oakland and Macomb counties.

### **Employment Services**

Job Corps.....(313) 852-0300

- Free education and training program that helps young people learn a career, earn a high school diploma or GED, and find and keep a good job.
- Must be 16 years of age or older that qualify as low income
- 11801 Woodrow Wilson Street, Detroit, MI 48206
- <http://detroit.jobcorps.gov/>

### **Health Services**

Institute for Population Health (IPH)..... (313)324-9482

- Offers various health services including WIC, dental, vision and hearing, immunizations, substance abuse services and family planning services.]’
- 1151 Taylor St.  
Detroit, MI 48202
- <http://www.ipophealth.org/#>

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- Coventry Cares of Michigan.....(313)465-1510 / 1-866-316-3784
- A Medicaid Health Plan, services include family planning, doctor visits, lab and xray, prescription coverage, dental and many other services.
  - 1333 Gratiot Avenue, Suite 400  
Detroit, MI 48207
  - <http://chcmedicaid-michigan.coventryhealthcare.com/>
- Children’s Special Health Care Services.....1(800)359-3722
- Family Center for CYSHCN  
Cadillac Place, Suite 3-350  
Detroit, MI 48202
  - Email: [CSHCSEFC@michigan.gov](mailto:CSHCSEFC@michigan.gov) for additional information.
- Wayne Children’s Healthcare Access Program.....(313)863-CHAP (2427)
- A Medical Home implementation model, improving quality, access and child health outcomes. Services provided include care coordination, transportation, Medicaid outreach, community linkages, and behavioral health coordination.
  - Westminster Church of Detroit  
17567 hubbell  
Detroit, MI 48235
  - <http://wchap.org/>

### Family Services

- Spectrum Child and Family Services.....( 734)458-8736
- A child welfare, family preservation and mental health human services organization. Services include foster care, adoption, family preservation, mental health treatment services, substance abuse treatment, employment/career training, and programs for adjudicated youth, and group homes for developmentally disabled adults.
  - 28303 Joy Road  
Westland, MI 48185
  - <http://www.spectrumhuman.org/SHS/Default.aspx>

### Legal Services

- Legal Aid and Defender (LAD) .....(313)967-5555
- A public law firm for citizens of metro Detroit, Wayne, Macomb, and Oakland Counties who cannot afford legal services.
  - 613 Abbott Street  
Detroit, MI 48226
  - <http://ladadetroit.org/>

## Other State and National Resources

### Summer Camps

- Academy of the Sacred Heart.....(248) 646-8900
- 1250 Kensington Road  
Bloomfield Hills, MI 48304
  - Offers day camps, extended care, and enrichment classes.
  - A mom and tot program for ages 18 months to 2 ½ years
  - Camps for children ages 2 ½ through 18 years
  - [www.ashmi.org](http://www.ashmi.org)
- B.A.S.E. Camp.....(231)832-7298
- Ages 10-13
  - June 15-22 and June 25-July 2
  - An 7-day camp experience for pre-teens for early intervention. This program is for youth beginning to have difficulty managing their anger and emotions, struggling to transition into a place of personal responsibility, and lacking respect for others.
  - Able to bill/invoice adoption subsidy as long as parents are able to provide approval from the subsidy office
  - Scholarship fund
  - Camp site is at Eagle Village  
4507 170th Avenue  
Hersey, MI.
  - [http://eaglevillage.org/uploads\\_eagle/files/Changing%20Lanes%20Base%20and%20Survive%285%29.pdf](http://eaglevillage.org/uploads_eagle/files/Changing%20Lanes%20Base%20and%20Survive%285%29.pdf)
- Birmingham Community House Program Department.....(248) 644-5832
- 380 S. Bates Street  
Birmingham, MI 48009
  - Provides a variety of enrichment camps, developmentally appropriate classes, and an Early Childhood Center emphasizing learning through play, discovery, creativity and exploration
  - [www.communityhouse.com](http://www.communityhouse.com)
- Boys and Girls Club of Southeast Michigan.....(248) 473-1400
- Summer programming 10am-6pm Monday through Friday
  - Youth ages 6-18 (Grades 1-12)
  - \$50/kid for the summer
  - Youth Enrichment Activities (YEA) promote learning in the summer through self-directed programs that foster the children's long-term motivation for learning

PARC Resource Guide

Camp Tall Tree – Chasing Summer Inc. ....(734)-657-0057  
Contact Scott Arizala.....(443)-907-8288  
10407 North Fenton Rd. Fenton, MI 48430

- Weeklong camps for kids with Autism ages 7-18 years old
- 2:1 Ratio

Camp Zip.....(313) 405-7041  
5840 North Canton Center Suite 290  
Canton, MI 48187

- Special Needs
- Camp opportunities for youth 16 and up
- Focusing on daily living skills

Franklin Athletic Club.....(248) 352-8000  
• 29350 Northwestern Highway  
Southfield, MI 48034

- Parent and tot camps, kids sports summer camps, extended care available, playgroups, ages 3 and up welcome
- [www.franklinclub.com](http://www.franklinclub.com)

Highfields.....517-628-2287

- Highfields is a Michigan "adventure" camp for at-risk teen boys and their families. Founded in 1962, the camp stresses the importance of relationship building and behavior responsibility, offering various types of counseling. The summer camp is open to groups, but other Highfields services are open to individuals. As with the other options Highfield offers, eligibility for the main adventure camp extends to boys ages 12 to 17. (Other camps through Highfields Breakthrough program are open to boys 10 to 16.) Highfields takes a goal-oriented approach with its adventure campers. Those who visit the main Onondaga, Michigan campus explore activities such as archery, crafts and fishing. The adventure camp lasts between 3 to 5 days. Groups are charged a fee, which varies based on the size of the group.

<http://highfields.org/>

Indian Trails Summer Camp.....(616)- 677.5251

- O-1859 Lake Michigan Drive  
Grand Rapids, MI 49534
- Indian Trails is a remarkable facility that brings adaptive recreation to the lives of each camper. It is simple in theory, but daunting in task. Indian Trails offers a barrier-free camp setting in which those with disabilities can participate in all manner of activities the outside world is ill-equipped to provide. It is a place filled with fun, recreation, friendship and acceptance.
- [http://indiantrailscamp.org/summer\\_camps](http://indiantrailscamp.org/summer_camps)

Midcourse Direction.....810-227-0243

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- Midcourse Correction (Covenant Hills Camp) is a military-style boot camp located in Otisville, Michigan, just northeast of Flint. The program operates as an outdoor challenge camp and is designed to help what Midcourse Correction describes as "incurable" teens. All the activities at the camp are designed to give teens a "wake-up call" that their choices or lifestyles are harmful to themselves or others. Time at the camp, open to any youth ages 11 to 17 years or who is still in school, is very short (only 46 hours). Campers learn about the impact of jail, how choices influence life outcomes and what a teen's actions say about them. The camp includes 2 hours of parenting seminars at no extra charge. Cost is approximately \$425 per camper per weekend, as of 2010.
- New Directions.....(248) 476-9550
- The Farmington Hills Campus is a residential facility that provides a safe, therapeutic environment for adolescents ages 12 to 18, who are experiencing cognitive impairments and emotional disorders.
- Oakland Livingston Human Service Agency.....
- Ferndale.....(248) 542-5860
- Pontiac.....(248) 209-2600
- Camps and enrichment programs
  - Elementary age children
  - [www.olhsa.org](http://www.olhsa.org)
- Project Survive, at Eagle Village..... (231)832-7298
- Ages 13-17
  - July 7-16 and July 21-July 30
  - A 10-day, intensive wilderness experience for adolescent youth. Teens who are first-time offenders, struggle behaviorally at school and in the community or who may be in need of additional support services would be ideal participants.
  - Able to bill/invoice adoption subsidy as long as parents are able to provide approval from the subsidy office
  - Scholarship fund
- Summer Impressions.....(248) 661-3630
- 4150 Middlebelt Road  
West Bloomfield, MI 48323
  - Summer day camp is designed for children ages 3-13
  - Cool Kids camp for ages 3 to 4 years
  - Awesome Adventures camp for ages 5 to 6 years
  - Energetic Explorers camp for ages 7 to 10 years
  - Extended care available
  - [www.summerimpressions.com](http://www.summerimpressions.com)
- The Airborne Challenge.....810-623-5308
- The Airborne Challenge is a rigorous 48 hour experience designed to draw a clear distinction between productive and non-productive thinking patterns, between effective and ineffective problem-solving strategies, between constructive and destructive attitudes, between relationships that enhance growth and relationships

## PARC Resource Guide

that impede growth, and between persevering effort and the “try once and quit” approach.

- For youth 11-18

The Indian Trail Camp dba IKUS Enrichment Centers.....616-677-5251

- Serves adults and children ages 5- 80+
- Serves clients with a wide variety of abilities

The Fowler Center.....989-673-2050

Contact: Kyle Middleton..... 989-673-2050

2315 Harmon Lake Rd.

Marysville, MI 48744

- Programs for children, teens and adults
- Weeklong camps and day camps

Washtenaw Camp Placement Association.....(734) 971-4537

- E-mail: [CampPlacement@sbcglobal.net](mailto:CampPlacement@sbcglobal.net)
- Awards scholarships for one or two weeks of expense-paid summer resident camp, plus supportive services. Services may include clothing and gear, medical examinations, an orientation session with representatives of participating camps, and transportation to and from camp. In addition, a Reunion Picnic is held each autumn for campers and their families
- Visit <http://www.washtenawcampplacement.org/> for more information

Youth Haven.....517-569-3631

- Youth Haven is a Christian-centered camp for any disadvantaged teen ages 7 to 13. Youth Haven defines "disadvantaged" as a teen having economic, family, social or emotional difficulties. This camp is a ranch-style camp on 390 acres in Rives Junction, Michigan. Youth Haven is not a correctional camp, but rather is preventative--its goals are to use Christian principles and activities to provide support and spiritual guidance to young people so that they make good choices. A typical day at the camp involves music, outdoor activities, exploring the on-campus petting farm and chapel. Campers have to be referred, but the camp is unique in that it is absolutely free to campers, as sponsors cover costs. The camp is NOT denominational.
- <http://www.youthhaven.org/>

### **Summer Camps for Children with Special Needs**

Camp Skyline.....(810)798-8240

- [www.campskyline.org](http://www.campskyline.org)
- 5650 Sandhill Road

Almont MI 48003

- **Camp FAR Away** (June 15-20):
- Camp Far Away is a week of activities and fun for youth, ages 13-19, with special needs. Join a supportive camp community, make new friends, build social skills & self-reliance in a safe and loving environment. Enjoy traditional outdoor camp activities like swimming, archery, canoeing, fishing, campfires, sports, hiking & hayrides.
- Cultivate your creative side in the garden, drum circles, yoga, arts and crafts, cooking and singing. Look forward to the Skyline Talent show and the big dance.
- **Camp for Us** (July 4-July 6): Camp for Us welcomes all families, especially those with special needs children. Come and celebrate the 4th of July Skyline style: around the campfire with songs, s'mores, games, and family. Saturday morning will include yoga, games, storytelling, music & crafts for children ages 6-18 with our counselors and optional free time for adults. Afternoon programs include swimming, archery, crafts, hammocking, and visits with our Nigerian Dwarf goats & their kids. Back again, the Family Dance with DJ Dazzle Do Time on Saturday Night. Lodging in Focus, cabins or tents. Camp program begins Friday with a BBQ at 5:30pm, finishing Sunday morning after breakfast. All meals are provided over the weekend, including evening snacks.
- **Step Up Camp** (July 21-25): Step Up Camp is making its debut this year, in partnership with the Down Syndrome Guild of Southeast Michigan: a three day overnight camping experience for middle and high school adolescents with Down Syndrome. Each camper will be paired with a peer for support and consistent positive social interaction. Look forward to new friends, games, hayrides, swimming, campfires, crafts, music, therapeutic horseback riding, canoeing, fishing, group building on our low ropes challenge course, delicious camp food, community living and much more! Lodging in Focus Hall.

Camp Casey.....[www.camp-casey.org](http://www.camp-casey.org)

- 333 W. 7th Street  
Suite 230  
Royal Oak, MI 48067
- Horseback riding program for children with cancer, cowboy camp outs, horsey house calls, outlaw outings
- [www.camp-casey.org](http://www.camp-casey.org)

Camp Michi-MAC.....(734) 259-8180

PARC Resource Guide

- 39694 Suzan Court  
Plymouth, MI 48170
  - Summer camps and programs for children who have significant asthma and are taking medication daily
  - For children who will be in grades 3 to 10
  - <http://www.campmichimac.org>
- Kids in Motion Pediatric Therapy Services.....(248) 684-9610
- 2636 S. Milford Road  
Highland, MI 48357
  - Summer special needs day camp
  - Physical, occupational, speech, sensory, aquatic, music, massage, craniosacral therapies and more
  - Ages birth to 18 years
  - [www.kimpediatrics.com](http://www.kimpediatrics.com)
- SCAMP.....
- Bloomfield Hills.....(248) 433-0885
  - Clarkston.....(248) 623-8089
  - Rochester.....(248) 656-8308
- Summer camp programs for children and young adults with special needs
  - Programs include games, music, art, motor skill activities, field trips and special on-site visits by groups for educational and entertainment purposes

## Statewide search sites and resources

### Adoptee Supports

Michigan Adoptee Collaborative..... <https://www.miadoptecollab.org/>

### Adoption Subsidy

Adoption Subsidy Office..... 1-800-589-6273

- <http://www.michigan.gov/dhs>
- Support and medical reimbursement programs for eligible children adopted from the Michigan child welfare system. Contact information includes access to all adoption subsidy office staff
- Adoption Subsidy Office  
Suite 412 PO Box 30037  
Lansing, MI 48909

Adoption Tax Credit

- IRS: <http://www.irs.gov/taxtopics/tc607.html>
- NACAC: <http://www.nacac.org/taxcredit/taxcredit.html>

### Advocacy

Michigan Adoption Resource Exchange (MARE)..... (800) 589-6273

- provides information for families after adoption including helpful links to educational resources.
- <http://www.mare.org/>
- 3840 Packard Rd, Ste. 170  
Ann Arbor, MI 48108

Michigan Protection and Advocacy Service, Inc. ....1-800-288-5923

- <http://www.mpas.org/WhoWeAre.asp?WhoWeAre.x=82&WhoWeAre.y=18>
- People with disabilities have to deal with a wide variety of issues. We try to answer any questions you may have relating to disability. We have experience in the following areas: discrimination in education, employment, housing, and public places; abuse and neglect; Social Security benefits; Medicaid, Medicare and other insurance; housing; Vocational Rehabilitation; HIV/AIDS issues; and many other disability-related topics.

The Easter Seals.....(248)475-6400

- <http://www.easterseals.com/connect-locally/affiliate-locations/michigan.html>
- Locations throughout Michigan include: Waterford, Auburn Hills, Flint, Grand Rapids, Southfield, Royal Oak and Center Line
- Easter Seals provides exceptional services, education, outreach, and advocacy so that people living with autism and other disabilities can live, learn, work and play

in our communities. Easter Seals has been helping individuals with disabilities and special needs, and their families, live better lives for nearly 90 years. From child development centers to physical rehabilitation and job training for people with disabilities, Easter Seals offers a variety of services to help people with disabilities address life's challenges and achieve personal goals.

Michigan Special Education Mediation Program (**MSEMP**)..... 1-800-8RESOLVE

- It is federally funded through the Office of Special Education/Michigan Department of Education. We are a non-profit organization.
- MSEMP provides **free conflict resolution services** for parents/guardians of students who receive special education services, and the schools that serve them, throughout Michigan.
- We provide trained, experienced, neutral mediators and facilitators for parents/guardians and schools who may have ineffective communication at IEPs, or who have identified disputes about special education services. Services are coordinated locally through community based mediation centers, and we have an 80% rate of helping parents and schools reach successful resolutions.
- [msemp.cenmi.org](http://msemp.cenmi.org)

### **Children with Special Needs**

Michigan Alliance for Families.....(800) 552-4821

- Provides assistance to all families that have a child with any type of disability.
- The call will automatically be routed to the parent advocate in your area.

Children's Special Health Care

- [http://www.michigan.gov/mdch/0,1607,7-132-2942\\_4911\\_35698---,00.html](http://www.michigan.gov/mdch/0,1607,7-132-2942_4911_35698---,00.html)
- Information from the Michigan Department of Community health regarding programs for eligible children.

Disability Network of Southwest Michigan..... (269) 985-0111

- 517 E. Crosstown Parkway  
Kalamazoo, MI 49001
- <http://www.dnswm.org/home>
- We provide services to people living in Barry, Berrien, Branch, Calhoun, Cass, Kalamazoo, St. Joseph & Van Buren Counties who have a variety of disabilities, including physical, neurological, psychiatric, learning, cognitive, and sensory disabilities. Whether you were born with a disability or acquired a disability later in life through accident, illness or through the aging process, you are welcome here. We are a resource for friends and family members of people with disabilities as well as community professionals and other human service providers.
  - What is unique about us is that we, too, are people with disabilities! At least 51% of our Board of Directors and staff members identify as having some kind of disability. Our philosophy has always been that people who live the disability experience are experts on disability issues, and that services we provide should be created with the direct input of those they will impact. That makes us different from the traditional social services model.

## Counseling/ Mental Health

### SED Waiver

- The SEDW enables Medicaid to fund necessary home and community-based services for children with serious emotional disturbance who meet the criteria for admission to the state inpatient psychiatric hospital and are at risk of hospitalization without waiver services.
- [http://www.michigan.gov/mdch/0,4612,7-132-2941\\_4868\\_7145-168285--.00.html](http://www.michigan.gov/mdch/0,4612,7-132-2941_4868_7145-168285--.00.html)

## Day Care Assistance

Child Development and Care Application..... [www.michigan.gov/childcare](http://www.michigan.gov/childcare)

- Eligible for services if you are a family with low income, a member of a DHS protective services case participating in a treatment plan, a FIP/EFIP of Supplemental Security Income (SSI) recipient, or a FIP applicant doing a required work participation program activity
- You must have a child care need because of work, high school completion classes, approved education or training, or approved treatment activities for a health or social condition.
- The child care must be provided in Michigan by a licensed child care center, licensed group child care home, registered family child care home, or DHS enrolled unlicensed child care provider who has completed the Great Start to Quality Orientation and provides child care in the child’s home or provides care in his/her own home and is related by blood, marriage or adoption as a grandparent, great-grandparent, aunt/great-aunt, uncle/great-uncle, or sibling and must **not** live in the same home as the child.
- FIP/EFIP, SSI recipients, and children’s protective services families are eligible without an income determination.
- DHS child care rates are based on the type of provider you chose, the child’s age, and the provider’s training if the provider is an unlicensed child care provider. If you are eligible because you are a low-income family, DHS pays 70-100% of child care costs. The percentage depends on your gross monthly income and eligibility. You are responsible for any child care costs not paid by DHS.

Day Care Provider Search.....<http://greatstartforkids.org/connect>

## Foster Care Resources

Foster Care Navigator Program.....1-855-MICKIDS

- The Foster Care Navigator Program is a support service program dedicated to prospective and current foster parents as well as agencies with the goal of recruiting, retaining and empowering great people to become super foster parents.
- <http://www.fcnp.org/>

Michigan Youth Opportunities Initiative – Fact Sheet.....517-241-8904

- The program was created to improve outcomes for youths transitioning from foster care to adulthood. The program can assist with: Education, Employment,

\* These resources are adoption sensitive

Housing, Physical and mental health, Permanency, Social and community engagement.

- [http://www.michigan.gov/documents/dhs/myoi-factsheet\\_311521\\_7.pdf](http://www.michigan.gov/documents/dhs/myoi-factsheet_311521_7.pdf)

Youth in Transition – Fact Sheet.....

- Youth in Transition, (Michigan's name for Chafee) is a funding source available to cover expenses NOT covered by other government or community resources, or to augment or supplement services from other funding sources. A wide range of expenses can be covered for eligible youth.
- <http://michigan.gov/fyit/0,1607,7-240-44524-161180--,00.html>

### Health Care

MiChild.....1-800-432-4121

<http://www.nwhealth.org/doiqualify.html>

MiChild is health insurance coverage for uninsured children ages 0-19. Doctor visits, immunizations, prescriptions, dental, vision, and hospital care are all covered.

### Legal

Michigan Legal Aid

- <http://www.michiganlegalaid.org/>
- provides help with legal problems to low income residents of Michigan.

### Mental Health and Counseling

Mental Health.....www.Nami.org

Substance Abuse and Mental Health Search.....www.samhsa.gov/

Therapist search..... <http://therapists.psychologytoday.com/rms/state/Michigan.html>

### Mentoring

Foster Youth Alumni Services.....[shorttsa@msu.edu](mailto:shorttsa@msu.edu)

- Contact Person: Sarah Shortt Williams
- **Mentoring Program:** The mentoring program is available to current or former foster care youth who have a desire to pursue post-secondary education at Michigan State University. The formal relationship between the mentor and mentee should last for no less than a year allowing time for an ongoing relationship to develop the mentee's personal and professional skills. Mentors and mentees form a relationship for a minimum of one year- averaging four hours of time commitment each month. The mentoring relationship consists of face-to-face meetings, in addition to telephone, e-mail, and other social media mediums.
- **Other Information and Referral Services:**  
<http://www.finaid.msu.edu/fyas/AppMain.asp>

Mentor Michigan.....<http://www.michigan.gov/mentormichigan>

- Supports more than 250 mentoring organizations that match caring adults with young people in need of role models



## Military-Based Programs

Michigan Youth Challenge Academy.....1-800-372-0523

- A voluntary, no-cost, quasi-military 22-week residential program geared toward Michigan's at-risk youth, ages 16-18, who have dropped out of school or are at risk of dropping out. Provides purpose and direction for the future of Michigan's youth through education and structure.
- <http://www.ngycp.org/site/state/mi/node/2262>
- 5500 Armstrong Rd, Bldg 13  
Battle Creek, MI 49037

## School

Early On.....(800) 327-5966

- A system of early intervention services for infants and toddlers, birth to three years of age, with developmental delays and/or disabilities and their families.

Head Start.....<http://michheadstart.org/locator>

- A uniquely organized and comprehensive early childhood program. Provides a preschool experience to children, including children with special needs, to creatively challenge and develop their competency skills. Goal is to help children build self-confidence needed to become lifelong learners.
- Children must be 3 or 4 years of age on or before December 1<sup>st</sup> of the beginning of the program year

**The Fostering Futures Scholarship** is a new scholarship opportunity for youth who have experienced foster care in the State of Michigan. It is available for student awards beginning the current semester!

- Student must have been in foster care on or after their 13th birthday
- There is no upper age limit.
- Student must be attending a Michigan public or private 4-year college/university or a community college.
- Funding can be used only for the following: Tuition, fees, room/board, books, and supplies/equipment required for enrollment.
- This funding can be used along with ETV.
- There is no maximum amount, but must be for a specific unmet need for the following: Tuition, fees, room/board, books, and supplies/equipment required for enrollment.
- <http://www.michigan.gov/setwithmet/0,4666,7-237-61346-331411--,00.html>

Michigan Education and Training Voucher – Fact Sheet.....1 (877) 660-METV.

- The ETV program allows Michigan to provide up to \$4,000 per year to a student in an accredited programs such as: College /Trade School /University
- <http://michigan.gov/fyit/0,1607,7-240-44289-160381--,00.html>
- Lutheran Social Services of Michigan  
209 E. Washington Suite 284  
Jackson, MI 49201
- Fax: (517) 789-5049

## Support Groups

- Adoptive Family Support Network .....(616) 458-7945
- <https://dabsj.org/what-we-do/adoption/post-adoption-support/adoption-support-groups>
  - 233 Fulton St E #124  
Grand Rapids, MI 49503
  - Adoptive Family Support Network offers support to adoptive families in western Michigan.

## Nationwide Organizations

- AdoptUSKids.....<https://www.childwelfare.gov/adoption>  
Attachment and Trauma Network,  
Inc.....<http://www.attachmenttraumanetwork.com/index.html>  
Children and Adults with Attention Deficit/ Hyperactivity Disorder.....chadd.org  
National Foundation for Depressive Illness..... (800)248-4344  
National Child Traumatic Stress Network.....<http://www.nctsn.org/>  
National Infertility and Adoption Education Organization.....Creatingafamily.org
- North American Council on Adoptable Children.....<http://www.nacac.org/>  
P.A.T.C.H.E.S.....<http://www.patches-ff.org/#/connect-with-families/4572418588>
- P.A.T.C.H.E.S Family Foundation holds a database of families and individuals in various locations internationally who have experience of Reactive Attachment Disorder.
- The Post Institute.....<http://postinstitute.com/>
- Reactive Attachment Disorder, Oppositional-Defiant Disorder, Post-Traumatic Stress Disorder, Bi-Polar, Depression, Attention Deficit Hyperactivity Disorder are all behaviors that bring parents to The Post Institute. Both parents and professionals alike who are parenting and working with adopted as well as foster, and biological children come to the Post Institute seeking hope.

## Books

The Connected Child	Karyn Purvis
Connection Parenting	Pam Leo
Playful Parenting	Lawrence J. Cohen
*Beyond Consequences, Logic, and Control (Vol. 1 and 2)	H. Forbes, B. Post
beyondconsequences.com	
*Helping Children Cope With Separation and Loss	Claudia Jewett Jarratt
Adopting the Older Child	Claudia L. Jewett
The Boy Who Was Raised As A Dog (warning: pro evolution)	Bruce Perry
The Five Love Languages (children, teens)	Gary Chapman
The Explosive Child	Ross W. Greene
Twenty Things Adopted Kids Wish Their Adoptive Parents Knew	S. Eldridge
Lifebooks: Creating a Treasure for the Adopted Child	Beth O'Malley
Telling the Truth to Your Adopted or Foster Child	B. Keefer, J. Schooler
All About Adoption (children's book)	Marc Nemiroff
Bully Me?...NO MORE"	Patricia Lee
<a href="http://www.ucantbullyme.com/">http://www.ucantbullyme.com/</a>	
Attachment-Focused Parenting:	Daniel A. Hughes
Effective Strategies to Care for Children	
Building the Bonds of Attachment	Daniel A. Hughes
Dare to Love	Heather T. Forbes
Nurturing Adoptions:	Deborah D. Gray
Creating Resilience After Neglect and Trauma	
Fostering Changes:	Richard Delaney
Treating Attachment-Disordered Foster Children	
The Whole-Brain Child	Daniel Siegel
No-Drama Discipline	Daniel Siegel
Peter's Lullaby:	Jeanne Fowler
A Song Without Words That Held a Little Girl's Life Together	

## General Online Resources for Parents

Adoptive Families magazine	adoptivefamily.com
Adoption Learning Partners	adoptionlearningpartners.org
Beyond Consequences Institute (Heather Forbes)	beyondconsequences.com
Child Trauma Academy (Bruce Perry)	childtrauma.org
EMK Press, books and resources	emkpress.com
Grandparents Raising Grandchildren	raisingyourgrandchildren.com
Great Start	http://greatstartforkids.org/
Nutrition	adoptionnutrition.org
Parent Trauma Resource Center	
The Project Bond	http://theprojectbond.com
tlcinstitute.org/PTRCtrauma.html	
Post Institute (Bryan Post)	postinstitute.com
Tapestry book catalog	tapestrybooks.com
The Connected Child (Karyn Purvis)	empoweredtoconnect.org
Women's Law Initiative	womenslaw.org

## Online Articles

[http://www.montgomerynews.com/articles/2013/05/09/parents\\_express/columns/doc518c1fd1d2668023649256.txt](http://www.montgomerynews.com/articles/2013/05/09/parents_express/columns/doc518c1fd1d2668023649256.txt)

- Montgomery Media
- Article about children looking for birth parents online

<http://www.creatingafamily.org/adoption-resources/top-ten-adoptive-parenting-tips-for-facebook-and-the-internet>

- Creating a family
- Article on social media for adoptive families: Top Ten Adoptive Parenting Tips for Facebook and Internet